

## Cynthia Brian's November Gardening Guide

- **TIME** to fall back! Set your clocks back one hour on Sunday, Nov. 6.
- **HEAL** by looking at nature. For over 32 years since the journal Science published the study by behavioral scientist Roger Ulrich, we know that just viewing trees and the outdoors enhances wellness and speeds healing.
- **GATHER** guavas that have fallen to make a jam or other guava treat.
- **SOW** these vegetable seeds for a bountiful early winter harvest: lettuce, Asian greens spinach, arugula, chard, chicory, kale, radish, cabbage, beets and cress.
- **FERTILIZE** your lawns with an organic mixture and reseed during the rains. Cover the grass with mulch or screens to keep the birds from eating the seeds.
- **SPREAD** seeds of hollyhock along fence lines or at the back of your garden as hollyhock can grow to 12 feet or more.
- **HELP** the birds settle in for the upcoming winter by cleaning nesting boxes and providing plenty of seed to their feeders.
- **DECORATE** your waterfall, fountain, or front door with a variety of odd-shaped pumpkins and gourds.
- **COLLECT** acorns, leaves, and nuts to add to your festive kitchen or dining room table fall tableau of squash, gourds, and pumpkins.
- **COLOR** your world by planting bushes that boast fall and winter berries including cotoneaster, holly, and pyracantha. (Pyracantha plants have sharp thorns. Plant in low traffic areas. Pyracantha don't have berries, but pomes.)
- **MULCH** by shredding the raked leaves from the deciduous trees adding grass clippings, dried plants stems, and trimmings all which provide water conservation, better drainage, and nutrients to the soil.
- **PLANT** your spring blooming bulbs now including daffodils, crocus, freesia, ranunculus, hyacinths, Dutch Iris, tulips, and other favorites. You'll be able to continue planting bulbs through January. Mark the location with plant tags or wooden paint sticks.



Remarkable intricacy in a close up look at Liquid Amber leaves.

- **BUY** trees with fall color at your local nursery or garden center including Crape Myrtle, Pistache, Liquid Amber and Japanese Maple.
- **COVER** patio furniture and move potted frost tender plants under an overhang or bring indoors.
- **ENJOY** the warmth and the beauty of this annual autumn fashion extravaganza.
- **CAPTURE** the moments with your smartphone to compare your garden to next years show. It's amazing how much our landscapes change.
- **VOTE** on Nov. 8. One person does make a difference.

Color me happy!

Happy Gardening and Happy Growing!

**DONATE** to Be the Star You Are!® charity as it ships books to the most devastated areas in Hurricane Matthew's path in North Carolina, South Carolina, Florida, and Georgia. Go to [www.BetheStarYouAre.org](http://www.BetheStarYouAre.org) and click on Operation Hurricane Matthew Disaster Relief.



Fallen green guavas to be gathered for a jam.



Time to scatter the heirloom hollyhock seeds.



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## New Tree Planting

Think of the tree you just purchased as a lifetime investment. How well your tree, and investment, grows depends on the type of tree and location you select for planting, the care you provide when the tree is planted, and follow-up care the tree receives after planting.

The ideal time to plant trees and shrubs is during the dormant season-in the fall after their leaves drop or early spring before bud breaks. Weather conditions are cool and allow plants to establish roots in the new location.

The proper handling during planting is essential to ensure a healthy future for new trees and shrubs.

So don't wait until it's too late, call your local Arborist at Advance Tree Service to help you find your perfect tree.

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