

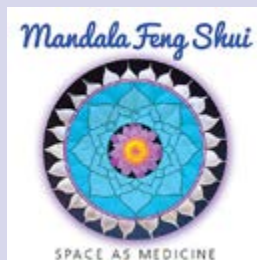
The Five Elements of the Feng Shui BAGUA

- The Water Bagua area rules career, life path and money, and is associated with winter;
- The Wood Bagua areas rule family, new beginnings and abundance/wealth, and is associated with spring;
- The Fire Bagua area rules fame/reputation and respect, and is associated with summer.
- The Earth Bagua areas rule health, wisdom and relationships, and is associated with late summer;
- The Metal Bagua areas rule completion/harvest, children, joy and helpful people, and is associated with fall.

To integrate the Five Elements into each home and room, the Feng Shui design includes color, shapes, and the actual element itself which help to strengthen the overall Feng Shui of each space. Activating the Five Elements may include the paint colors we choose for the walls, what colors we choose for furniture, draperies, bedding and decorative accents. Shapes also represent the Five Elements and may be incorporated through shape of furniture, sculpture, and accents, like mirrors. The following represents the shapes that represent each of the Five Elements.

- Water — Wavy**
- Wood — Rectangular**
- Fire — Triangular**
- Earth — Square**
- Metal — Round**

Michele Duffy, BTB M.F.S. is an Orinda resident who, since 1999, enjoys creating "Space as Medicine" Feng Shui one space at a time, as well as hiking in nature, cooking, and spending time with her family; Canyon Ranch Feng Shui Master, International Feng Shui Guild (IFSG) Red Ribbon Professional. To schedule a professional 2015 Feng Shui Consultation, contact Michele at (520) 647-4887 or send an email to spaceharmony@gmail.com.



<p>WEALTH & PROSPERITY "Gratitude" REAR LEFT <u>Wood</u> Blues, purple & reds</p>	<p>FAME & REPUTATION "Integrity" REAR MIDDLE <u>Fire</u> Reds</p>	<p>LOVE & MARRIAGE "Receptivity" REAR RIGHT <u>Earth</u> Reds, pinks, & whites</p>
<p>HEALTH & FAMILY "Strength" MIDDLE LEFT <u>Wood</u> Blues & Greens</p>	<p>CENTER "Earth" Yellow & earth tones</p>	<p>CREATIVITY & CHILDREN "Joy" MIDDLE RIGHT <u>Metal</u> White & Pastels</p>
<p>KNOWLEDGE & SELF CULTIVATION "Stillness" FRONT LEFT <u>Earth</u> Black, blues & greens</p>	<p>CAREER "Depth" FRONT MIDDLE <u>Water</u> Black & dark tones</p>	<p>HELPFUL PEOPLE & TRAVEL "Synchronicity" FRONT RIGHT <u>Metal</u> White, grey & black</p>

The Bagua Map: Front Door

Next Column: Michele has more on the Five Elements and how you can incorporate them into your home and life.

TRUE MARK HOME TEAM

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Home for the Holidays has a whole new meaning!

Imagine unwrapping a new home for the holidays? If you're looking to set up your Christmas tree next to a floor to ceiling fireplace, cook the holiday meal in a massive gourmet kitchen and serve in the stunning great room... Have we got a home for you! - Still under construction- but ready in plenty of time for the Holidays- 86 La Espiral in Orinda!

A massive two level deck surrounding the home, great room with cathedral beamed ceilings, floor to ceiling stone fireplace, enormous gourmet kitchen, 8 sets of sliders to the outside decks, huge island, 4 bedrooms, 2 ½ baths, 2 car garage, stunning views, approximately 3100 sq. ft., located in the hills of Orinda!

*Not yet Listed- If you'd like to see more details about this property visit: www.86laespiral.com



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