



"A little bit of myself goes into every job."

Michael Verbrugge, President, Moraga Resident

925.631.1055

www.MVRremodeling.com

Specializing in kitchens & bathrooms. All forms residential remodel/repair.

Lic# 681593

MICHAEL VERBRUGGE CONSTRUCTION INC.
General Contractor

Clean | Courteous | Conscientious
On-time | Trustworthy | Local References
Full design team resources available

TG HARDWOOD FLOORS
Moraga California
DESIGN • REFINISHING • INSTALLATION
925-376-1118
Lic # 974653

Since 1993!
Tom Gieryng, owner and operator

CALL TOM FOR A FREE ESTIMATE

BURKIN ELECTRIC
"Let Us Light Up Your Life"
Residential • Commercial • Industrial

Serving Contra Costa since 1991
More than 40 years experience

All Work Done by Owner
Bonded & Insured
Lic.#C-10-631523

Professional Installation of:
• Ceiling Fans, Recessed & Track Lighting • Kitchen or Bath Remodel
• Exterior/Security/Landscape Lighting • Electrical Service Upgrade
• Complete Home Wiring - Old & New • Spa Installation

(925) 672-1519
www.BurkinElectric.net

James Burkin
Sole Proprietor

experience

ANA ZIMMANK
SRES
GLOBAL LUXURY SPECIALIST
M. 925.640.6008

ana.zimmank@camoves.com
CalBRE #00469962



the difference

When it comes to your most important real estate investments, trust the professional who is exceeding expectations every day. Whether you are looking for the perfect home to suit your lifestyle or want to sell your home for the best return, you can count on me to carefully guide you through the process.



Moraga mayor declares Prescription Drug Abuse Awareness Month

... continued from Page A4

Results from the 2017 National Survey on Drug Use and Health show "an estimated two million Americans misused prescription pain relievers for the first time within the past year, which averages to approximately 5,480 initiates per day. Additionally, more than one million misused prescription stimulants, 1.5 million misused tranquilizers, and 271,000 misused sedatives for the first time."

Prescription drug abuse can strike young and old alike. Nearly 60 percent of adolescents and young adults

surveyed admitted to either buying or receiving prescription drugs, for non-medical use, from a friend or relative. More than 80 percent of older patients (ages 57-85 years) use at least one prescription medication daily which could result in unintentional misuse when combined with over-the-counter medicines, dietary or herbal supplements. These drug interactions along with age-related changes in drug metabolism can make misuse more dangerous to the elderly.

NIDA states, "Patients can take steps to ensure that they use prescription medications appropriately by: following

the directions as explained on the label or by the pharmacist; being aware of potential interactions with other drugs as well as alcohol; never stopping or changing a dosing regimen without first discussing it with the doctor; never using another person's prescription and never giving their prescription medications to others; and storing prescription stimulants, sedatives and opioids safely."

To learn more about prescription drugs and other drugs, visit the NIDA website at www.drugabuse.gov or call (877) 643-2644.

Moraga's 2019 Citizen of the Year announced

... continued from Page A5

A banquet in Weil's honor is scheduled for Saturday, April 27, in the Soda Center at Saint Mary's College. A Social Hour will begin at 6 p.m. (event tickets will include two free drink tickets for beer, wine or soft drinks). Dinner will be served at 7

p.m., followed by the formal program at 8 p.m.

Reservations are now available through the Moraga Chamber of Commerce, a co-sponsor of the event. The event ticket cost is \$60 per person, which must be paid in advance. (Tables of eight can be purchased for \$480.) To make reservations and

purchase tickets, visit www.moragachamber.org or contact Kathe Nelson: (925) 323-6524 or kathe@moragachamber.org. Deadline for reservations and payments is Monday, April 22. Seating is limited. Look for a feature profile of Weil in an upcoming issue of Lamorinda Weekly.

THE *Beaubelle* GROUP

COMPASS

Taking Real Estate to the Next Level



LAFAYETTE: Enjoy the wide-open expanse, breathtaking sunrises and star-studded night skies from this exclusive three-acre gated estate in Lafayette's coveted Reliez Valley neighborhood. The single-level Mediterranean villa, tastefully and brilliantly updated, stretches out to more than 6,600 square feet of living space. 6BD, Office, 7.5BA, 3AC, \$5,295,000



ORINDA: Celebrate the beauty and luxuriousness of California indoor/outdoor living. A masterfully designed and crafted estate, truly a treasure, is tucked in one of Orinda's most distinguished neighborhoods, on one of the most coveted streets, near its historic Country Club. 3BD + Office, 3.5BA, 1AC, \$2,950,000



GLENN AND KELLIE
BEAUBELLE

925.254.1212

TheBeaubelleGroup.com

CABRE# 00678426, 01165322

