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Walk 'N' Roll Event Benefits Las Trampas

Submitted by Suzanne Pestal



The 6th Annual Walk n' Roll 1 mile or 5k event benefitting Las Trampas is scheduled from 9 a.m. to 12:30 p.m. Saturday, Sept. 26 on the Lafayette-Moraga Trail at 3460 Lana Lane. Since 1958, Las Trampas has helped individuals with developmental disabilities to discover their capabilities and to lead fuller lives in their homes, at work and in the community. A registration fee of \$25 includes a T-shirt, raffle, a Whole Foods bag, games by KKDV Radio and Backyard Carnivals, refreshments and entertainment by the KKDV van and Bread and Roses. You can register online at www.lastrampas.org to either walk 1,000 steps for independence, sponsor someone else who is registered to walk, or become a virtual walker through a donation.

Participants at last year's Walk 'n' Roll event
Photo provided

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