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## Lamorinda's Religious Services

### LAFAYETTE-ORINDA PRESBYTERIAN CHURCH

Where all are welcome, nobody is perfect, and anything is possible with God.



- Sunday Worship 9:00 & 11:00 a.m.
- Programs for all ages
- Guest Speakers & Workshops
- So much more! Connect with us today!

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### ORINDA CHRISTIAN SCIENCE CHURCH

24 Orinda Way (next to the Library) - 254-4212

**Sunday Service and Sunday School 10 - 11 am**  
Informal Wednesday Meeting 7:30 - 8:30 pm  
Reading Room/Bookstore M - F 11 - 4; Sat 11 - 2

www.christianscienceorinda.org



## Come & See

Sunday Mornings at 9:30am

10 Moraga Valley Lane | www.mvpc.today.org | 925.376.4800

### Holy Shepherd Lutheran Church 433 Moraga Way, Orinda, 254-3422 www.holyshepherd.org



8:30 a.m. Traditions Worship Service  
9:45 a.m. Education for all ages  
10:45 a.m. Contemporary Worship Service  
Coffee Fellowship at 9:30 and 11:45 a.m.  
Childcare available for ages 5 and younger

### SAINT GILES' EPISCOPAL CHURCH

9am Sunday School & Communion Service in the SMC Chapel



stgiles-moraga.org  
(925) 376-5770  
traditional liturgy + inclusive theology



10 Irwin Way, Orinda | 925.254.4906 | www.orindachurch.org  
"No matter who you are, wherever you are on life's journey, you are welcome here!"

Join us Sundays at 10 a.m. | Sunday School 10 a.m.



### Lafayette United Methodist Church

955 Moraga Road 925.284.4765 thelumc.org  
Sunday 10am Worship and Faith Formation for all ages

Opportunities to Love God, Love Others, and Serve the World

### St. Anselm's Episcopal Church A Loving Community

**Sunday Services: 8 and 10 AM**

In-church Youth Zone, 10 AM Nursery Childcare  
682 Michael Lane, Lafayette, 284-7420, www.stanselms.ws

## Not to be missed

### ART

**The Jennifer Perlmutter Gallery presents** "The Peace Chamber—The Crosses of Lafayette Re-counted," a conceptual art installation that will fill the gallery through Jan. 28. This exhibition and all events will be offered free of charge with the goal of promoting peace, community dialogue and individual reflection through Art. www.jenniferperlmuttergallery.com

**The current exhibit at the Moraga Art Gallery** is "Botanica" which derives its name from exquisite floral images by gallery member and photographer Lucy Beck of Lafayette. Her camera freezes moments in time, giving the delicate and complicated beauty of flowers some permanence. For more information, visit the gallery's website: www.moragaartgallery.com, call (925)376-5407 or email moragaartgallery@gmail.com.

**Come to the Orinda Library for a fun, relaxed evening** as patrons reconnect with the creative spirit at 6:30 p.m. on Wednesday, Feb. 8. Local artist Felicia Morris will speak about exploring artistic expression as a way to move with greater awareness and love through life's challenges.

### MUSIC

**"Finding Peace at a Crossroads — Music and Guided Reflection"** with Leslie Darwin O'Brien and Julia Shepard Stenzel. Identical one hour programs at 10:30 a.m., 12:30 p.m., and 7 pm p.m. on Jan. 26 at the Jennifer Perlmutter Gallery. www.jenniferperlmuttergallery.com, (925) 284-1485 http://tinyurl.com/jjf3gfv free registration.

**Gold Coast Chamber Players concert, "Intermezzo"** at 7:30 p.m. on Jan. 27 at the Community Hall, at the Lafayette Library. Pre-concert talk at 7 p.m. www.gcplayers.org

**Tantalizing original music performed** by the Piano Composers chapter of the Contra Costa Performing Arts Society will be featured at 7:30 p.m. on Friday Feb.3 at Grace Presbyterian Church near Rossmoor at 2100 Tice Valley Blvd. in Walnut Creek. Admission is free and parking is plentiful. All donations support student musician scholarships. Visit www.ccpas.org for more information.

**Enjoy Poetry Music in Concert at 6:30 p.m.** on Tuesday Feb. 7 at the Moraga Library. Join us for a unique performance with this Washington state-based chamber jazz duo as they combine poetry, music, and visuals for an enjoyable multi-media experience. Featuring Chris Lee on vibraphone and Colleen O'Brien on cello.

### THEATER

**Diablo Ballet presents the second program** of its 23rd Season, "Body and Soul," featuring four diverse ballets with choreography by Christopher Wheeldon, Sonya Delwaide and Robert Dekkers, Feb. 3 and 4 at the Del Valle Theatre in Walnut Creek. The show starts at 8 pm. on Friday, Feb. 3 and at 2 and 8 p.m. on Saturday, Feb. 4. Each performance is followed by an interactive Q&A with the dancers and choreographers and includes a complimentary dessert reception with an opportunity for audience members to get up close and personal with the artists. Tickets are \$27-47. For tickets, call (925) 943-SHOW (7469) or visit www.lesherartscenter.org or www.diabloballet.org.

### KIDS, PARENTS & TEENS

**Beloved by parents and children** for generations, "Goodnight Moon" comes joyously to life in the Saint Mary's Performing Arts 2017 Children's Show. At the center are the humorous antics of one very nocturnal bunny, who dances and sings his way to bedtime. The show runs Jan. 31 to Feb. 3 at the LeFevre Theatre, 1928 Saint Mary's Road, Moraga.

**"What Great Parents Do" an evening** with Erica Reischer Ph.D. from 7:30 - 9 p.m. on Wednesday, Feb. 15, at Our Savior Lutheran Church

in Lafayette. Dr. Erica Reischer is a renowned psychologist, author and parent educator. The event is presented by the Saklan School Parents' Association free of charge and open to the public. RSVP at saklan.org.

### LECTURES

**"Russia and EU/NATO: A Systemic Conflict"** presented by East Bay World Affairs Council from 7 to 9 p.m. on Thursday Jan. 26 at the Lafayette Library 3491 Mt. Diablo Blvd, Lafayette. Oscar Jonsson, researcher from Department of War Studies, King's College London, will discuss NATO's current measures aimed at building up its military presence in Europe and the direct impact on Russia's national security. How will Russia respond if NATO establishes a military group in the Black Sea? What will NATO's policies look like now that President Trump is in office? Council Members: \$10, non-members: \$15 Students: Free. Registration and Social: 6:30 p.m. Program begins at 7 p.m. For more information: (415) 293-4601, www.worldaffairs.org.

**Learn about "Balancing Hormones," a free community lecture** from 7-8 p.m. on Jan. 31 at Lafayette Physical Therapy, 3468 Mt. Diablo Blvd., Suite B110 in Lafayette. Come learn how you can have balance, clear thinking, abundant and steady energy, and be free of hormonal imbalances naturally and easily, with Cynthia Allen, a registered nurse and certified holistic nutritionist. Seating is limited. Please register to attend at LafayettePT.com/events/ or call (925) 284-6150.

**Come to a Breast Cancer Forum: 5:30-8 p.m.** Tuesday, Jan.31 at the Rockridge Branch Oakland Library, 5366 College Avenue, Oakland. Doctors Natalie Marshall Valery Uhl. and Karen Goodwin will share major advances in research, prevention, diagnosis and treatment of breast cancer that were presented at the 39th Annual San Antonio Breast Conference. This is a free, event open to all members of the community. For more information or to register, call (510)204-5656.

**There will be a Breast Cancer Update 6:30-8:30 p.m.** on Feb. 1 at 3276 McNutt Avenue in Walnut Creek. The San Antonio Breast Cancer Symposium is the largest annual breast cancer conference in the world. Dr. Tiffany Svahn, a breast cancer specialist will give an overview of new research presented at this symposium. Highlights of the conference will include exciting new data from the latest clinical trials and FDA approved treatments. Refreshments will be served. Space is limited, please register by calling (925) 677-5041 x272.

### CRAB FEEDS

**The Knights of Columbus 22nd annual Crab Feed**, beginning at 6 p.m. is on Saturday, Jan. 28 in St. Monica's Peace Room, Moraga. Dinner will be served at 7:30 p.m. and will include salad, pasta, French bread, fresh cracked crab cad dessert. Chicken is available when ordered in advance. An exciting raffle and Silent Auction of many gifts immediately follows dinner. Tickets are \$60, must be reserved and paid for in advance and are nonrefundable. Please call Stephanie Anderson at (925) 946-9003 ASAP to reserve your place.

**Crab Feed & Dance from 6 to 11 p.m. on Saturday**, Feb. 4. Bring your appetites & dancing shoes. Music provided by popular DJ. Dinner tickets (\$50) must be purchased in advance: call (925) 672-6799 or (925) 890-0918. Holy Trinity Cultural Center, 1700 School Street, Moraga.

**Soroptimist Crab Feed at 5:30 p.m.** on Saturday, Feb. 11 at the Lafayette Community Center. Includes all-you-can-eat crab, pasta, salad, bread & dessert. Tickets are \$55. For tickets or more info call 925.283.2279.

### OTHER

**Contra Costa Tale Spinners, 7 p.m.** Thursday, Jan.26 in the Orinda Li-

brary Garden Room. Join this lively group at the Orinda Library to tell or listen. This is story telling for adults with a featured teller every month. This month's featured teller is Garth Gilchrist

**Join National Park Service rangers for a free stargazing adventure**, "Road Map to the Night Sky," from 6-7:30 p.m. on Sat. Jan. 28, at the John Muir National Historic Site (NHS) in Martinez. Using constellations as a "road map," we will explore their historical context, the types of stars that comprise them, the positions of various planets, and take a special look at deep-space objects (galaxies, clusters, nebulae) using a high-powered telescope. Reservations are not required. Please call (925) 228-8860 if you have questions. Visitors should meet at the Visitor Center. If it rains heavily, the program will be canceled.

**"May your happiness be without limit" this new year.** Bring a new kitten or cat into your home just in time for the Lunar New Year and for years to come. See the mini-tigers at Community Concern for Cats' adoption event, Saturday and Sunday, Jan. 28-29, from 1 to 4 pm. Locations are Pet Food Express in Lafayette and Pleasant Hill, and Petco in Walnut Creek. For more information, see www.communityconcernforcats.org.

**Meet leading home improvement vendors**, builders, and design professionals at the 6th Annual Lamorinda Home Expo from 10 a.m. to 4 p.m. on Sunday, Jan .29 at the Lafayette Veterans Memorial Building, 3780 Mt Diablo Blvd. in Lafayette. Free.

**Free Community Family History Workshop from 7-9 p.m.** on Sunday, Jan .29 at the Church of Jesus Christ of Latter day Saints, 3776 Via Granada, Moraga. Come get personalized help to learn more about your family tree. Bring any family information you have to get started. Questions? Contact Sue Severson (925)254-1679.

**Temple Isaiah's annual Dessert Concert 4 p.m.** on Feb. 12 at 945 Risa Road in Lafayette, This year the Ensemble will present popular songs from the 20th century, including "A House Is Not a Home," "That Old Black Magic," "Ain't No Mountain High Enough," "It Had To Be You," "Mona Lisa," "Isn't It Romantic," "I've Got the World on a String," "This Will Be an Everlasting Love," and several others. A silent auction opens at 3:30 p.m. Also enjoy deserts, wine and a raffle. Tickets: \$35 and can be purchased at www.cantareconvivo.org, or by calling (510) 836-0789.

**Join us on Feb. 12 for the first Lamorinda Bridal Social.** Top East Bay wedding professionals Lace and Bustle, Linen and Lilac, Wax A Peel and I Do Dry Style, will help jumpstart your planning with helpful tips and tricks. Participating vendors, including the Claremont Hotel and Spa and the Dailey Method, will be giving away fabulous prizes. Visit the website at, www.lafayettebridalsocial.com for more information and to purchase tickets.

**Moraga Baseball Association's Opening Day Parade** at 9a.m. is on Saturday, Feb.25 along Camino Pablo Road in Moraga. The parade route runs from Camino Pablo Elementary School to Rimer Drive. The community is invited to enjoy coffee and hot chocolate, view vintage cars, the Moraga Fire and Police departments and cheer on the players.

### SENIORS

The Orinda Library presents an evening with Dr. Lani Simpson. Her PBS show, "Stronger Bones, Longer Life," aired nationwide last summer. Dr. Lani will share excerpts from her bestselling book, "Dr. Lani's No-Nonsense Bone Health Guide," and demonstrate onstage the many factors affecting bone health. Learn how to maintain, prevent or minimize the damage from osteoporosis through diet, exercise, and awareness.

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