

Lamorinda OUR HOMES

Lamorinda Weekly Volume 12 Issue 9 Wednesday, June 27, 2018



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Home projects for younger hands

By Cathy Dausman



Matt Talbot (left) with an early woodworking project.

Photo provided

Whether mom or dad is a casual carpenter, an entry-level electrician, avid gardener or a full-time builder/contractor, chances are they'll be enlisted for some honey-do projects at home. The challenge becomes not just completing a project, possibly one for the kids, but completing a project (and saving your sanity) with the kids. Here are some tips when smaller hands want to work big tool jobs.

Safety first, cautions writer, editor, and woodworker A.J. Hamler. He specifies safety glasses, child-sized gloves and adequate protective clothing. "Eye protection is paramount," Hamler said, and

child-sized safety glasses are inexpensive and easy to find online. He buys his in bulk in bright colors kids love. A small apron is good. An old adult shirt over the child's clothes will also work as long as it's not big and baggy, Hamler said.

Hamler says children are naturally drawn to interesting activities, new gadgets or tools and doing things adults do, and home projects involve all three. Just two things will make the project a success: visible signs of progress (sawdust, wood scraps, etc.) and a finished object. Recently Hamler helped his 5-year-old grandson build his own step stool. "Even though I did almost everything, in his

mind his role was far more important."

Concentrate fully on the task at hand, Hamler advises. Turn off the TV, shoo the dog outside, and don't allow other children to play in your work space. Stop the project, he says, if a child becomes nervous, frustrated, tired or distracted. And once you start a project never, ever take your eyes off your child, Hamler said. "If you need to leave the room, take them with you – don't leave them by themselves with tools you want to supervise," he cautioned.

Demolition is any child's dream job. It is often more fun than construction itself because making a mess is part of the process. If there's sheetrock to be torn out or cabinets to be ripped up, just watch the hands go up to volunteer. Again, give everyone plenty of safety gear, including sturdy closed-toe shoes so stray nails don't end up in someone's foot.

When the weather gets sunny invite kids to join in your gardening and landscaping projects. They've learned a thing or two from their Lamorinda schools, where all grade levels have tilled the earth. Students and their parents owe a debt of thanks to the nonprofit Moraga Gardens Farm (www.Moragagardensfarm.org). "When my kids were in Moraga schools the gardens didn't exist," said Claire Curtin, a 10-year MGF member and current board member. Curtin and fellow MGF member Betty Cooper are rightfully proud of their organization's role in supplying plants for what she calls "the next generation of home gardeners."

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