

Digging Deep with Cynthia Brian

Cynthia Brian's simple strategy for rainscaping

We can't control Mother Nature, but we can control how we garden. Preparing your garden to embrace storms and excess rainfall will control runoff and erosion damage. Add swales, dry creeks, rain chains, and plants to capture the rain. We need the rainwater to soak into our soil to recharge our groundwater. Storm water runoff is a pollutant. Add a fountain, pond, reflection pool, or other water feature that will save water while enhancing the beauty of your landscape.



Plan to plant succulents in the spring.



Cynthia Brian

Cynthia Brian, The Goddess Gardener, raised in the vineyards of Napa County, is a New York Times best-selling author, actor, radio personality, speaker, media and writing coach as well as the Founder and Executive Director of Be the Star You Are!® 501 c3. Tune into Cynthia's Radio show and order her books at www.StarStyleRadio.com.

Buy a copy of her new books, *Growing with the Goddess Gardener* and *Be the Star You Are! Millennials to Boomers* at

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