

Feng Shui

Activating the colors of spring

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Constellation is a light blue color that sets a calming serene tone for any master like this one in Lafayette

When you hold the Bagua looking into your home, for example, Relationships are the far right area and Wealth is far left. Where is the room located that you want to paint? Are your hallways or stairs in the center, or off to the right? Each element has colors that represent it but you are not limited to just those

colors; you can also pick the elemental color scheme that creates or supports the area you want to paint. Other colors that enliven and strengthen feng shui are the colors that symbolize the element that produces or creates the area that you want to paint.

Consider the creative cycle: water creates wood,

wood creates fire, fire creates earth, earth creates metal, and metal creates water. So for example, a client of mine had her master bedroom in the wealth area (ruled by wood) and chose another lovely Benjamin Moore blue, Harbor Haze, to represent water, which creates wood. Getting some professional guidance might also be fun, especially if you are interested in this last step of incorporating feng shui. A professional can help with your color choices that support your intention either way, and add the right decorative elements to the room to balance out any color choice and improve the flow of chi!

Happy spring!



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