

Digging Deep

Cynthia Brian's Fresh Tips for Your June Garden

- **AVOID** using pesticides and insecticides as they kill the beneficial insects along with the invasive. Bees, bats and bugs that help our crops reproduce and flowers flourish can be destroyed.
- **DINE** on nasturtium. For a stunning and delicious appetizer, roll curried egg salad into the peppery leaves of nasturtium. Add edible flowers to the platter. It's delicious.
- **PACK** your salads with nutritional vitamins A, C, K, iron, calcium, potassium and folate by growing leafy greens such as frisee, mache, romaine, bok choy, arugula and kale. Don't forget to toss in radish and turnip tops, too, for an added crunch.
- **BUILD** a raised bed for a low maintenance edible feast. Make sure to put mesh wire on the bottom to keep out the gophers, moles and rats. Fill with clean soil for best results.
- **ADD** a gently meandering dry creek with gravel and rocks to help with drainage, runoff, and provide a natural look to your landscaping. For a shaded area, plant with hosta, ferns and lamium.
- **INVITE** butterflies into your garden by providing a sunny spot for them to land, shrubs for shelter, masses of flowers for nectar, and a saucer of water for a sweet drink. Make sure to change the water daily so as not to attract mosquito larvae.
- **DEADHEAD** roses as soon as flowers are spent to encourage continual re-blooming. This is one of the best years ever for the prolific showcase of these prize winners.
- **RECYCLE** brown and green waste, fruit, vegetable scraps, coffee and tea into a natural fertilizer. Make your own compost all year round to feed your plants.

... continued from page D17



Easy to grow lettuce and kale will be welcome for summer salads.

- **PICK** bouquets of vibrant sweet peas and clematis for long lasting fragrant arrangements to brighten your interiors as well as your outdoor dining areas.
- **GROW** cymbidium orchids in containers located in a north or northwest location to enjoy annual blooms. Cymbidiums bloom for months, and can be brought indoors for further pleasure. When the spires fade, return the pots to the coolness of outdoors.
- **FERTILIZE** rhododendrons, azaleas, roses and camellias.
- **ENJOY** your special celebrations in your charmingly refreshed garden.
- **REFLECT** your unique personality with your plantings and artistry. Be creative in the outdoors. It's more fun.



Jacob's Coat is a stunning rose packed with multiple sunny colors.



Lic.: #611120

Family owned in
Moraga since 1987



*Your friendly neighborhood
arborists Darren and Lew Edwards*

TREE WORK IS NOT FOR AMATEURS

Tree work is dangerous and is among the highest risk professionals in the U.S. with a fatality rate ranked near commercial fisheries and logging. We as ISA arborists do not manage danger but we do and can manage risk. A tree crew under the supervision of a certified ISA arborist minimizing risk every day. So don't try to save a buck and put yourself in harm's way. Have the professionals at Advance Tree Service do the job right and safely.

So don't wait until it's too late, call your local ISA arborist at Advance Tree Service for all your tree needs.

*Advance Tree Service
Your Authority on Trees.*



925-376-6528

advancetree@sbcglobal.net www.advancetree.com