

## Feng Shui

# Home office review

By Michele Duffy



The "Commanding Position" for the home office desk is always the best bet, and blue and green colors create growth and creativity. *Photo provided*

The Bay Area has a plethora of creative entrepreneurs, many of whom work from their home offices. With the advent of autumn and many children returning to school, the following helpful home office tips will not only help those of us in the throws of working from home, but those of us still studying to possibly become an entrepreneur.

First, we have to carve out a separate space for our creative hard work at home, ideally not the dining room table (unless lack of space dictates otherwise). By finding a space of your own in your home, your business won't get the "situational" chi from the dining table dumping ground. Home offices are also not ideally situated in your master bedroom, which is meant to guide you into restful sleep, not remind you of all the work you still have to do, especially as an entrepreneur.

If you are in the process of searching for a home, try to include the spaciousness needed to create an actual home office in a room by itself. It's important to include the concept of healthy boundaries when you are running a business out of your home, and the room should ideally include a door that closes so that you are able to remain focused on your business. Also, limit the number of reminders of family to two framed photos; too many pictures can distract us and potentially interfere with execution of tactical and strategic events for our business.

Second, the "Commanding Position" is a central Feng Shui concept, and as it relates to a home office, the desk placement is vital. When you enter the room, from the door wall the desk ideally should be placed to face the door across the room at a diagonal, never in line with the door, and preferably with a solid wall behind the person sitting at the desk.

This concept of mountain behind us, water in front is a key aspect of Feng Shui placement and is designed to energetically put you firmly in charge of your business and all decisions, creative focus, organization, and strategic planning. If you place your desk with your back to the door it may energetically place you and your business in a weaker position, creating distracting back-biting gossip behind your back, or being blindsided by unhelpful events. Set yourself up in the most advantageous position from the start and see how you feel. ... continued on Page D12

<b>WEALTH &amp; PROSPERITY</b> XUN Wood Southeast Purple	<b>FAME &amp; REPUTATION</b> Li Fire South Red Summer	<b>RELATIONSHIPS</b> Kun Earth Southwest Pink
<b>FAMILY</b> ZHEN Wood East Green Spring	<b>HEALTH</b> TAI JI Earth Center Orange, Yellow Brown	<b>JOY &amp; COMPLETION</b> DUI Metal West White Autumn
<b>KNOWLEDGE &amp; SELF-CULTIVATION</b> GEN Earth Northeast Blue	<b>CAREER &amp; OPPORTUNITIES</b> KAN Water North Black & Dark Blue Winter	<b>HELPFUL PEOPLE &amp; TRAVEL</b> QIAN Metal Northeast Grey