

MOVIE REVIEW

'Suffragette'

By Derek Zemrak



Photo Focus Features

I have always enjoyed movies that make you think about our society and the development of human rights over the centuries. "Suffragette" is one of those films that deals with women focusing on their right to vote in England at the beginning of the 20th century. It should be noted that the film is based on actual events, but the characters are fictional.

The movie is centered around a young married laundry worker, Maud Watts, portrayed by Oscar nominee Carey Mulligan ("An Education"). Maud is at a crossroads in her life and is dealing with many issues: she is being sexually harassed by her boss, her husband verbally abuses her, and she is raising a young son. Watts soon discovers the growing suffragette movement and must decide if she should join the fight for women's rights or remain in her current sheltered and mostly abusive situation.

Sarah Gavron, an award winning British di-

rector (British Academy Film award Best New Director for "The Little Life") directed "Suffragette." This film will most likely be her first Academy Award nomination. The story at times seems to be repetitive and a bit slow-paced, but overall it is one of the best movies to be released so far this year.

If you are expecting to see a Meryl Streep film, "Suffragette" is not it. Streep has a total screen time of about five minutes. This is Carey Mulligan's film and her performance is Oscar-worthy and she is the current front-runner to win Best Actress.

"Suffragette" won the Audience Award at the 2015 Mill Valley Film Festival. The movie is rated PG-13 and has a total running time (TRT) of 1 hour and 46 minutes.

"Suffragette" made me realize that everyone believes in a cause and if you are not fighting for that cause, someone else already has.

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Please submit events to:
calendar@lamorindaweekly.com

◆ Not to be missed ◆

OTHER ... continued

Join RecycleSmart at the Vermicomposting (Worms!) and Bin Building Workshop from 10 a.m. to noon Saturday, Dec. 5, at Heather Farm Community Center in Walnut Creek. This is a very hands-on workshop. You will build your bin, take it home with your worms and knowledge, and start composting right away. Cost: \$20; 20 household max capacity and registration required. Recyclesmart residents only. For info, visit <http://www.recyclesmart.org/workshops>.

Their first ever "Giving Tree" is being hosted by Community Concern for Cats' volunteers at their Rescued Treasures Thrift Shop in Walnut Creek, Nov. 18 through Dec. 24. Their goal is to give the gift of life to as many homeless street cats as they can by providing needed medicines and medical procedures. Come down, buy a special ornament, and put it in the holiday window display. Rescued Treasures Thrift Shop is located at 1270 Newell Ave., Walnut Creek. For info, call (925) 937-3201.

SENIORS

Mindful Aging at the Moraga Library presents Eat Smart,

Live Strong – Nutritional Education for Older Adults at 1 p.m. Dec. 10. Cynthia Black will show how to keep healthy and strong by following the guidelines of the Eat Smart, Live Strong program developed by the USDA Food and Nutrition Services specifically for adults between the ages of 60-74.

GARDEN

The Moraga Garden Club will hold its general meeting at 9:30 a.m. Thursday, Nov. 19 at the Holy Trinity Church, 1700 School Street, Moraga. Guest speaker will be Rebecca Sweet, who will give a presentation entitled "Refresh Your Garden." Interested parties are welcome for the 9:30 a.m. social time and marketplace table, followed by the meeting at 10 a.m.

Montelindo Garden Club Meeting will be at 9 a.m. on Friday, Nov. 20 at St. Stephen's Episcopal Church, 66 St. Stephens Drive, Orinda. Visitors welcome. Topic: Bee Friendly Gardening. The speaker will be K. Ruby Blume, gardener, beekeeper and founder of The Institute of Urban Homesteading, who will be discussing the important roles of bees in our garden.

Service Clubs Announcements



Explore Lamorinda Rotary clubs The heart of Rotary is our clubs- dedicated people who share a passion for both community service and friendship. Learn about Lamorinda's Rotary clubs.

A global volunteer organization working to improve the lives of women and girls through programs leading to social and economic empowerment.



We meet Friday mornings at 7:00 am at **The Lafayette Park Hotel & Spa**, 3666 Mt. Diablo Blvd, Lafayette. For more info, please email us at lamorindasunrise@gmail.com

November 20:
Speaker: **Louise Bourassa**, Executive Director, Contra Costa County Interfaith Housing

November 27:
DARK - Happy Thanksgiving Holiday!

Last opportunity to contribute to Cold Weather Coat and Clothing Drive partnering with the Monument Crisis Center. Bring items to Lamorinda Sunrise Rotary Meeting on November 20.

Lafayette Rotary Club

Step in on a Thursday and join us for our lunch meeting. Thursday at noon Oakwood Athletic Club, 4000 Mt. Diablo Blvd., Lafayette.

December 3:
Bob Gonser, attorney, will be speaking about investing for seniors.

December 10:
Ron Bachman MD, will be speaking about the Oakland History Museum.

www.rotarylafayette.org

SOROPTIMIST OF 24/680



"Improving the lives of women and girls through programs leading to social and economic empowerment"

Please join us for our next meeting:

WHEN: Wednesday, December 2nd
Social 5:30-6:00 p.m.
Meeting 6:00 – 8:00 p.m.

WHERE: The Buttercup Grill
660 Ygnacio Valley Road, Walnut Creek.

CONTACT US regarding our Crab Feed.
Saturday, January 23rd

For more information, contact:
Regina Englehart @925-876-9076
or go to: sorooptimist24-680.org

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Diablo Fine Art Gallery

paintings • wall art • sculptures • photography



Art of Transformation
with Ishka Lha and Yurik Riegel
Sunday, November 29, 2015

2 to 5 – artists reception
5 to 7 – community gathering with music, healing ceremony, energy work, a tea ceremony, and healthy treats

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Lamorinda Weekly

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