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Getting your house in order to welcome in the Year of the Earth or Golden Pig

By Michele Duffy



2019 HAPPY NEW YEAR
 YEAR OF THE PIG

Ruled by the Tiger month (Feb. 5 to March 5), Chinese New Year normally falls in February each year. Many families prepare ancestral altars and display photos, offerings, flowers and foods including sweets and cakes and wine, to honor the ancestors in the family. To welcome in the new year properly is to do it with great ceremony and celebration. People often take the entire month of February off and travel long distances to reconnect with family and friends. Parades, parties, visiting, dinners and red envelopes for the kiddos are all part of the annual festivities.

Protective amulets for a difficult or inauspicious years are also equally prepared and in place before the New Year begins. The house is thoroughly scrubbed, repairs are made, pantries are cleaned and old pantry items are discarded and restocked, and it is also observed that family members wear their finest garments, or at least one new clothing item on New Year's Day. The house

must be free of all 2018 dirt and grime to properly welcome the new year. All of the energetics you wish to be blessed with all year should ideally also be part of what you create inside your heart, and in your surroundings on New Year's Day.

The Yin Earth Element of Pig year is fully balanced by Earth's yin/yang properties so 2019 will feel more stable, natural, and the yin/feminine presents as less serious, and demanding than 2018 Dog year. The more celebratory Pig vibe is a welcomed shift after last year's intensity and seriousness. (To see more about the Earth or Golden Pig year as it relates to our personal lives go to: www.lamorindaweekly.com/archive/

issue1223/Celebrating-the-Year-of-the-

Earth-Pig.html)

Happy New Year!

WEALTH & PROSPERITY XUN Wood Southeast Purple	FAME & REPUTATION LI Fire South Red Summer	RELATIONSHIPS KUN Earth Southwest Pink
FAMILY ZHEN Wood East Green Spring	HEALTH TAI JI Earth Center Orange, Yellow Brown	JOY & COMPLETION DUI Metal West White Autumn
KNOWLEDGE & SELF-CULTIVATION GEN Earth Northeast Blue	CAREER & OPPORTUNITIES KAN Water North Black & Dark Blue Winter	HELPFUL PEOPLE & TRAVEL QIAN Metal Northeast Grey

Mandala Feng Shui



SPACE AS MEDICINE



Michele Duffy, BTB M.F.S. is an Orinda resident who, since 1999, enjoys creating "Space as Medicine" Feng Shui one space at a time, as well as hiking in nature, cooking, and spending time with her family; Canyon Ranch Feng Shui Master, International Feng Shui Guild (IFSG) Red Ribbon Professional. To schedule a professional 2019 Feng Shui Consultation, contact Michele at (520) 647-4887 or send an email to spaceharmony@gmail.com.

Reach the reporter at: info@lamorindaweekly.com

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