## Film Clips

By Derek Zemrak

'The Post'



Photo Niko Tavernise

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high. "The Post" is that movie and it will not disappoint.

thrilling drama about the unlikely partnership between buried truths to light. The Washington Post's Katharine Graham (Streep), the first but it doesn't matter when a

hen Meryl Streep, female publisher of a major Tom Hanks and Ste- American newspaper, and ediven Spielberg collaborate on tor Ben Bradlee (Hanks), as a project for the first time it is they race to catch up with The a must see. If they are all on New York Times to expose a board for the same movie proj- massive coverup of governect, the standards are set very ment secrets that spanned three decades and four U.S. presidents. The two must overcome Spielberg directs Streep their differences as they risk and Hanks in "The Post," a their careers - and their very freedom - to help bring long-

We all know the outcome,

film is perfectly directed and the acting is superb. Streep once again transforms herself into Graham and with Streep's amazing acting ability you do not see the actor on the screen. It is the subtle things that she does with her eyes, facial expression and hands that draw you in. For this role, Streep will receive her 21st Oscar nomination. Tom Hanks gives his best performance since "Cast Away" in 2001. Both Streep and Hanks received Golden Globe nominations for their roles in "The Post." Overall, "The Post" received six Golden Globe nominations, including Best Picture, Drama, and Best Director, Steven Spielberg.

The film features an acclaimed ensemble cast including Alison Brie, Carrie Coon, David Cross, Bruce Greenwood, Tracy Letts, Bob Odenkirk, Sarah Paulson, Jesse Plemons, Matthew Rhys, Michael Stuhlbarg, Bradley Whitford and Zach Woods.

"The Post" starts at the Orinda Theatre on Friday, Jan. 12. It is rated PG-13 with a total running time of 1 hour and 55 minutes.

My favorite seven films for 2017 are:

- 7) "Dunkirk"
- 6) "Big Sick"
- 5) "Coco"
- 4) "Lady Bird"
- 3) "Three Billboards from Ebbing, Missouri"
- 2) "I, Tonya"

Not to be missed

1) "The Shape of Water"

Please submit

events:

calendar@

lamorinda

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# Service Clubs Announcements



Meets Friday mornings at 7:00 am at The Lafayette Park Hotel & Spa, Mt. Diablo Blvd, Lafayette. Check us out at www.lamorindasunrise.com or email us at lamorindasunrise@gmail.com

## January 19

January 12 **KPIX Chief** Meteorologist Paul Deanno. Here to sort out all the floods and hurricanes!

Our Contra Costa Homicide inspector has had numerous fascinating and high-profile cases to unravel. Inspector John Conaty will give us inside scoop on the "who, what, and where?" of homicide investigations. You won't want to miss this!

Community, Service, Fun and Friendships

# **Lafayette Rotary Club**

Step in on a Thursday and join us for our lunch meeting. Thursday at noon Oakwood Athletic Club, 4000 Mt. Diablo Blvd., Lafayette

January 11: **Andrew Parrott, CFP** on the 2018 economic/ investment outlook

January 18:

**CCC Sheriff -David Livingston** 

www.rotarylafayette.org www.facebook.com/Rotary-Club-of-Lafayette-Ca-197392963631366

Lamorinda Weekly is an independent publication, produced by and for the residents of Lafayette, Moraga and Orinda, CA

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# Not to be missed

Mindful Aging: Brain Char- branch116.org. gers at 10:30 a.m. on Mondays Library. Sign up for an hour of brain stimulating activities - Elder Paws (reading aloud to a dog, solving puzzles, and coloring).

the Orinda Library.

**SENIORS** 

Many older adults experience 23 at the Lafayette-Orinda Presconcerns about falling and re- byterian Church, and will cover strict their activities. A Matter investment strategies. of Balance is an award-winning program designed to manage falls and increase activity levels. A program of MOWSOS in part- The Moraga Garden Club the 8-week program starts at 10 Call (925) 283-3500 for more helpfulvillage.com/events/1498.

Healthy Brain, Healthy Memory - Join memory expert Dr. Linda Sasser for an educational and entertaining presentation on McNamara, immediately followhow memory works and agerelated brain changes. You will learn about lifestyle practices Montelindo Garden that help maintain and improve Meeting (third Friday of every brain function as well as easy-to- month, September through May) use strategies for remembering will be at 9 a.m. Friday, Jan. 19 at names, information, and tasks. St. Stephen's Episcopal Church, The presentation is from noon 66 St. Stephens Drive, Orinda. to 1:30 p.m. on Jan. 12 at Lam- Presentation: Fresh Ideas for orinda Village, 49 Knox Drive, Your Front Yard; speaker Janet Lafayette. Call (925) 283-3500 Sluis, director of Sunset Western to register!

Branch 116 Sons In Retire- look at new trend-setting ideas ment (SIRS) will be holding its 11:15 a.m. lunch meeting Jan. 15 at the Clubhouse at Boundary Oak, 3800 Valley Vista Road, Walnut Creek. The guest speaker 27 at McDonnell Nursery, 193 will be Monica Sanders, program Moraga Way, Orinda. To reserve director of the First Tee of Con- a space please call (925) 254tra Costa and a LPGA member. 3713 or email info@mcdonnell-Luncheon cost is \$25. For res-nursery.com. ervations or information please call (925) 322-1160 or email

branch116@gmail.com. For more information, visit www.

starting Jan. 22 at the Orinda Lamorinda Village presents a series of workshops on financial topics that are important and relevant for seniors. Our speakers, all experienced investment ad-Open to adults 55 years or older. visors who advise clients daily, Space is limited. Sign up for a will address common issues and session by phone or in person at answer questions at the end of the workshop. The workshop runs from 11 a.m. to noon on Jan.

## **GARDEN**

nership with Lamorinda Village, will hold its next meeting at 9:30 a.m. Thursday, Jan. 18, at a.m. Friday, Jan. 12, at Lafay- the Holy Trinity Church, 1700 ette-Orinda Presbyterian Church School Street, Moraga. The guest - Davies Room, 49 Knox Drive speaker will be William McNa-Lafayette. Registration is \$15. mara, executive director of the Quarryhill Botanical Garden. information. https://lamorinda. The subject of his discussion will be "Plant Hunting on the Edge of the World." Interested parties are welcome to attend the 9:30 a.m. social hour, the 10 a.m. meeting, as well as the presentation by Mr. ing the meeting.

> Club Garden Collection and a Berkeley-based horticulturist who will for your California front yard.

> Winter Rose Pruning Workshop at 10 a.m. Saturday, Jan.

# Is this too young to go to Cal?



Actually, it's just the right age to get an eye exam at the University of California Eye Center. And again at three years. And regularly after that. (We developed ways to test kids' eyes while they play!) We're part of the UC School of Optometry, and offer you LASIK surgery, contact lenses, and an Eyewear Center with a vast collection of designer frames, too. We take most insurance plans, and major credit cards. It's time for your whole family to go Cal!



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