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## Annual bike event benefits Holden High School students

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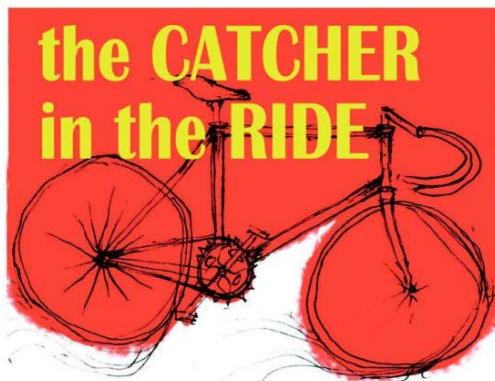


Image provided

For nearly 50 years, Holden High School in Orinda has been quietly referred to as "the miracle in the basement" by grateful parents and students.

Holden helps teens with learning challenges transform limiting self-beliefs into personal and academic confidence. Young people who have experienced traumatic life events and have struggles in mainstream school settings say Holden is a safe haven.

Since its inception in 1969, Holden has helped transform the lives of some of the Bay Area's finest citizens. Students who were labeled as deficient by traditional organizations are now working in cutting-edge technology jobs, running nonprofits, and attending some of the finest colleges.

On Saturday, Oct. 14 Holden High School will be hosting its third annual "Catcher in the Ride Benefit Bike Ride" from 9 a.m. to 12:30 p.m., starting at the Holden High School parking lot, 10 Irwin Way in Orinda (just one mile away from the Orinda BART station). There will be two scenic routes through Orinda, Moraga and Lafayette to choose from: an 11-mile mostly flat beginner-friendly ride and a 23-mile hilly and flat challenge ride.

Perfect for beginners, families and cycle enthusiasts alike, the event will also include giveaways, food, a post-race celebration and bike inspections. Riders must be at least 14 years old or older.

One hundred percent of the proceeds from this event will go directly to serve the students at Holden High School. To register, visit: [Holdenhigh.org/holden-events/bike/](http://Holdenhigh.org/holden-events/bike/).

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