

Cynthia Brian's Gardening Guide for March Magic ... continued from page D17



A close up of an unfolding magenta parrot tulip.

ASSIGN kids an area to grow their favorite vegetables. Research indicates that children who garden eat healthier. Tomatoes, peppers, zucchini, radishes, carrots and beans are all easy-to-grow.

PICK snails and slugs off of plants at night by using a flashlight. Beer in saucers attracts snails or bait with organic pellets.

CHECK that you have proper, well-made garden tools. You'll need a wide handle shovel, trowel, knee cushion, hoe, pick and pruning shears in at least two sizes. The right tools make the job simpler and faster.

ORDER the Whole Seed Catalog from Baker Creek if you seek rare heirloom seeds. When you grow your own food, you'll know you are providing your family with non-GMO pesticide, and chemical free nutrition. www.rareseeds.com

PRE-ORDER my forthcoming garden book, "Growing with the Goddess Gardener," Book I in the Garden Shorts Series. All pre-orders will receive extra goodies such as heirloom seeds, bookmarks and more. Email me for details, Cynthia@GoddessGardener.com. 25 percent of the proceeds benefit the 501c3 Be the Star You Are! charity. The book is expected to be available in April, just in time for spring planting.



A shocking blue hyacinth pops up under the redwoods.

A Garden in a Box: If you don't think you are much of a gardener, you can always order a preplanned garden from High Country Gardens. Type in your zip code and you'll easily see what will work for you. You'll get instructions, a design map and special plants. Visit www.highcountrygardens.com.

Flowers, Fotos, and Food: Artist and photographer Anne Morrison Rabe's Spring Flowers exhibit begins Thursday, March 23 at home/made Kitchen and Bakery, 337 Rheem Boulevard, in Moraga. Check it out and get inspired.

Win \$50,000 for your Garden: I have been selected as a judge in America's Best Gardener Contest. America's Best Gardener is the premier event for recognizing and celebrating the talents of indoor and outdoor gardeners. Show the world that your thumb is the greenest by showing the world pictures of your garden today. You can win \$50,000 so I encourage you to enter. www.americasbestgardener.com.

WEED, weed, weed, then weed again.

EMAIL me when you need a consultation.

CATCH flower fever. It's contagious and oh, so healthy.

Happy Gardening and Happy Growing!

