



Published July 26th, 2017

## 'Aging By Design': the 9th annual Senior Symposium is set for Aug. 5

By Pippa Fisher

Lamorinda residents will soon have the chance to attend the Senior Symposium for an informative morning of presentations, discussions and vendors with the theme of "Aging by Design," organized by the Lafayette Community Foundation.

As LCF board member Anne Grodin noted, the main focus of this event is to make people aware of the diversity of services available for seniors in this area.

The symposium is co-sponsored by John Muir Health and many senior-related businesses and providers in collaboration with the Lafayette Senior Services Commission.

Now in its ninth year, the event is always popular. It takes place at Lafayette Elementary School, 950 Moraga Road in Lafayette from 8:30 a.m. to noon, Saturday, Aug. 5. There will be plenty of parking behind the school with some mobility parking in front.

This year the symposium will include presentations from stroke program coordinator for John Muir Health, Jennifer Cave-Brown, and senior fitness consultant David Garcia. It will also feature a panel discussion by service providers. There will be breaks between the speakers to allow attendees to visit the resource fair.

LCF is providing Communication Access Real Time Translation captions for people with hearing loss.

The free annual event can accommodate up to 300 attendees. Those interested are encouraged to register in advance online at [www.lafayettecf.org](http://www.lafayettecf.org) or by calling (925) 284-8214. Advanced registration also qualifies for a chance to win a gift card to Diablo Foods.

Reach the reporter at: [pippa@lamorindaweekly.com](mailto:pippa@lamorindaweekly.com)

[back](#)

Copyright © Lamorinda Weekly, Moraga CA