

◆ Not to be missed

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OTHER

**Come celebrate diversity and promote our unity** at Soul Food Lamorinda (Fuel for the Mind and Soul) from 2 to 3 p.m. Saturday, Oct. 7 at the Intercultural Center at Saint Mary's College. Soul Food Lamorinda is a free Baha'i-inspired program that combines an audio-visual presentation with readings from various faiths, philosophers and leaders, allowing us to reflect on inspiring themes and reminding us of the oneness of humanity. This month's program, "The Light Within" will explore the expression of light from religions, cultures and authors, to illuminate our hearts and minds. Free and open to everyone. For more info: [www.meetup.com/Soul-Food-Lamorinda/](http://www.meetup.com/Soul-Food-Lamorinda/)

**4th annual Art of Mixology Fund-raiser** from 4:30 to 7 p.m. Saturday, Oct. 7 at the Orinda Theatre Square. Tickets are \$45 in advance and can be purchased online at [www.lamorindaarts.org/mixology](http://www.lamorindaarts.org/mixology). Day of tickets can be purchased at the event for \$55. (see story on page B4)

**Serbian Food Festival from noon to 10 p.m.** Saturday, Oct. 7 at Holy Trinity Serbian Orthodox Church 1700 School Street, Moraga. Live Serbian Music, delicious homemade pastries, plus a bounce house for the kids!

**Maximize Your Executive Compensation** - If you receive stock options and/or restricted stock from your employer, or have access to a non-qualified deferred compensation plan, you will not want to miss this class where you will learn to maximize these benefits and minimize their tax impact. The class is being held at 7 p.m. Wednesday, Oct. 11 at the Lafayette Community Center. Cost is \$30. To learn more and register for this class, visit [bit.ly/execcomp1017](http://bit.ly/execcomp1017) or the Lafayette Recreation website (register early - space is limited).

**Superfest from 1 to 5 p.m. Saturday, Oct. 14**, in the Orinda Library Auditorium. For more than 30 years, Superfest has celebrated cutting-edge cinema that portrays disability through a diverse, complex, unabashed and engaging lens. Join Superfest and the Contra Costa County Library Accessibility Committee for an afternoon of films.

**4th Annual Tech Trek Paper Shredding Fundraiser** from 9 a.m. to 1 p.m. on Oct. 14 at 5A Rent-a-Space, 455 Moraga Rd, Moraga, rain or shine. AAUW Volunteers will un-

load boxes, dump papers into shred bins, then return file boxes to your car. Certificates of Destruction available on request. For more information about Tech Trek: <http://oml-ca.aauw.net/tech-trek/>

**Volunteers will remove Fire Blight - damaged branches** from the 104-year-old pear orchard adjacent to Joaquin Moraga Intermediate School in Moraga from 9 a.m. to 1 p.m. Saturday, Oct. 21. The trees are doing better after several years of fire blight removal, treatment with an organic fertilizer last year, and our winter rains. Bring gloves, sunscreen, hats and sturdy shoes. If you have them bring (labeled with your name), loppers, hand pruners and (especially needed) pole pruners and orchard ladders. For more information, contact Bobbie Preston at (925) 376-8474 or [barbarampreston@comcast.net](mailto:barbarampreston@comcast.net).

**The big semi-annual book sale sponsored by the Friends of the Moraga Library** will be held from 10 a.m. to 2 p.m. Saturday, Oct. 21 at the Moraga Library 1500 St. Mary's Road. Books, CD's, DVD's of every category will be sold at prices ranging from 25 cents to \$4. Beginning at 1 p.m. a bag can be purchased for \$5 and filled with all the books it can hold. Come to one of the biggest bargain sales in Lamorinda.

**Daughters of the Goddess Womyn's Temple** welcomes womyn and girls of all ages to the Annual Spiral Dance at 6:30 p.m. Friday, Oct. 27 at the Orinda Masonic Temple, 9 Altarinda Rd. During this multi-cultural ritual, led by Kahuna Leilani, and accompanied by spiritual elders of different traditions, come together to honor and celebrate loved ones who have passed away. Ticket cost is \$23 advance by Oct. 23 or \$29 at the door. Student and Crone discounts are available in advance. Please bring pictures of your loved ones that have passed to be placed on the Ancestor Altar. Also bring along your drums and rattles for the ceremony.

SENIORS

**The Stroke Support Group of Contra Costa County** will hold its October meeting from 7 to 9 p.m. Monday, Oct. 9 in the Ball Auditorium at John Muir Medical Center - Walnut Creek Campus (1601 Ygnacio Valley Road). Susan O'Grady, Ph.D., psychologist, will discuss "Finding Emotional Balance When Dealing with Difficult Feelings." For further information about the Stroke Support Group, contact Ann Dzuna

at (925) 376-6218. Meetings are free and open to the public.

**The Sons in Retirement Lamorinda Branch** 174 lunch at 11 a.m. on Oct. 11 at Holy Trinity Culture Center 1700 School Street, Moraga will feature Dr. Michael Barrington, author of "The Bishop Wears No Drawers" (memoir of 20 years living in Nigeria as a missionary). For attendance and membership info, call Tyler at (925) 284-5561.

GARDEN

**The October program of the Walnut Creek Garden Club** is: Glorious Success with Bulbs Wm. "Bill the Bulb Man" Welch, Santa Cruz will talk about how to maximize the beauty of our gardens using bulb plants: 9:45 a.m. Business Meeting; 10:30 a.m. social; 11 a.m. program Monday, Oct. 9 at Heather Farm, 1540 Marchbanks Road, Walnut Creek.

**Lafayette Garden Club General Meeting** from 9:45 to noon on Oct. 12 at the Lafayette Veteran's Building located at 3780 Mt. Diablo Blvd., Lafayette. Program and Speakers: James Pettigrew and Shawn Stout. These gentlemen will speak about "Salvage Secrets," the creative ways to reuse materials in gardens. James has a keen artistic eye and Shawn has an extreme love of nature. Together, they make a dynamic duo, creating one of a kind habitat gardens.

**Lafayette Community Garden and Outdoor Learning Center's** 6th annual Fall Harvest Celebration from 11 a.m. to 3 p.m. Sunday, Oct. 15 at 3932 Mt. Diablo Blvd. Tours, games, crafts, snacks, and music.

**The Moraga Garden Club will hold their next meeting** at 9:30 a.m. Thursday, Oct. 19, at the Holy Trinity Church, 1700 School Street, Moraga. The guest speaker will be Linus Eukel, executive director of the John Muir Land Trust. Interested parties are welcome to attend the 9:30 a.m. social hour, 10 a.m. meeting, and the presentation by Eukel immediately following the meeting.

**NOW ENROLLING**  
**Wed, October 11th, 7:00-8:30 PM**  
**Lafayette Community Center**

**Are You Maximizing Your Executive Compensation?**

*Don't leave money on the table!* Learn how to best utilize your executive deferred compensation plan, optimize your stock options, and manage the tax burden of restricted stock vestings. Taught by Financial Coach, Valerie Gospodarek, CFA.

**REGISTER TODAY AT**  
<http://bit.ly/execcomp1017>  
 or through the Lafayette Recreation web site.

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**Service Clubs Announcements**

**LAMORINDA SUNRISE Rotary**  
 Friends, Fun, Service Above Self

Meets Friday mornings at 7:00 am at The Lafayette Park Hotel & Spa, Mt. Diablo Blvd, Lafayette. Check us out at [www.lamorindasunrise.com](http://www.lamorindasunrise.com) or email us at [lamorindasunrise@gmail.com](mailto:lamorindasunrise@gmail.com).

<b>October 6</b>	<b>October 13</b>
<b>Discussion on our Community Involvement</b>	<b>Eve Phillips, Mayor of Orinda, on serving and being a part of the vision for the city.</b>

*Friendship, Fellowship, Service to Others and Fun*

**Part-Time Senior Living Shuttle Van Driver**

Seeking an experienced part-time Class B shuttle van driver for our SENIOR independent-living apartment complex in Lafayette. The driver uses the site's 18-passenger van to transport residents for shopping and outings. This position is for 8-10 hours per week. The salary range is \$22 - \$25 per hour based on the candidate's experience. For further information about this position, please refer to our job listing on [indeed.com](http://indeed.com) under Shuttle Driver.

Candidate must have a current Class B California Driver's License, a clean driving record and a desire to work with the elderly. Please send a cover letter and resume to [employment@barcelon.com](mailto:employment@barcelon.com) or fax to (925) 627-7040. Please note that you are applying for our Lafayette community in your cover letter. We are an Equal Employment Opportunity employer.

**Lamorinda Weekly**  
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**Isaiah**

**Curious About Judaism?**

**Exploring Judaism Course at Temple Isaiah, Lafayette Starts this Sunday, October 8, 2017**

Exploring Judaism is a year-long exploration of the history, beliefs, traditions, and practices of the Jewish people with guest educator Rabbi Oren Postrel.

"Exploring Judaism" is interesting and meaningful whether you are becoming an adult Bar/Bat Mitzvah, you are just beginning to explore Jewish studies, you are considering choosing Judaism, you are in an interfaith relationship, or you are simply looking for a deeper and more mature understanding of Jewish history and tradition.

Year-long Course (22 sessions): Sundays, October 8, 2017 through May 20, 2018  
 Tuition: \$100/members; \$250/non-members

**Rabbi Oren Postrel** was ordained at HUC-JIR in 1993. In NYC for many years, he taught Introduction to Judaism at the URJ headquarters and co-founded an Italian Jewish learning institution called Centro Primo Levi. He's worked in synagogues in Paris, Toronto, Napa and San Rafael at Rodef Sholom, where he joyfully served as sabbatical rabbi teaching adults and leading services. Rabbi Postrel is part of the rabbinic staff at Congregation Shir Hadash in Los Gatos.

[www.temple-isaiah.org/adulted](http://www.temple-isaiah.org/adulted)

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