

WEALTH & PROSPERITY XUN Wood Southeast Purple	FAME & REPUTATION Li Fire South Red Summer	RELATIONSHIPS Kun Earth Southwest Pink
FAMILY ZHEN Wood East Green Spring	HEALTH TAI JI Earth Center Orange, Yellow Brown	JOY & COMPLETION DUI Metal West White Autumn
KNOWLEDGE & SELFCULTIVATION GEN Earth Northeast Blue	CAREER & OPPORTUNITIES KAN Water North Black & Dark Blue Winter	HELPFUL PEOPLE & TRAVEL QIAN Metal Northeast Grey

The Bagua Map: Front Door

And remember, if your space feels like it needs warming up after activating all this water element, simply add some fire and earth elements to balance the water. Make warmer (yang) foods and drinks to counter the cold (yin) of the winter season. Everything should feel balanced so if your décor feels too chilly and wintry, simply adjust the space room by room, by adding warm red pillows or cozy throws, then light some candles or make a flickering fire.

Your home will feel alive and vibrant but also cozy and inviting, and you truly will enjoy and share this holiday season, a home retreat that creates nourishing space as medicine. Incorporating feng shui into your home enables a time-tested wisdom to shelter you, creating a cocoon from winter's harsh breath. From your perch it is easy to draw inspiration, share the seasons joys and dream contentedly.

Happy Holidays!

Michele Duffy, BTB M.F.S. is an Orinda resident who, since 1999, enjoys creating "Space as Medicine" Feng Shui one space at a time, as well as hiking in nature, cooking, and spending time with her family; Canyon Ranch Feng Shui Master, International Feng Shui Guild (IFSG) Red Ribbon Professional. To schedule a professional 2017 Feng Shui Consultation, contact Michele at (520) 647-4887 or send an email to spaceharmony@gmail.com.



Happy Holidays from

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