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## October ADAPT events focus on underage drinking, drug use

By Sora O'Doherty

Two upcoming events in Lamorinda will examine alcohol and drug use in the community, and especially among local youth. On Oct. 11 from 10:30 a.m. to noon in the Sarge Littlefield Community Room, Orinda City Hall, the Alcohol and Drug Abuse Prevention Team (ADAPT) will discuss what's going on in the schools and ideas for projects the coalition can collaborate on with local schools.

At that meeting participants will also learn about the new Wellness Center that is being launched at Las Lomas High School. The plan is eventually to have these wellness centers in all of the high schools in the Acalanes Union High School District. This is an exciting and innovative project that the district has taken on to ensure the health and wellness and safety of all students.

A dinner discussion about alcohol and drug use in the community will be held from 5:30 to 7:45 p.m. Oct. 19 at the Lafayette Library in the Homework Room. Residents of Lamorinda are invited to share their stories about underage drinking and drug use. Over dinner, participants can talk about major issues surrounding underage alcohol and marijuana use, unused and expired prescriptions and other drug use to influence future services in the community. The event is free and open to all residents, especially local youth. RSVP to Jaime Rich at [Jaime@chd-prevention.org](mailto:Jaime@chd-prevention.org) or by phone at (925) 349-7338.

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