

## Feng Shui

# Spring cleaning in the fall?



Creating spacious bookshelves requires ridding them of non-essentials and letting the natural beauty of organization shine. Photo provided

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If your answer is “no,” it’s clutter and has to go. After you finish for the day, empty the trash and garbage immediately outside of your home or business, take things in the transit box back to the room where they belong, and spray aromatherapy in the space or burn incense one more time.

Once a room is cleared, use aromatherapy cleaning products scented with pine, basil, lemon grass, tea tree, orange or rosemary to deep clean the walls, ceilings and floors of the room (delegate, if you wish). If you have carpeting or rugs, sprinkle a mix of baking soda with a few drops of aromatherapy oil of choice in rugs (also try Method or Mrs. Meyer’s cleaning products) and vacuum. Then admire your work and appreciate a real sense of accomplishment in taking care of your container and protecting your investment while creating healthy Feng Shui.

<b>WEALTH &amp; PROSPERITY</b> XUN Wood Southeast Purple	<b>FAME &amp; REPUTATION</b> Li Fire South Red Summer	<b>RELATIONSHIPS</b> Kun Earth Southwest Pink
<b>FAMILY</b> ZHEN Wood East Green Spring	<b>HEALTH</b> TAI JI Earth Center Orange, Yellow Brown	<b>JOY &amp; COMPLETION</b> DUI Metal West White Autumn
<b>KNOWLEDGE &amp; SELF-CULTIVATION</b> GEN Earth Northeast Blue	<b>CAREER &amp; OPPORTUNITIES</b> KAN Water North Black & Dark Blue Winter	<b>HELPFUL PEOPLE &amp; TRAVEL</b> QIAN Metal Northeast Grey

The Bagua Map: Front Door

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Michele Duffy, BTB M.F.S. is an Orinda resident who, since 1999, enjoys creating “Space as Medicine” Feng Shui one space at a time, as well as hiking in nature, cooking, and spending time with her family; Canyon Ranch Feng Shui Master, International Feng Shui Guild (IFSG) Red Ribbon Professional. To schedule a professional 2018 Feng Shui Consultation, contact Michele at (520) 647-4887 or send an email to spaceharmony@gmail.com.

