Corp. R. Douthit points his speed gun at traffic on a Moraga neighborhood street.

Advertising

Photo Andy Scheck

Moraga a top town for speeding citations

By Vera Kochan

According to the Lamorinda Weekly's police blotter section, in the last month the Moraga Police Department handed out over 70 speeding tickets, and Moraga Police Chief Jon King stated that 624 speeding citations were issued in 2018.

When KPIX Channel 5 conducted a survey in 2013 to determine "which Bay Area town hands out the most speeding tickets," the small quiet town of

Moraga came out on top, handing out more speeding tickets per capita than any other municipality in the Bay Area.

When asked what the highest speed ever clocked was, King said, "I don't know the highest, but I have seen citations issued for speeds in excess of 90 mph on Moraga Way." It's common to see citations for reckless driving listed in both the Lafayette and Orinda police blotters as well.

Teen drivers don't fare very well when caught

speeding, King added. "Newer drivers who have a provisional driver's license can receive additional penalties, as they also violate the terms of the provisional license when they violate the Vehicle Code."

MPD vehicles come equipped with two speed tracking devices. Speed guns, the very same ones used to determine a pitcher's fastball, operate by Doppler radar, which performs speed measurements.

... continued on Page A5



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Peter Liu, Ph.D. 劉澤明博士

JMLT fills final donation gap to keep Painted Rock wild



Painted Rock property with the end of Buckingham Drive on right.

Photo Adam Weidenbach

A few days before the deadline for the John Muir Land Trust to deliver the \$2 million necessary to purchase the Painted Rock property, \$103,000 dollars were still missing – approximately the same amount the Moraga Town Council refused to contribute to the project. But recognizing that such an opportunity to preserve open space for future generations could not be missed, the JMLT board decided to use its reserve to fill the gap. Now Moraga and Lamorinda residents will have the privilege to gain access to over 500 acres of open recreational and stunningly beautiful space, from the very center of town.

JMLT Executive Director Linus Eukel explains that the reason why the board decided to contribute the missing funds to purchase the land of late Roger Poynts was the unprecedented number of people who contributed; the number of calls, emails, and donations coming in every day for the Campaign To Save Painted Rock was unlike anything the land trust has ever seen in three decades of conserving land. "Sometimes a very small amount of money: \$5, \$20," he says. "But it showed that the people of the community really cared."

The number of people contributing and calling the trust to find out if the target was met was in fact a bit overwhelming to the staff of the trust, which is a lean nonprofit where resources go to land preservation, not to payroll. ... continued on Page A11

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Orinda enters into Food Truck agreement - Page A6

Fire Districts A8

Firefighter and MOFD board staffing - Page A8 Life in Lamorinda

Local sudents participate in Amigos de las Américas - Page B1



B1-B8

Sports

Lamorinda at the Meet of Champions - Page C1



4 Our Homes

Revel in the season and gain wisdom in the garden -- page D1



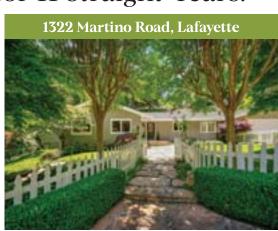


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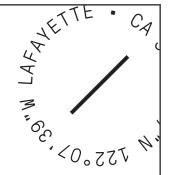


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Long-awaited parking lot's official opening in East End of Lafayette



City Council Members were joined by members of the Chamber of Commerce and members of the East End Coalition for the ribbon cutting ceremony to declare the new parking lot open May 13.

By Pippa Fisher

It's been four years in the making and it's close to one year late but a small group of

officials from the city of Lafayette, the Chamber of Commerce and members of

the East End Coalition turned out to watch Mayor Mike Anderson cut the ribbon on the official opening of the East End Parking Lot on May 13.

Anderson declared the small lot open, saying "The city of Lafayette owes a great debt of gratitude to EBMUD Director John Coleman and General Manager Alex Coate for their flexibility and willingness to make these improvements a part of their pump relocation project," adding, "These additional parking spaces will be well used and much appreciated by the residents of Lafayette."

Anderson also expressed gratitude for the support of the East End Coalition.

The parking lot, comprised of 15 spaces plus one van-accessible handicap space, is located next to Ace

Hardware at 3311 Mt. Diablo Blvd. The lot was constructed as part of a land exchange agreement between the city and the East Bay Municipal Utility District, which has put up a brand new water pumping facility on the corner of Mt. Diablo Boulevard and Mt. Diablo Court next to Blodgett's Abbey Carpet and Flooring.

The public parking spaces have meters, which will be operational from 9 a.m. until 6 p.m. The small area complies with the latest storm water pollution prevention standards and Lafayette's clean water program by incorporating a bioretention facility that treats runoff, removing potential contaminants that enter the creeks, streams and, ultimately, the

Lafayette bans sale of flavored tobacco products

By Nick Marnell

Flavored tobacco products will be on the way out come the end of June after the Lafayette City Council unanimously voted to ban the sale of the products in the city at its May 13 meeting. On the way in is a tobacco retailers license which will apply to all sellers of tobacco, tobacco products and tobacco paraphernalia.

The city expects that the tobacco retailers license will help with the enforcement of state and federal tobacco control laws, particularly laws prohibiting sales of tobacco products to minors. Lafayette will issue 11 tobacco retailers licenses, the businesses must reapply each year and licenses will not be granted to pharma-

Speakers mostly applauded

both the flavored tobacco product ban and the licensing regulations, with one representative from Contra Costa Health Services confirming that licensing has been proven effective in reducing the sale of tobacco to youth. "We do not support a business that is in the line of work to kill you," she

The president of an industry trade group insisted that

the ban on selling flavored tobacco products would not reduce smoking and will shift spending to adjacent cities. "It punishes retailers who abide by the law," he said.

Council Member Cam Burks, who introduced the flavored tobacco ban and retailers licensing ordinance in 2018, called the passing of the ordinance "the proudest day since I've served on the city council. I don't think there's anything greater than protecting the health of our youth."

The ordinance moved to the city council consent calendar for adoption May 28, and if adopted will become law June 27. Depending on eligibility requirements, retailers may apply for an extension of up to 10 months to sell their existing flavored tobacco product.

Council OKs signature art piece for the city

By Nick Marnell

COMPASS

A split Lafayette City Council approved the design of a public art display for the Town Center III BART Pathway and Bike Center project at its May 13 meeting, with one council member voting no because of

the number of parking spaces the project would take up in the adjacent BART station lot.

The city council signed off on the Town Center III project in 2016. Plans included a nath way between the BART station and the development, a public plaza and a bike locker on the south side of the station. The

purpose of the project was to improve the route for pedestrians and bicyclists between the BART station and downtown Lafayette, and to further improve the route the council in 2018 allocated \$230,000 for public art for the project. The artist, Kinematics Lab, created

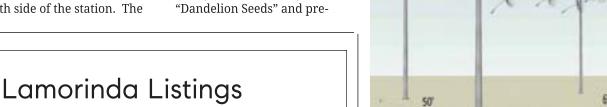


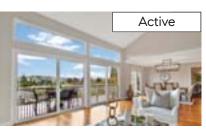
Image provided Proposed Dandelion Seed art piece for Town Center III pathway



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996 Hawthorne Drive, Lafayette \$1,195,000



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sented an example of the art piece at the May 13 meeting.

"I just don't get this project," said Vice Mayor Susan Candell, who agreed that an art display at the entrance to the city was worthwhile but said that losing 19 parking spaces in the BART lot was not. She voted to nix the project.

Council Member Cam Burks agreed with Candell. "Losing the 19 parking spots gives me great trouble," Burks said. "It will be to the detriment of many workers who live in and come to our town." But he agreed that "Dandelion Seeds" was a beautiful piece of art, and would become another

signature piece for the city. Burks suppressed his reservations about the loss of parking spots and voted to approve the project.

The cost of the Town Center project was estimated at \$1.47 million, and will be funded by a combination of grants and local matches from the city and BART, according to a city staff report. The funds for the "Dandelion Seeds" artwork will come from Woodbury Highlands developer fees.

After approvals from all participating parties, the council expects to award a contract in March with project construction to begin in June 2020.



Lafayette **Public Meetings**

City Council

Monday, June 10, 7 p.m.

Lafayette Library & Learning Center, Community Hall, 3491 Mt. Diablo Blvd.

School Board Meetings

Acalanes Union High School District Wednesday, May 29, 7 p.m. **AUHSD Board Room** 1212 Pleasant Hill Road, Lafayette www.acalanes.k12.ca.us

Planning Commission

Monday, June 3, 7 p.m. Lafayette Library & Learning Center, Community Hall, 3491 Mt. Diablo

Design Review

Monday, June 10, 7 p.m. Lafayette Library & Learning Center, Arts & Science Discovery Center, 3491 Mt. Diablo Blvd.

Lafayette School District Wednesday, June 26, 7 p.m. Regular Board Meeting District Office Board Room 3477 School St., Lafayette

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Woodstock Lafayette – free Rock the Plaza concerts



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ZEBOP! will perform on June 14 playing Santana music.

By Pippa Fisher

Friday evenings in downtown Lafayette through the month of June mean one thing for sure – Rock the Plaza is happening. And this year the series of free concerts will have a special "Woodstock" twist, marking the 50th anniversary of this iconic hippie counterculture music

festival.

The Chamber of Commerce will be hosting this year's 14th annual Rock the Plaza event by featuring music from that time of free spirit, peace, and love – a time when music was the heart of those values.

Executive director of the Lafayette Chamber and longtime Deadhead, Jay Lifson, says, ... continued on Page A10

Taste of Lafayette offers sumptuous samplings at annual event



Photos Victor Ryerson

The friendly crew at Lavash, Lafayette's newest restaurant, serves up a portion of the restaurant's tasty Mediterranean fare.



Longtime Lafayette booster Mike Heller serves up a spicy taco at Metro Lafayette.

Remembering Mark Mitchell



Photo Pippa Fisher

A plaque naming Mitchell Ridge in honor of Lafayette's late Mayor and Council Member Mark Mitchell, who passed away last November, was placed at the corner of Carlyle Terrace and Sweet Drive during a May 18 dedication ceremony to remember him and all the work he did to save ridgelines and open space. - P. Fisher

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See public meetings schedule on this pages and check online for agendas, meeting notes and announcements Town of Moraga: www.moraga.ca.us Phone: (925) 888-7022 **Chamber of Commerce:** www.moragachamber.org Moraga Citizens' Network: www.moragacitizensnetwork.org

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Moraga PTA volunteers to pack classrooms for Measure V summer improvements



Camino Pablo Elementary School prepares for Measure V improvements.

LAMORINDA WEEKLY

Photo Vera Kochan

By Vera Kochan

Beginning June 11, four days after schools close for the

summer, Camino Pablo and Donald L. Rheem Elementary will begin major construction improvements on campus thanks to funds from

Measure V. Five portable classrooms have already been installed at both locations. Renovations to the 50-plus-year-old

schools include strengthening seismic integrity of buildings, modernizing classrooms and offices, improving safety conditions and upgrading restrooms, plumbing, mechanical units and utilities.

Many teachers have occupied the same classroom for several years and have accumulated countless amounts of materials and supplies that will need to be packed up before the renovations, and then unpacked again to use during the next school session. To that end, a battalion of volunteers from the community are planning to pitch in and help.

Executive Assistant to the

Superintendent Jennifer Baier stated, "My principals say they have plenty of help from their PTA parents. They are in good shape for packing and we have professional movers moving all boxes to storage."

Citizens are cautioned that while renovations are in progress both campuses will have heavy and dangerous equipment on the premises, making fields and playgrounds possibly unsafe for

Los Perales Elementary and Joaquin Moraga Intermediate schools are scheduled for renovations and improvements during the summer of 2020.

Rheem sinkhole repairs making slow progress



Smaller sediment basin

Photo Vera Kochan

COMPASS

By Vera Kochan

The recommended draining of water, dirt and sediment previously discovered inside the damaged Corrugated Metal Pipe under the parking lot at the corner of Center Street and Rheem Boulevard has begun.

The property owners of both the Moraga Star Gas Station and the Rheem Shopping Center had been informed by inspectors and contractors on the project that this move was necessary prior to reshaping and lining the damaged CMP.

Two sediment basins have been installed behind the post office by MSI, the Rheem Center property owner's contractor. A sediment basin is a temporary pond built at or near a construction site to capture disturbed soil and protect water quality of nearby streams, lakes or rivers. The sedimentladen soil settles in the pond before the runoff is discharged.

According to Moraga's Public Works Director Edric Kwan, "It appears that the spoils have been removed from inside the damaged pipe and discharged into the basins. This is proper erosion sediment control so it doesn't go back into the storm drain."

The recent and surprisingly late May rainstorm has added additional water into the basins, which were erected and operational prior to that time.





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Town Council

Wednesday, June 12, 7 p.m. Council Chambers and Community Meeting Room, 335 Rheem Blvd.

Planning Commission

Monday, June 3, 7 p.m. Council Chambers and Community Meeting Room, 335 Rheem Blvd.

Park and Recreation **Commission**

Tuesday, June 18, 7 p.m. Council Chambers and Community Meeting Room, 335 Rheem Blvd.

Moraga School District Board Meetings

Tuesday, June 11, 7 p.m. Joaquin Moraga Intermediate School Auditorium, 1010 Camino Pablo, Moraga www.moraga.k12.ca.us

See also AUHSD meeting page A2

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Town assumes partial management for after-school programs



Plenty of lawn space for outdoor activities

Photo Vera Kochan

www.lamorindaweekly.com

By Vera Kochan

The Moraga School District's After School Enrichment Program, typically operated by the PTA, has agreed to hand over the reins to the town for partial management starting with the fiscal year of

2019-20. During the town council's May 22 meeting the resolution was adopted unanimously. Parks and Recreation Director Breyana Brandt's presentation outlined the need for such a move, much of it based on the upcoming

Measure V structural improvements set to occur on both the Camino Pablo and Rheem elementary school campuses this summer and potentially Los Perales Elementary next year.

As such, the ASEP will be held at the Hacienda de las Flores facility, which is no stranger to hosting children's activities like the annual summer camps.

The Hacienda will see an activation in daytime activities from approximately 3:30 to 5 p.m., Monday through Friday, which will not detract from already confirmed weekend rental usage. The facility will have five rooms to offer for classes, not to mention the vast lawn available for outdoor sports.

Any revenue generated by the ASEP will benefit the town as the PTA relinquishes 100 percent control of Rheem and an as yet to be determined percentage from

Camino Pablo. Not only will the Hacienda partner with the schools, but it has a greater opportunity to serve the community.

Brandt assured council members that there would be no startup costs due to past summer camp activities allowing for the sharing of equipment. Any liabilities would also be covered by insurance policies currently in place.

With Rheem located just up the street, transportation to the Hacienda would be provided by bus. Camino Pablo students may have to rely on parental carpools.

The same instructors that are involved with summer camp will be enlisted into the ASEP, and the Hacienda's software infrastructure is already in place for any registration and administrative needs.

A sampling of some of the ASEP classes include: basketball, chess, coding, guitar, soccer, Mandarin, painting, Performing Academy, piano, science and Spanish.

Costs to the town are considered neutral, with projected revenue estimated at \$145,000 in year one and \$160,000 in subsequent years. Expenses for contracted instructors are projected at \$130,000 with additional parttime staff salaries at \$15,000.

Brandt hopes that this program would bring additional attention to the Hacienda with regards to future community rentals and interest in the property's facilities. She stated, "The risk is very minimal. Our expenses are tied into our revenue, and so I think that the biggest risk is if we tried and it just doesn't work for whatever reason - if it's not convenient for families and people don't participate."

Moraga top town for speeding citations

... continued from Page A1

These radar speed guns, like other types of radar, consist of a radio transmitter and receiver. They send out a radio signal in a narrow beam, then receive the same signal back after it bounces off the target object.

Speed guns go through a calibration process using a tuning fork before each and every working shift to ensure accuracy, and before and after being used to detect each speeding violation. Dash mounted speed reading devices are also installed in MPD cruisers which can read objects coming or going.

Who determines Moraga's posted speed limits? According to King, an

independent entity of traffic engineers, not affiliated with the town, makes those determinations.

Tony Bizjak's "Back-Seat Driver" column says, "When traffic engineers do their surveys, they are told to disregard the speeds of the fastest 15 percent of drivers on that street driving during free-flow traffic conditions. That's because the law figures those people are probably driving too fast. Some drivers are going too slow, as well. So the law says: Look at the speed that drivers near the 85th percentile are going, and set the limit there." Bizjak adds, "That speed, engineers point out, is one standard deviation about the average speed for all cars on the road.

It's a speed that is considered reasonable, given what's actually happening each day on the street."

King stated that Moraga has recently had a traffic survey performed and the currently set speed limits are accurate with considerations given to lane width, curves in the road, areas where children congregate and any other detrimental road conditions or hazards.

Anyone who's been pulled over for speeding tries to get out of a ticket by coming up with a unique reason for doing so. "Everyone has an excuse. Unless you are in the midst of a dire emergency or trying to prevent one, excuses aren't usually too effective," says

King. He added, "Just because an officer stops you does not mean you are automatically going to receive a citation. However, there are studies that have shown that the preventative effect of a

citation is much greater than a simple warning. So, in trying to change driving habits and get people to slow down, a citation is more effective than a warning."

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ORINDA

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City enters into controversial food truck agreement

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By Nick Marnell

LAMORINDA WEEKLY

The Orinda City Council May 21 approved a three-year contract with Martinez-based Taste of the World Market to provide vendors for the city's Thursday Night Food Truck Feast for a \$200 monthly concession fee, but the contract award was not well received by members of the Orinda restaurant commu-

Thomas D'Amato, president of the Orinda Chamber of Commerce, said that the Orinda agreement with TOW gives the company a competitive advantage over local restaurants. "Orinda restaurants support the city of Orinda and our local community by paying taxes and rent and many hire locally, support Orinda schools and other nonprofit organizations," D'Amato wrote in an email to the coun-

The co-owner of Shelby's in Theatre Square agreed that the event harms his restaurant. "It's a significant hit to my business," Gregory Haynes said. "I may have to close my restaurant the nights of the food trucks."

"My occupancy costs at 2 Theatre Square in Orinda exceed \$200 daily," wrote Peter Eberle of Piccolo Napoli, unhappy with what he called an "absurdly low fee" being charged to TOW.

'There was never any intention to cause a negative impact to restaurants," said Vice Mayor Darlene Gee, and City Manager Steve Salomon explained that the city met three times with Orinda restaurants to try to bring greater variety to the Thursday events, and to create positive programs with restaurants. "It didn't go anywhere," Salomon said.

As for restaurant participation, Haynes said that he could not afford to send his staff to the food truck events and also keep his restaurant open.

The council maintained that the focus of the Thursday events was not simply eating out but a community gathering, with Mayor Inga Miller insisting that the events were more about the Orinda community than they were about

Contract terms designate that TOW provide food trucks each Thursday from February through October and also for the Orinda Summer Concert Series each Tuesday from mid-June through mid-August. The events are held in the Orinda Community Park at 28 Orinda

What exactly is a shaded fuel break anyway?



Before and after photo

By Nick Marnell

Thanks to the initiative of the Moraga-Orinda Fire District, a systematic study by the state fire agency and rapid action by the governor, work on the

North Orinda Shaded Fuel Break project will soon begin on the northern edges of Lamorinda.

But what is a shaded fuel break?

According to the California Department of Forestry and

Photo courtesy Cal Fire Fire Protection, fuel breaks are wide strips of land where trees and vegetation have been reduced or removed. A shaded fuel break is constructed in a forest-type setting, not unlike the northern rim of the NOSFB project along Bear Creek Road and the Lafayette Ridge. As

shown in the photos, the vegetation at ground level has been removed, and the tree canopy has been thinned, reducing the

likelihood that a dangerous wildfire will head into an urban area. At a May 22 public meeting

in Orinda, MOFD Chief Dave Winnacker outlined the details of the fuel break project to about 50 attendees. The chief explained how hot, dry, north and northeast winds descend upon Lamorinda in the fall, bringing the potential of a serious wildfire as occurred in 1923 and in 1991 in the East

Bay hills. The fuel break will

reduce this threat to

Lamorinda. The idea to create the shaded fuel break was presented to Cal Fire by MOFD Battalion Chief Jerry Lee in November. The state fire agency expanded the breadth

of the proposal and presented it to Gov. Gavin Newsom in January, who expedited the project, along with 34 others in high-risk wildfire areas of California. MOFD, the de facto project manager, has partnered with various public agencies to complete the work that encompasses 14 miles of open space between Tilden Park and Acalanes High School.

Winnacker explained that the \$4 million, seven-month project will begin in mid-June, and Orinda residents should be prepared for smoke as prescribed burns of annual grasses get underway. Road closures may be necessary but major Lamorinda arteries should not be impacted.

Environmental issues were of concern to the public. Though Newsom has exempted the project from state environmental regulations, Winnacker explained that federal and local regulations will be closely followed and monitored by a biologist and an archaeologist. Nesting birds will not be displaced. Even with all of the fuel removal, the natural appearance of the area will be pre-

The chief stressed that the fuel break is only one part of a system to reduce the regional threat of a wildfire, and reminded homeowners about the critical need to create defensible space around their property. He also urged residents to sign up for the county Community Warning System, to schedule a date for the MOFD wood chipper to come to their neighborhood and to regularly check the Ready for Wildfire website.

Meetings

Orinda Public City Council

Tuesday, June 4, 7 p.m. Regular Meeting Library Auditorium, Orinda Library, 26 Orinda Way **Planning Commission** Tuesday, June 11, 7 p.m. Library Auditorium, Orinda Library, 26 Orinda Way

Citizens' Infrastructure Oversight Commission Wednesday, June 12, 6:30 p.m.

Sarge Littlehale Community Room, 22 Orinda Way, Orinda, CA 94563 Orinda Union High School District Board **Meetings**

Monday, June 3, 6 p.m. Regular Board Meeting 8 Altarinda Rd., Orinda www.orindaschools.org See also AUHSD meeting page A2

Is this too young to go to Cal?

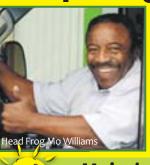


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Orinda seniors celebrate longevity, romance and survival at annual luncheon event



Photos Victor Ryerson

Vic and Fran Smith receive the Longest Married trophy.

By Victor Ryerson

About 90 of Orinda's most senior citizens were feted in the Orinda Community Church on May 15 at the 20th Annual Orinda Three-Quarter Century Club Luncheon. The

lively gathering featured music, a lighthearted awards presentation, a delicious roast chicken lunch, and a poignant account of life in Nazi death camps by 87-year-old Holocaust survivor Bernat "Bernie" Rosner.

The music, a short Bach

program, was provided by Pamela Freund-Striplen and Amy Likar of the Gold Coast Chamber Players, who are currently providing pop-up Bach performances at various local venues. Indeed, one of the players had to rush off to Diablo Foods to "play Bach among the vegetables," as she explained.

Honored attendees must have reached the threeguarter century mark to qualify for attendance, but many far exceeded that milestone. Several received awards for their longevity. The "Baby of the Year" award went to Hazel Salessi, who had barely earned her seat at the banquet by turning 75 on May 9. The "Longest Married" award went to Vic and Fran Smith, who will mark 70 years on their June 4 anniversary.

"King" George Jedenoff will hit 102 years of age on July 5 – and was still skiing this winter's abundant snowfall! "Queen" Ruth Jaffe trumped his longevity; she will be 104 in October. Elva

Rust, Queen for the past two years, is 101, and another brave soul stepped forward to confess that he was only 100.

"It wasn't until last year that we had anyone attend who was 100, and now we have four centurions," beamed Master of Ceremonies John Fazel (a mere piker at 82 years), who has organized the event for the past 20 years under the aegis of the Lamorinda Sunrise Rotary.

The event took on a more serious tone when Rosner recounted his experience as a 12-year-old internee at the notorious Auschwitz and Mauthausen camps. Separated from his father, mother, and other family members he never saw again upon arrival at Auschwitz, his inspirational tale of survival and success after enduring horrific treatment at the death camps kept the audience enthralled. With help from, among others, William Merrill, Jr. (of Merrill Lynch), then a GI at a refugee camp following liberation, he came to

the United States rather than returning to his native Hungary. Here he flourished, attending Cornell University and Harvard Law School, and eventually becoming Safeway's top lawyer for 10 years. Now retired, he has coauthored his memoirs with another Orindan, Fritz Tubach, in "An Uncommon Friendship," which tells the story of two boys caught on opposite sides of the Holocaust.

All in all, the event was a celebration of life, a recognition of the fact that it was remarkable to be there. As Fazel reminded the assemblage at the beginning of the luncheon, in 1944, the birth year of the youngest attendees, the life expectancy of a newborn was 62 years. You would never know it from the looks of the lively crowd that had long ago surpassed that mark.

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LAMORINDA WEEKLY www.lamorindaweekly.com Firefighters and MOFD board clash over staffing

By Nick Marnell

With a projected \$1.8 million surplus in its 2019-20 fiscal year operating budget, the Moraga-Orinda Fire District board, despite pleas from the firefighters, chose to not restore full-time staffing of the ambulance at Fire Station 45 in Orinda, but opted to allocate the extra money to fund its pension stabilization and retiree health care trusts.

In 2013, with the financial problems brought about by the Great Recession, the district cut its daily on-duty staffing from 19 to 17 personnel, changing the Station 45 ambulance from fully staffed to cross-staffed; meaning, unlike Station 41 which has an engine company and a dedicated two-person ambulance crew, Station 45 has only a three-person engine company which also responds to medical calls in its ambulance when so dispatched, leaving that portion of Orinda unprotected.

To help beef up staffing, Battalion Chief Jerry Lee applied for a federal grant under the Staffing for Fire and Emergency Response program in 2016. The district requested the grant to hire four firefighters "to restore the designated 2-person ambulance company (Medic 145) at Station 45," as Lee wrote twice in the application.

MOFD was awarded the \$1.4 million SAFER grant in 2017, but Lee explained to the district board that it was not bound to any specific staffing model by accepting the money, notwithstanding what he wrote in the application.

'The grant is not concerned with your daily staffing, just the overall staffing," wrote Danielle Shelton of the Federal Emergency Management Agency, which runs the SAFER program. The district had to hire four new firefighters for the three years of the grant performance period and was committed to not laying off any of them for those three

Based on that guidance, the board voted in 2017 to accept the SAFER grant, but declined to require the full-time staffing of Medic 145, deferring any other staffing option to a future date. As a result, MOFD daily staffing remained at 17, with the four SAFER firefighters used to fill daily vacancies.

That staffing model has not sat well with the firefighters, who have continuously lobbied the MOFD board to restore mandatory daily staffing to the prerecession level of 19. They pushed to include a staffing increase in the 2019-20 district budget, adamant that the SAFER grant money should be used for

what it was intended - restoring the full-time ambulance at Station 45.

"All that is needed is a new directive from the current board to change the existing directive from the previous board as to how the personnel hired under the SAFER grant are to be used," said Capt. Mark McCullah, district labor representative. "The proposed 2020 budget accounts for a total of 57 firefighters, or 19 per day, which are all the personnel necessary to restaff a full-time ambulance at Station 45."

... continued on Page A9

ConFire directors lead by example during CPR exercise



By Nick Marnell

To the beat of the Bee Gees' "Stayin' Alive," the directors of the Contra Costa County Fire Protection District completed an exercise in administering Hands-Only CPR to mannequins at the May 14 fire board meeting. The class was conducted by Anna Cleese, American Medical Response EMS community education specialist.

"We want to get this out to the community because it's the difference between thriving and surviving," Cleese said.

ConFire and AMR - the Alliance - have launched an initiative to train every high school student in the district to save lives in their communities using Hands-Only CPR. Training will begin at the start of the 2019-20 school year and will be conducted by uniformed district firefighters and AMR paramedics, with the goal of educating 10,000 high school students.

"Call 911, and push hard and fast" is the two-step directive for Hands-Only CPR from the American Red Cross. It was the exact procedure used by a Saint Mary's College student in February to save a man's life in Moraga.

"I'm not going to be able to get the Bee Gees out of my head all day," Director Diane Burgis said.

Rebuilt MOFD Fire Station 43 opens its doors

By Nick Marnell

After 33 months of survival in temporary quarters in north Orinda, Moraga-Orinda Fire District crews moved into brand new Fire Station 43 May 14 as the district opened its first new fire station since 2005 and its third new facility this century.

"The district looks forward to continuing to serve the community from this new facility," MOFD announced in a statement, the district seemingly more relieved than excited that the job was finally complete.

The construction of the new station at 20 Via Las Cruces in north Orinda began

after a failed joint venture with the Contra Costa County Fire Protection District to build a fire station in western Lafayette. The work spanned the administrations of three district fire chiefs. The station required three contractors to finish the job and exceeded its original \$4 million budget by nearly \$2 million.

... continued on Page A9



From left, Evan Ford, Mark McCullah and Anthony Stephens - the first MOFD crew to serve at new Fire Station 43

Fire District Public Meetings

Moraga-Orinda Fire District Board of Directors Wednesday, June 19, 7 p.m. Go to the website for meeting location, times and agendas. Visit www.mofd.org



ConFire **Board of Directors** Tuesday, June 11, 1:30 p.m. Board Chamber Room 107, Administration Building

651 Pine St., Martinez.

For meeting times and agendas, visit www.cccfpd.org

Public Safety

Emergency response: Emergency: 24 Hours 911 Police Dispatch: 24 Hours 925-284-5010 Nixle: Text your zip code to

888777 or go to www.nixle.com Lafayette Police Department: 3471 Mt. Diablo Blvd.

> 925-283-3680 Chief of Police, Ben Alldritt 925-299-3221

Police Department Tip Line 94549Tip@gmail.com Police Department Traffic Issues 94549Traffic@gmail.com

Moraga Police Department: 329 Rheem Blvd., 925-888-7055

Chief of Police, Jon King ext. 7049 Orinda Police Department:

22 Orinda Way

925-254-6820 Chief of Police, Mark Nagel 925-254-6820 Orindatip@cityoforinda.org

Lafayette Police PRAYETT Department Incident **Summary** Report May 5 - May 18 Alarms
911 Calls (includes hang-ups) 50 138 Suspicious Circumstances Suspicious Subject Suspicious Vehicle 22 13 Service to Citizen Patrol Req./Security Check Vacation House Check Supplemental Report 47 8

School Assembly Check Welfare Check Vehicle violations Auto Burglary
3500 Block Plaza Way Police Department 3300 Block Mt. Diablo Blvd. Pleasant Hill Rd./Park Ln.

17

3500 Block Mt. Diablo Blvd. (4) DUI Misd Olympic Blvd./Reliez Station Rd. Hit And Run Misdemeanor Reliez Station Rd./Olympic Blvd. 1200 Block Upper Happy Valley Rd. Police Department 3600 Block Deerhill Rd. Brook St/East St.

4100 Block Leach Rd. Their From Venici 3800 Block Happy Valley Rd. Deer Hill Rd./Sierra Vista Way 3400 Block Mt. Diablo Blvd.

Reckless Driving
Police Department
Mt. Diablo Blvd./Carol Ln.
900 Block Condit Rd. Mt. Diablo Blvd./Acalanes Rd. Vehicle Theft 1200 Block Rose Ln.

Other criminal activity Mt. Diablo Blvd./Pleasant Hill Rd.

Forgery Sr 24 At Fish Ranch Rd. Grand Theft 900 Block Hawthorn Dr.

Oak Hill Rd./Eb Sr 24 Identity Theft
3400 Block Springhill Rd.
3600 Block Mt. Diablo Blvd.
3500 Block Mt. Diablo Blvd.

700 Block Old Jonas Hill Rd. Panhandling 3500 Block Mt. Diablo Blvd. Quandt Rd./Hillview Ln.

Petty Theft 1200 Block Dunsvre Dr. Quandt Rd./Candy Ct. 3300 Block N Lucille Ln.

Shoplift 3600 Block Mt. Diablo Blvd. Wb24/Acalanes 4000 Block Fiora Pl. 1100 Block Martino Rd. Reliez Station Rd./Beechwood Dr.

Violation Custody Order Moraga Rd./Silver Springs Rd. Nuisance to the Community Disturbance-Domestic 3300 Block Ridge Rd.

Disturbance-Fight 3400 Block Mt. Diablo Blvd. Disturbing The Peace Mt. Diablo Blvd./Carol Ln. Deerhill/Whole Foods

Mt. Diablo Blvd./Acalanes Rd. Drunk In Public 3400 Block Golden Gate Way 3600 Block Deerhill Rd.

Harassment
Pleasant Hill Rd./Old Tunnel Rd. Intoxicated Subject 1000 Block Circle Creek Ln.

Loud Noise 900 Block Risa Rd. 3200 Block Mt. Diablo Ct. (2) Police Department Public Assembly Check 500 Block Glenside Dr. 900 Block Risa Rd.

Public Nuisance 900 Block Moraga Rd. Brook St./East St. Saranap Ave./Old Tunnel Rd. Withers Ave./Taylor Blvd. 500 Block Merriewood Upper Happy Valley Rd./Los Arabis Dr.

Vandalism 00 Block Mt. Diablo Blvd. 900 Block Risa Rd. 3600 Block Mt. Diablo Blvd. 100 Block Lafayette Circle

Animal Cruelty 1000 Block Buchan Dr. H&S Violation 1000 Block Dewing Ave.

Indecent Exposure Reliez Station Rd./Olympic Blvd. Ordinance Violation
4000 Block Mt. Diablo Blvd.
4000 Block Happy Valley Rd.

Trespass Lafayette Cr./Hough Ave. Oak Hill Rd./Mt. Diablo Blvd. Unwanted Guest

Police Department 1St St./Mt. Diablo Blvd. **Moraga Police**

Department Incident Summary Report May 7 - May 20



Service to Citizen
Patrol Req./Security Check
Supplemental Report
Vacation House Check Welfare Check
Wehicle violations
Accident Property
St. Marys Rd./Moraga Rd.
Moraga Rd./Ascot Dr.
Auto Purplayer

Auto Burglary 20 Block Hour Fitness DUI Misd Corliss Dr./Moraga Rd.

Excessive Speed
Moraga Way/Ivy Dr.
Moraga Rd./Alta Mesa Dr.
Moraga Rd./Corliss Dr. (4) Moraga Rd./Donald Dr. (4) Sky Hy/Moraga Rd. Camino Ricardo/Moraga Way Moraga Way/St. Andrews Dr. Moraga Commons Moraga Way/Overhill Rd. Counstance Pl./Canyon Rd.

Rheem Blvd./Stuart Ct. (2)
Reckless Driving
Moraga Way/Miramonte Dr.
Camino Pablo/Canyon Rd. Camino Pablo/Sanders Ranch Rd. Moraga Rd./Rheem Blvd. Alta Mesa Dr./Moraga Rd. Vehicle Theft

St. Marys College
Other criminal activity Battery Sexual

Campolindo High School

Campolindo High School Brandishing Weapon Camino Pablo Rd./School St. Commercial Burglary Not Available

Fraud Credit Card 100 Block S Sandringham

Petty Theft 500 Block Fernwood Dr. Safeway Shoplift

Safeway Nuisance to the Community Barking Dog 300 Block Donald Dr.

Disturbing The Peace 500 Block Moraga Rd. 1200 Block Rimer Dr. 1200 Block Rimer Dr.

500 Block Moraga Rd. Loud Party
Not Available
2000 Block Ascot Dr.
Public Nuisance

Sanders Dr./Fleuti Dr. 800 Block Camino Ricardo Other Animal Cruelty St Andrews Dr./Augusta Dr.

Mentally Ill Commit Moraga Commons Park 10 Block Sanders Ranch Rd. Vandalism Safeway



Orinda Police **Department Incident Summary Report** May 5 - May 18 Alarms

49 911 Calls (includes hang-ups) Traffic 64 Suspicious Circumstances 5 10 Suspicious Subject Suspicious Vehicle Service to Citizen Patrol Req./Security Check Vacation House Check Supplemental Report 12 Welfare Check 6 **Vehicle violations Auto Burglary**

Safeway
Grand Theft From Vehicle
10 Block Warford Terrace
Hit And Run Misdemeanor 200 Block El Toyonal 10 Block Risa Ct. Nations

Reckless Driving San Pablo Dam Rd./Camino Pablo, Valley View Dr./Don Gabriel Way Moraga Way/Glorietta Blvd. Camino Pablo/Miner Rd.
Other criminal activity

Wagner Ranch Elementary Burglary 50 Block Moraga Way Commercial Burglary

300 Block Village Sq. **Grand Theft** Brookwood Rd./Camino Pablo Identity Theft 70 Block Charles Hill Rd.

Panhandling Starbucks Petty Theft 100 Block Camino Pablo 20 Block Orinda Way Possession Of Stolen Prop

Rite Aid Shoplift Rite Aid Warrant Arrest Chevron/Santa Maria

Nuisance to the Community Disturbing The Peace Rheem Blvd./Glorietta Blvd. Loud Music Big Rock Rd./Quarry Hill Rd.

10 Block Hillcrest Dr. Chevron Loud Noise

10 Block Donna Maria Way El Camino Moraga/Moragá Way, 60 Block Brookwood Rd. 10 Block Dolores Way 10 Block Dolores Way

Loud Party
Glorietta Blyd./Rheem Blyd. Public Assembly Check Wagner Ranch Elementary School Assembly Check Miramonte High School

300 Block Camino Sobrante

Other Accident Property
Moraga Way/Stein Way

500 Block Moraga Way Moraga Way/Overhill Rd. Moraga Way/Altamount Dr La Campana Rd./La Espiral Wagner Ranch Elementary H&S/Pos Drugs For Sale Beverages And More Ordinance Violation 10 Block Bobolink Rd. 10 Block Donna Maria Way Dalewood Dr./Lombardy Ln.

30 Block Dos Posos Unwanted Guest Violation Dom Viol Order

40 Block Camino Encinas Library

Letters to the editor

Looking good, Moraga

Moraga looks better than it used to, and this is important. If you don't think so, go back to the Midwest and drive around towns that look worse than they did. It's depressing.

Moraga was thrown together hurriedly, with ordinary builder homes and landscaping consisting of grass, ivy, juniper, and Monterey Pines. Since then, many residents have made Moraga more attractive by upgrading both their houses and their landscaping.

Of course, the two shopping centers are nothing to write home about, and the Moraga Ranch is a dump, but the new landscaping at Campolindo High School has made a big difference. The same can be said for the Moraga Library, which was re-landscaped several years ago. Members of the Moraga Garden Club have improved a section of the Hacienda gardens and planted flowers in the big urns on Country Club Drive.

Thanks to all. Let's keep

Dale Walwark Moraga

A response to letter on Climate Change

Loved Chris Kneil's letter in last [May 15] issue. He obviously believes passionately about Climate Change. And it is aggravated by development. But as soon as he talked about Methane, I recognized that he has been watching "60 Minutes." I'm not sure what the term Climate Change means. But I do know that the subject of "Global Warming" has morphed into it. What he doesn't know is that he's being misled. As are all of us.

The atmosphere is warming, but only in the Northern Hemisphere, and especially within the Arctic Circle. The Southern hemisphere isn't warming at all, Antarctica isn't melting, and will never melt. Yes, even though there is the same amount of CO2 everywhere. Only the Arctic is warming. Only ice in the Arctic is melting. Bet you didn't know that. And the climate scientists have no idea why. When you're told that the average temperature of the atmosphere has increased 1.8 degrees since 1900. The scientists are adding, the 3.6 in the Arctic to the Zero in Antarctica and dividing the total by 2. Isn't that more than a trifle misleading??? And no I'm not a crackpot.

Plenty of folks in this town know me and can assure you I'm not a crackpot. What I am is a Chemical Engineer, and fully versed in the subjects of heat balance and heat transfer. And if you look at the subject of atmospheric warming from the perspective of a Chemical Engineer. You would say that if something is warming, we are either heating it more and/or cooling it less. And the answer is yes and yes. When we transform the planet's surface from green (vegetation) to grey (concrete). We replace "stuff" that cools the atmosphere with "stuff" that warms the atmosphere. And when you transform 1.5 million square miles of the surface with it. Don't know about you. But I would expect things to change. Especially if you do 90% of it in the N. hemisphere.

If you've read this far you are better informed than you were before. And that's good. You need to have doubts. Especially when the scientists are telling you we know everything, "trust me". Especially when you find out they don't know everything, and are misleading you too!!! Ask questions. We are about to spend trillions of your

Opinions in Letters to the Editor are the express views of the writer and not necessarily those of the Lamorinda Weekly. All published letters will include the writer's name and city/town of residence -we will only accept letters from those who live in, or own a business in, the communities comprising Lamorinda (please give us your phone number for verification purposes only). Letters must be factually accurate and be 350 words or less; letters of up to 500 words will be accepted on a space-available basis. Visit www.lamorindaweekly.com for submission guidelines. Email letters@lamorindaweekly.com; Regular mail: Lamorinda Weekly, P.O.Box 6133, Moraga, CA 94570

Rebuilt MOFD Fire Station 43 opens its doors

... continued from Page A8

Not only is the station the newest in the district, it is also a two-story facility, and with that it honors a unique fire service tradition - the fire pole, which firefighters use to slide from the living area on the second floor to the station exit on the first floor. In addition to sleeping quarters, the station features a passthrough apparatus bay, a kitchen, dining room, workout area and day room.

North Orinda resident Ellen Dale has long been an advocate for the rebuilt fire station. "The new station is beautiful! So much nicer

than the 70-year-old structure that was there! I am truly thankful we were able to save our Honey Hill Station, not only for north Orinda, but also Lafayette. It could make a critical difference in the event of a fire north of the freeway," Dale said.

"Once Station 16 in Lafayette reopens, I will sleep better at night," Dale added. The Contra Costa County Fire Protection District expects to reopen Fire Station 16 in early July.

A grand opening celebration for Fire Station 43 is scheduled for 9 a.m. Saturday, Iune 15.

Firefighters and MOFD board clash over staffing

... continued from Page A8

The district does not see it that way. Fire Chief Dave Winnacker explained that if daily minimum staffing were increased from 17 to 19, the district would incur a minimum of \$1 million in additional overtime expense, or the staffing change would require an increase in the number of rostered firefighters from 57 to 63, boosting payroll by \$1.4 million.

At the May 15 district meeting, the MOFD board did not issue the directive that McCullah sought, voting to

use the operational surplus to fund its pension stabilization and retiree health care trusts to help offset the \$49 million of district net pension liability and \$15 million of net retiree health care liability. The board directed Winnacker to maintain the daily minimum staffing of 17 firefighters.

"I would not want to see those positions funded if it's to the detriment of the district," said MOFD President Steven Danziger, regarding the full-time staffing of Medic 145. "But if it's going to make our community safer and our firefighters safer, we need to take a further look at it."

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Dear Lafayette Community,

As another school year wraps up, we want to thank you for supporting the Lafayette School District. Working together, our Faculty, Staff, Administration, and School Board strive to bring superior education to our community's children.

Our District consistently ranks in the top tier for academic achievement. Our arts and music programs are award-winning. Our campuses are well maintained and modernizing to accommodate long-standing pressing needs. Much of this is enabled by amazing support from local families, businesses, and community members - and we are truly grateful.

As California's economy grows stronger, so too do businesses and many family financial situations. However, California's per pupil spending consistently ranks near the bottom nationally. A Stanford University study, Getting Down to Facts II, concluded that a merely adequate education costs approximately \$17,000 per student. New York, which highly prioritizes education, provides more than \$22,000.

Yet California provides our District with just \$8,000 per student. Consistently doing more with less, our District spends \$11,000 to educate a student, and without our community's strong support to bridge the mounting shortfall, we could not maintain the quality education programs we have built and continue to provide. California's inadequate funding threatens the ability to offer teacher and staff salary increases and forces the District to look repeatedly to detrimental budget cuts.

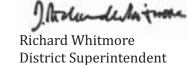
Once again, we thank you! Enjoy the summer and we look forward to reconnecting with our students, families and community as we return in August.

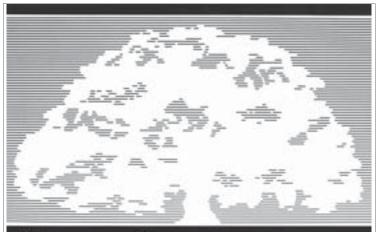
Sincerely,



Governing Board President

Kathy Lundberg-Moussaoui **CSEA President**



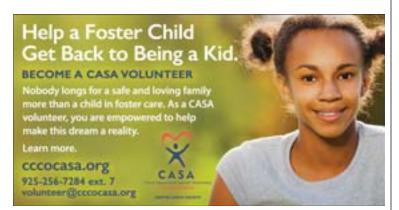


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Lemon Boutique makes gift giving easier than ever

By Jenn Freedman

The modern boutique Lemon opened on Lafayette Square next to Sideboard in late April – a year after opening its first location in Danville – and has something for everyone and every occasion: baby, kids, women, men, home, spa, and accessories.

Lemon carries over 50 brands, primarily Californiabased. Twenty percent of the assortment comes from local Bay Area brands. In addition, Lemon frequently hosts popup shops in the store to help support small, local businesses.

With a focus on customer service, Lemon offers gift wrapping every day for just \$1-\$2, and online orders can be picked up in store or shipped. Lemon also prioritizes staying connected with the community by participating in many local events and charity fundraisers.

Owner Sara Weymouth is an East Bay native. After a 10year stint in corporate America, she wanted a more family-friendly career and began exploring small business ideas. Identifying the need for a great gift shop, Lemon started as a pop-up in November 2017 and opened the first permanent store in Danville in April 2018.

Weymouth explains the inspiration behind her store's name: "Lemon is for my Grandma. Growing up she always talked about how good lemon is for your skin. She would rub it all over her face, neck, hands, etc. I used to think it was silly, but once I



started doing it I saw how amazing it really is. Also, Lemon is a super food and we are all about healthy living at Lemon so it just fit ... makes a really cute logo too!"

Lemon is open Monday-Saturday from 10 a.m. to 6 p.m. and Sunday from 10 a.m. to 5 p.m. Or shop online anytime at www.lemongiftshop.com.



Woodstock Lafayette free Rock the Plaza concerts

... continued from Page A3

"We are transforming Lafayette Plaza Park to take you all back to 1969. Each of the four concerts will include a local artist alley (aka: Shakedown Street) where visitors can shop and socialize before the music begins."

Lifson explains that each Woodstock Lafayette concert is a two-hour set from the featured band "and includes the kind of live announcements and interruptions that live in the colorful history of Woodstock

The lineup includes some of the Bay Area's best cover bands that feature the music of Creedence Clearwater Revival, Santana, Jimi Hendrix and the many artists that played at the original Woodstock event.

On June 7 The Fog City Swampers will take the stage. Described as a "high energy show" they play a wide range of classics. According to Lifson, "When organizers struggled to get bands to sign on for the original Woodstock festival, they made a breakthrough when they got an agreement from Creedence Clearwater Rival. They were paid \$10,000. So,

with a nod to that history, Woodstock Lafayette's first show will feature the Fog City Swampers doing CCR covers."

June 14's show features Zebop, a Santana tribute band. Lifson suggests bringing percussion instruments for the "Woodstock Drum Circle."

On June 21 residents can enjoy Purple Haze, an acclaimed Jimi Hendrix tribute

The series finishes on June 28 with The Keep On Truckin' Band, a band who describe themselves as a "tribute to the Woodstock generation" who perform rock, blues, funk and

Lifson says that bellbottoms and hippie attire are encouraged. "These concerts are "tie-dye" optional. Bring a picnic and a blanket or buy dinner from the dozens of restaurants located within two blocks of the Plaza."

The fun will be happening every Friday in June at the Plaza Park at the corner of Mt. Diablo Boulevard and Moraga Road. This summer, the special artist alley will open at 5:30 p.m. The bands will be playing from 6:30 to 8:30 p.m.





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JMLT fills final donation gap to keep Painted Rock wild

... continued from Page A1

Eukel wanted to highlight the dedication of the JMLT staff and their outstanding work on behalf of the Painted Rock Campaign, including Krista Vossekuil, director of philanthropy; Melanie Hogan, director of major gifts; and Jay Dean, creative strategy direc-

Eukel was of course sad to note that this campaign ended in a deficit for the IMLT; the campaign was arduous, expectations from public agencies were not met, but the director and his team are so proud to offer something that aligns so well with their mission. "The 96 acres of the Painted Rock property anchors a contiguous 505acre of public open space atop these hills that will be a stunning new recreational resource for the community and a protected haven for wildlife," noted Eukel. He also wanted to say that nothing would have been possible without the desire of Roger

Poynts' widow to forgo any development project and see her property conserved for the public's benefit.

This property is not the first that JMLT raised funds for in Lamorinda, there was Carr Ranch at the most western part of town, the Acalanes Ridge, the Batwing property for which the city of Lafayette had the vision to contribute \$1.8 million, and now Painted Rock. Eukel noted that this latest acquisition has similarities with the Acalanes Ridge as it makes the open space highly accessible, even more so with Painted Rock since the property line lies just across from the Rheem Shopping Center on the east side of Moraga

In a press release published by the JMLT, one member of the JMLT board of directors Stephanie Becker said that as a longtime resident of Moraga, she could attest that the acquisition of Painted Rock creates a new park that will become a community treasure. She added that her

husband, Damon, and herself believe it is vitally important for their children to grow up connected to nature, and Painted Rock will be a cherished legacy for all future generations.

The next steps include the close of escrow, moving forward with fire abatement, and dedication to open space in perpetuity. Eukel expects a public celebration in the fall, coming to the top of the property, socializing and celebrating. The \$2 million budget was for acquisition of the land, and so the trails and amenities will be another phase planned for sometime in the future. The director adds that there will be plenty of opportunities for community involvement to develop the potential of the open space. He expects that Painted Rock will welcome thousands of visitors of all ages and all abilities in the years to come and will become a trademark for Moraga, a real treasure for public







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- Life in LAMORINDA

Local students volunteer for summer projects in Latin America



www.lamorindaweekly.com

Local participants of Amigos de las Américas during training at Briones in Lafayette.

By John T. Miller

The East Bay Chapter of Amigos de las Américas held its annual graduation last Saturday at Newt Hollow in Briones Park. Included in the group were 11 students from Lamorinda high schools.

Amigos de las Américas is a nationwide program that sends volunteers to Latin America where they work with local citizens on beneficial community projects. Volunteers spend anywhere from four to eight weeks in their host country.

Local participants include Maya Supran, Sierra Barnes, Danielle Kelly, Peter Lee and Yichao Ma from Miramonte:

Margaret Balfrey, Elizabeth Anderson, and Penny Hopkin from Campolindo; and Daniel Mone, Isabella Gonzalez and Ben Fromer from Acalanes.

They have received assignments in Chimborazo, a province located in the Andes Mountains of Ecuador; Cuenca, in the highlands of Ecuador; Cocle, a province of central Panama on the nation's southern coast; and Pérez Zeledón in Costa Rica.

Mone, a sophomore from Acalanes, described his proposed project in Cuenca: "For the first four weeks we'll be in Cuenca [a city of about 300,000] helping with agricultural sustainability, community gardens and food drives, and the other half of the time

in the rural mountain areas assisting with their agricultural needs."

Lucy Schaefer, the East Bay Chapter Training Director, says, "The Lamorinda kids were really an impressive group. They showed a genuine excitement in participating in the Amigos program and are up to the task of gaining new perspectives and becoming more comfortable in foreign situations, which will be much different from their previous sheltered world."

Schaefer, who graduated earlier this month from UC Berkeley with a double major in Spanish and International Relations, did stints in Panama and Costa Rica while a high school student in

Chicago, then became a project supervisor in the Nicaragua northern highlands in 2016 while a freshman at

Now, as director of the East Bay Chapter, she sees the mission of Amigos to encourage sustainable development and involvement of the community in the projects, while also providing a cultural immersion for the participants.

"Most of the benefit from the volunteers' experience will be for themselves," she says. She also noted that many lifelong friendships result from their experiences in the

Fromer, a junior, learned about the program through his Spanish class at Acalanes. He signed up for much the same reason as many others: "I saw an opportunity to learn about the world and see communities outside of our little bubble, and a chance to gain experience for college while also improving my Spanish."

At the ceremony in Newt Hollow, each of the volunteers received a cot that will travel with them, a plane ticket to their destination, and an Amigos polo shirt. Depending on the length of their assignment, they will leave anywhere from mid-June to mid-July.

Balfrey, a junior at Campolindo will be going to Panama. She is worried about leaving her family for so long, yet says, "I am so excited for what the summer will bring and I think it will be very good for me as a person to

In order to prepare for their summer projects, the volunteers went through intensive training sessions. But first they participated in the

annual Amigos fundraiser, selling grapefruit, coffee, and poinsettias. Each volunteer was asked to sell \$950 worth of product.

The volunteers met in Marin County for their first overnighter in early February, learning about communitybased initiatives and understanding multicultural and diversity issues.

In March, a daylong session covered health and safety training. Three health care workers, including Barb Wille, Jacqui Richter and Dr. Andy Sorenson, volunteered their time with various stations, such as necessary protocols, recognizing symptoms, and water purification.

Another session in April was devoted to teaching the volunteers to plan and organize activities – called Campa*mentos* – for the children in their communities.

A final Briones overnight retreat in May completed the volunteers' training, cementing the bonding of the participants. Both Fromer and Balfrey said that the favorite part of their training was meeting and getting to know people from so many parts of the Bay

Schaefer told the volunteers, "You'll have to deal with cultural adjustment, homesickness, and a cultural readjustment when you return. But you'll be heavily influenced by the experience and become more self aware."

For the local 11 high school students, the other members of the East Bay Chapter, and the hundreds of volunteers nationwide, we wish them a "¡Buen viaje!" for the summer, an enlightened experience, and a widened world view when they return.



THANK YOU FOR SUPPORTING LPIE

On Saturday, March 16th, parents and supporters from all over the community came together to help "power" LPIE's fundraising efforts. Because of businesses, parents, and community members, the LPIE Power Party event, Evening on the Green, was an overwhelming success.

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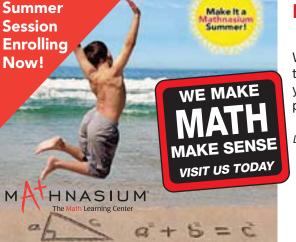
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A simple moment draws inspiration for inclusive new children's book



Local author reads her book

Photos provided

By Jennifer Wake

For many, certain events serve as inspiration for a life's work or for a creative endeavor. For local author and freelance writer Kara Navolio, the experience of living abroad during a foreign exchange trip to Madrid during high school and a return visit to the country in 2016 planted a seed in her mind: everybody can dance, whatever their abilities.

"I didn't immediately think of a kids' book, but the seed was there," said Navolio, who just published her book "Everybody Can Dance!" (Brandylane Publishers, Inc.) on May 28 and who will be doing a special story time and dance party at Bel and Bunna's Books at 4 p.m. Friday, June 7

During Navolio's foreign exchange trip, her Spanish "sister" Bela was taking Flamenco classes, and she occasionally went with her to watch. "I stayed in touch with the family over the years, but had never revisited Spain in all the years since 1980," Navolio explained. "Bela went on to become a professional Flamenco dancer. Fast-forward to 2016 when my Spanish 'mom' insisted that I return to Spain. It was a wonderful homecoming with her and three of her five children. Bela, now retired from professional dancing, invited my husband and me to come and see her students' dance performance. All of her students have Down syndrome, and when I saw their joy and her pride in them this idea that everybody has a need to express themselves and everybody can dance was planted in my mind."

To Navolio, dance, just like all art forms, is a way for people to come together. "You don't have to speak the same language or move in the same way, be trained or not, to understand each other," she said. "Dance shows us how we are more similar to each other than different. I wanted kids of all cultures, all shapes and sizes, and all abilities to see themselves in this book. I also wanted kids to see that others who look different share a similar joy in dancing, and that it can unite people."

The illustrations by Ruth-Mary Smith make Navolio's characters "so whimsical and fun, while staying true to the message of diversity and inclusion," said the author, while the rhyming text has a cadence that captures the movement throughout the book and its dance theme.

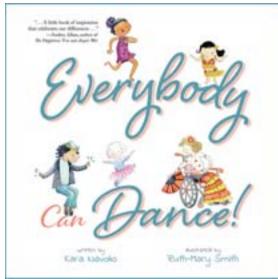
"Dance is something that unites people," Navolio said. "You don't have to take classes or be trained; everyone can do it. It's a wonderful way for kids to express themselves using their body instead of their words. Something about dancing brings joy. Also, my experience as the parent of a trained dancer is that dance gave my daughter a

strong sense of confidence. She is not afraid to speak in front of groups or be on stage. It was also a great way to stay fit and relieve stress as she got older."

Navolio hopes that the book will do its small part in making us all see that we are all more similar than different.



Kara Navolio



SMC presents 'Convergence' – thesis concerts by MFA in Dance Program students



Photo Jen Philips

Melisa Cervantes and Katie Ginn

Submitted by Lisa Tenorio

Graduating artists of the Saint Mary's College MFA in Dance program will present "Convergence," thesis concerts, on June 7-8 and 13-14 at Le Fevre Theatre and The Museum of Art on the college campus and June 15 at Montara State Beach.

"Convergence" underscores a kaleidoscope of perspectives on the human condition, including the trauma-healing processes, the interplay between internal and external expression, the embodiment of spiritual journeys, the rediscovery of our oceanic origins, and reinte-

grating our disparate cultural "selves." The MFA in Dance program at Saint Mary's College of California offers two distinct tracks of study – the MFA in Dance: Creative Practice and the MFA in Dance: Design and Production, which is the first program of its kind in the nation. Students in the MFA in Dance program span multiple generations and come from all over the world to study in the San Francisco Bay area, home of one of the largest dance

communities in the United States. The Saint Mary's College of California experience inspires learning that lasts a lifetime. For more than 150 years, the College has provided students with a rigorous education that engages their intellect and spirit, and awakens a desire to transform society. Guided by the Christian Brothers, the Catholic Church's oldest order dedicated exclusively to teaching, the College enrolls more than 4,200 students in undergraduate and graduate liberal arts and business programs. For more information about SMC, visit stmarys-ca.edu.

Ticket link and more information: https://www.stmarys-ca.edu/mfa-in-dance/performance

Family Focus

Parental anxiety

By Margie Ryerson, MFT

The recent news about some wealthy parents making unethical and illegal decisions to ensure their children would gain admission to a top college reflects in part the extent of parental anxiety in our competitive society. Most parents would not break the law to help their kids succeed like this. But setting this type of extreme behavior aside, many in this day and age are experiencing extreme anxiety about their parenting and their children's wellbeing. Being responsible for children who are so dependent upon them can trigger unanticipated feelings and reactions.

Natalie, a married mother of two boys, ages 6 and 2, had a high level of anxiety over keeping her children safe. She had difficulty taking her children to parks and public areas for fear of germs and kidnapping. Natalie refused to hire a babysitter so she and her husband could have alone time together. She described the huge pressure she felt to safeguard her children and to always be a wonderful and protective parent. When it was time to send her older son to kindergarten, she thought seriously about home schooling, but wanted to make a decision that was not based on fear and worry.

Natalie grew up in a loving family in a small community where she felt nurtured and secure. She had never experienced this type of debilitating anxiety before she had children. There was no history of extreme anxiety in her family. In working with Natalie we looked at many factors: her shaky confidence in herself as a parent, her distrust of others, her heightened fears each time she heard about a tragedy involving a child, and her tendency to be obsessive-compulsive. Over time, we were able to help Natalie overcome many of her fears on a step-by-step basis through cognitive therapy, which gently challenges existing belief systems. When she saw that she could master challenges like leaving her children for just a few hours at first with a highly recommended babysitter, Natalie grew more confident that she could continue to tackle roadblocks that were sabotaging not only her happiness, but her family's as well.

Most parents are lower on the anxiety continuum than Natalie. But many have worries and anxieties that interfere with their sense of happiness and well-being. Almost every parent I work with expresses concerns for his or her child, even if the child is currently doing well. They worry about future issues that could arise or they compare them to other kids who are doing better

in school or in sports.

In this era of social media and 24hour news, stories spread quickly that can easily arouse anxiety. We all see how the proportion of tragic or disturbing news to positive news has increased significantly these past decades. Constant exposure to trauma can derail our ability to cope healthily and interfere with our ability to return to a relaxed state. Stress hormones such as cortisol and adrenaline are released in continuous streams, resulting in heightened stress, anxiety, and/or pessimism.

When parents experience this kind of shock to the system, the tendency is to want to protect themselves and their loved ones, and to control all that they can. If they can't trust the world we live in, they try that much harder to ensure that their children will be safe and able to thrive.

The result of this escalation of anxiety among parents unfortunately can filter down to our children. The incidence of child and teen anxiety and depression is higher now than in past generations. When children look to their parents for ways to behave and handle situations, they need calm guidance that comes from a place of confidence and strength.

Emotions of those close to us can be contagious, even if not directly expressed. We absorb the sadness or anxiety of our loved ones, and it is hard to shake off. We know that dogs pick up on emotional states of their owners, and children, of course, can be even more susceptible to our moods.

When you are in a social setting with other parents who express anxiety about whether their children will do well on their high school final exams or SATs, or get into a college they want to attend, it is possible that you will become more anxious after listening to them, especially if you have a child in the same situation. Once a potential problem is implanted in our minds, it can be hard to dismiss.

In order to be the best parent you can be, it is important to address any anxiety or depression you may experience. Taking an active approach can be beneficial. You can limit your exposure to the news and social media. You can avoid prolonged anxiety-producing sessions with friends by changing the subject after a while. We all need our venting time with friends, but you want to set some limits. Or, alternatively, you can suggest doing fun activities together. Many self-help strategies can help: Massage, yoga, exercise, healthy eating, getting enough rest, and having a good social network are all proven stress-relievers. In addition, finding distracting pleasures such as reading uplifting articles and books and watching entertaining movies and television shows can provide relief.

But if you are struggling and nothing is working, it is important to get professional help for yourself. You deserve to be able to reduce and manage anxiety and stress, and your family will benefit as well.



Margie Ryerson, MFT, is a local marriage and family therapist. Contact her at 925 376-9323 or margierye@yahoo.com. She is the author of "Treat Your Partner Like a Dog: How to Breed a Better Relationship" and "Appetite for Life: Inspiring Stories of Recovery from Anorexia, Bulimia, and Compulsive Overeating."

All smiles on LP third-grade field trip



Photo provided

Submitted by Lindsay Garrity

During the annual Moraga History Field Trip on May 8, Los Perales Elementary School third-grade students met up with the owner of the historical Moraga ranch, Joan Bruzzone, who shared some of the personal stories

behind the property with the students, teachers and chaperones. Bruzzone, center, is shown here with a few of those students after they engaged in a quaint conversation with her. From left: Hannah Buchman (partly cut off picture on left), Ailie Hall, Ethan Luo, Ellie Cook, Conner Jaeger, Bodhi Harris, Joan Bruzzone, Simran Datta, Kian Malekafzali and Drew Davis.

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Barry Balamuth



arry Balamuth, 73, died Saturday, May 4, **b** 2019 at his home surrounded by loved ones following long-term, cascading illnesses.

He leaves his high school sweetheart and wife of 51 years, Kath (Siefert) Balamuth; his daughter Kelly Balamuth and her husband, Bryan Kemler; his daughter Brett Anne Balamuth; his sister Barbara Andrews, her husband Lyle, two children Heather and Brian; three grandchildren; and many friends.

Barry grew up in Berkeley, attending Thousand Oaks, Garfield, and Berkeley High. He was an alumnus of UC Davis and UC Berkeley. He

earned scholastic honors, including the Order of the Coif and The Thursten Honors Society, during his attendance at UC Hastings School of the Law, from which he received his J.D. degree in 1971.

Barry had a passion for justice and practiced trial law as a consumer attorney for 48 years. Over the course of his career, he helped thousands of clients with tenacity, grace, and a high level of success. He served on the board of directors of the Alameda-Contra Costa Trial Lawyers Association for 25 years and was a proud member of the Consumer Attorneys of California. He was also a bar member of the U.S. Supreme Court. The latter quarter of his career, he formed a law firm with his daughter Kelly, which continues under her stewardship.

Barry was a member of the Orinda Country Club for over 20 years, serving on numerous committees and as chairperson for the Seniors for two years. He was an avid softball player, tennis player, golfer, and gambler. Barry loved "the action."

In lieu of flowers, donations may be made to Barry's favorite charity, the Contra Costa County Food Bank. A celebration of life will be held on July 28 from 10 a.m. to 1 p.m. at the Orinda Community Center. If you would like to attend, please RSVP to ksiefert1946@gmail.com.

Edward Hazarabedian

June 7, 1958 – February 23, 2019

Resident of Moraga



Ed Hazarabedian passed away suddenly from complications of the pancreatic cancer he'd been diagnosed with just 11 days earlier. Thankfully, his pain was brief – only a few hours

- but ours is lasting and immeasurable. Ed was raised in Albany, California and graduated from Albany High in 1976, where he was a violinist and concertmaster of the school orchestra, an officer in the service organization DeMolay, and a member of Boy Scout Troop 12, earning the Eagle Scout rank.

He received his BS degree in Statistics from

the University of California, Berkeley, in 1982, having also attended Robert Gordon's Institute of Technology in Aberdeen, Scotland when his family was living there. While at Cal, Ed was a member of the UC Rally Committee, an organization committed to the perpetuation of the spirit and traditions of the University of California, and was an active alumnus, assisting with the Cal Band's pre-game pyrotechnic display at Memorial Stadium for many years up until his passing. He enjoyed cheering on the Bears with the same Rally Committee alumni friends – some going back to the '70s – in their section at Memorial Stadium each fall. He was a true Golden Bear.

Ed's professional life was as an account executive with various tech companies in the Bay Area, but he also gave his time to the community as a coach to many of his children's sports teams and as an Assistant Scoutmaster in Boy Scout Troop 234. Sunday mornings were always spent playing pick-up basketball with his friends at Oakwood Athletic Club.

Ed leaves behind his wife of 31 years, Bonnie, his son, Zack, and daughter, Callie. Also surviving him are his father, Shavarsh, his brother, Greg (June), niece, Laura King, and nephew, Michael Sokalski. He was preceded in death by his mother, Lala.

He requested "A party... a BIG party" instead of a funeral, so all who knew Ed are invited to his Celebration of Life on Sunday, June 9 at the Oak Hill Park Ballroom, 3005 Stone Valley Road in Danville; program at 1 p.m. and refreshments to follow. Requested attire is casual and colorful (Cal Blue and Gold, aloha shirts,

Please RSVP to EdHazCelebration2019@gmail.com.

Moraga Junior Women's Club makes sizable donation to New Day for Children



Photo Vera Kochan

New Day for Children representatives receive donation from Moraga Junior Women's Club members May 16

By Vera Kochan

At their end-of-year meeting at the Hacienda de las Flores on May 16 the Moraga Junior Women's Club presented a donation check in the amount of \$25,000 to New Day for Children, an organization dedicated to restoring the lives of American girls who have been rescued from sex trafficking.

The funds were raised through MJWC's fourth annual Hometown Hoedown held last February. While making the presentation to New Day, club president Jennifer McCollum stated, "It's been a pleasure to get to know your organization and bring to the attention of our community the thousands of kids sold for trafficking."

New Day's representatives, Executive Director Sharon and Primary Spokesperson Kathy (their last names are omitted for security purposes), were overcome by the size of the donation. They stated, "Two-thirds of the kids are from California and the other one-third are from other parts of the United States."

This year marks the 10th anniversary since New Day first opened its doors to help girls aged 10-18 recover their stolen childhoods. With an 80 percent success rate, this approach comes in the form of safe housing, education, character development and therapy. Kathy said, "People assume that sex trafficking is a crime only against girls, but 50 percent are crimes against boys as well."

According to New Day, "Child sex trafficking has no socio-economic, racial or cultural boundaries; every

two minutes a child is sold in the U.S. for sex; there's a four to seven year life expectancy; trafficking of minor girls is the fastest growing crime in the U.S.; one out of five children will be sexually abused by the time they reach adulthood; we have served girls as young as 11 years old, some having been trafficked since age 6 or 7."

MJWC has 47 active members who devote their time and energy to philanthropic work such as Meals on Wheels deliveries, making goodie bags for patients at Children's Hospital and delivering comfort pillows to women recovering from breast cancer. Mc-Collum explained, "To select our featured beneficiary, we compile a list of potential beneficiaries through member submissions or direct requests from organizations themselves. The club members vote, and then the top three are invited in to speak to members directly, make a brief presentation and answer questions." Their annual Spring Egg Hunt proceeds benefit local organizations, schools, parks and recreation programming or the library.

January will mark the club's 50th anniversary and while things slow down for the summer they will have recruitment booths at various summer concerts with information for anyone interested in learning more about MJWC. For more information send an email to info@moragajuniors.org or visit

www.moragajuniors.org. New Day for Children is celebrating its 10th anniversary at Hacienda de las Flores on Sunday, Sept. 22. For

details, visit www.newdayforchildren.com.

Three local Girl Scouts help seniors navigate technology



Photo provided

Scouts Hanna Hageboeck, Isabella Aris-Dumas, and Sierra Lashinsky at Carlton Senior Living Facility in Pleasant Hill during the 2018 holiday break.

Submitted by Dolorez Dumas-Aris

Lafayette Girl Scouts Isabella Aris-Dumas, Hanna Hageboeck and Sierra Lashinsky – members of Girl Scout Troop No. 32986—will be recognized by Girl Scouts of Northern California and receive their Silver Award pins and certificates this June. This award gives girls the chance to practice their leadership skills and make their community better in the process.

For their Silver Award project, the girls both recognized and empathized with the first-hand challenges that seniors encounter as they struggle to navigate the challenges of today's high tech driven society. They met with business leaders and experts in both the nonprofit and for-profit senior care industry, and with the help of their advisors, developed a class curriculum to help teach seniors the iPhone basics. In order to ensure that their students would have a concrete "take away" and that their teaching would be sustainable, the girls also created a teaching booklet to share with their students and arranged for a local printing business to donate the printing cost.

The three Scouts hosted their first

iPhone class for seniors at the Lafayette-Orinda Presbyterian Church in Lafayette and have met with sixthand seventh-grade local troops to share the curriculum and contacts for another troop to carry on as Girl Scout Troop No. 32986's Learning Legacy. These Girl Scouts will package up their soft and hard files and train a troop (or small sub-group) to administer the curriculum and conduct their own classes when they're in the eighth

"There's a stereotype out there that young people are not interested in anything other than themselves. These Girl Scouts prove that stereotype wrong," said elder law attorney Kathryn Schofield.

As a part of their Learning Legacy Promise, the Girl Scouts are targeting six local senior centers in the community, and thanks to the donation by Minuteman Press, they'll have a supply of their "iPhone Basics & Beyond" booklets printed to share at these centers. In the back of the booklet will be the Troop email address so if there's anyone out there that needs iPhone assistance, the Girl Scouts can address that need

The Scouts will bridge at Disneyland at the bridge of Cinderella's castle in June.

~ Celebrations ~

Orinda resident graduates from the prestigious U.S. Coast Guard Academy with honors



First Class A. Stanton Raymond, from Orinda, graduated from the Coast Guard Academy, May 22 with a Bachelor of Science in Mechanical Engineering and a commission as a U.S. Coast Guard

Raymond, who is scheduled to serve aboard the U.S. Coast Guard Cutter Resolute out of St. Petersburg, Fla., is the president of the Compañeros Club and played Rugby while at the Academy.

"To achieve ones dreams it takes hard work and perseverance. It also takes the help from god, family, and a few good friends," Raymond said. "The journey through the academy was long, challenging, and at times unforgiving. However, as I come close to the end of one chapter,

another is soon to begin. Go bears and 'Semper Paratus.'"
Raymond is a 2013 graduate of Miramonte High School and is the son of
Alberto and Patricia Raymond of Orinda. His sister Myriah is also a Miramonte
graduate and a soon to be law school student.

The U.S. Coast Guard Academy, one of the nation's five federal service academies, is located on the west bank of the Thames River. Each year, the Academy graduates about 200 newly commissioned officers to lead the smallest branch of all the U.S. Armed Forces.

Share Your Celebrations and Remembrances

If you would like to share an announcement about a special event or achievement, such as a wedding, engagement, scholarship or graduation of a local resident, or about a special person from Lamorinda who has passed, send a photo along with your text (up to 250 words) to storydesk@lamorindaweekly.com, and include "Celebrations and Remembrances" in the subject line.

~ Celebrations ~

Campolindo alumnae named BYU valedictorian



Submitted by Stacy S. Ashby

Katherine Elisabeth Christensen walked across the stage at Brigham Young University, in Provo, Utah April 26 to receive a B.S. in psychology. At this time, she was named Valedictorian for the Psychology Department of BYU's College of Family, Home and Social Sciences. Katherine is the oldest daughter of Steve and Chris Christensen and grew up in Moraga, graduating from Campolindo High School in 2015.

While a student,
Katherine worked at as a
teaching assistant for various
psychology professors and as
a research lab manager. Her
work resulted in articles,
presentations and posters,
for which she won the
prestigious Staples
Mentorship Award and
placed first at the Mary Lou

Fulton Mentored Research Conference. Membership to both Phi Kappa Phi and Psi Chi honor fraternities and the International Honor Society in Psychology are among her academic honors. She also served as support group facilitator and co-president of BYU's chapter of the National Alliance on Mental Illness (NAMI).

Being of service fuels Katherine's passions and she feels that the support of her loving family, amazing friends and inspirational teachers have contributed greatly to her success. Studies continue this fall, as Katherine begins a PsyD program in clinical Psychology at both Palo Alto and Stanford Universities.

Camino Pablo wins the 28th annual Moraga Rotary Field Day

www.lamorindaweekly.com



The winning third-grade boys relay team, from Cheralyn Faber's class at Camino Pablo, from left: Riley Schnurr, Justin Pablo, Dylan Hamilton, and Brayden Holtmeier.

Photos Gary Irwin



LAMORINDA WEEKLY

The winning third-grade girls relay team from Margrethe Ramirez's class at Los Perales, L to R: Sophia Hong, Ailie Hall, Amelia Knutson, and Ella Kaufman.

Submitted by Gary Irwin

Camino Pablo Elementary School athletes won the 28th Annual Moraga Rotary Field Day held Wednesday, May 8 at Joaquin Moraga Intermediate School. Camino Pablo has won five of the last six Field Days. Camino Pablo athletes' medal point count was 117, followed by Los Perales with 76 points, Rheem with 72, and Saklan with 5.

The event is a free track and field event open to third-, fourth-, and fifth-graders in Moraga schools, which is often their first experience with such an event. The events

consist of sprints, relays, steeplechase, sack race, baseball throw, long jump, and basketball throw. More than 260 athletes participated this year, down from 345 athletes last year, and Camino Pablo fielded 45 percent of their eligible students. Gold, silver, and bronze medals were awarded to the top three contestants in each event. All participants were eligible for a participant ribbon if they de-

The High Point Boy was Chase Nickens, a third-grader in Jennifer Johnson's class at Rheem, who won three Gold and one Silver medal for 18 points. The High Point Girl

was Olivia Metz, a fifth-grader in Clare Fallon's class at Camino Pablo, who won one Gold, one Silver, and two Bronze medals for 10 points. The teacher whose students accumulated the most medal points, 23, was Johnette Rhoden, a fourth-grade teacher at Los Perales. These students, their parents, and teachers will be guests at a meeting of Moraga Rotary where they and Camino Pablo Elementary School will receive engraved plaques to recognize their accomplishments.

For the sixth year, the Field Day had the assistance of many of the men and women from the Saint Mary's College

basketball teams. The Gael athletes conducted the basketball throw event, and also helped officiate and judge the sprints, relays, sack races, and the steeplechase. Boy Scouts from Troop 246, sponsored by Moraga Rotary, helped with some of the field events.

The Field Day chairman, Rotarian Tony Schoemehl, gave a huge thank you to all the teachers who encouraged their students to participate, and to the coaches and athletes of Saint Mary's College who helped conduct the events. He also thanks the parents who helped direct the children to the various events and helped with the field

events, and to the Boy Scouts of Troop 246 for their assistance. The students were very well behaved, and were enthusiastic in their support for each other and for their schools. "All who participated were winners in our eyes," Schoemehl said.

Rotary Club of Moraga is a local service club within Rotary International, one of about 33,000 Rotary Clubs in about 200 countries. Regular meetings are held on most Tuesdays at Moraga Country Club. For further information, please call Frank May at (925) 376-8195, or check out moragarotary.org.

Scrumptious salad offers perfect combination of sweet and savory



This salad features fresh and dried fruits, as well as spiced nuts and blue cheese.

By Susie Iventosch

This is a really fun salad to serve because people love the surprise combination of fresh and dried fruits along with avocado, spiced nuts and blue cheese. Butter lettuce is a great foil for these ingredients, because it's very light and tender, while the rest of the ingredients are rich and robust. The fresh raspberries in the dressing add the extra zing of sweet and tangy to make the salad pop. It goes especially well with short ribs or barbecued meats such as lamb or steak, but if you add bite-sized pieces of chicken or honey-roasted turkey, it makes a terrific luncheon salad.

I used to make it with d'Anjou pears, but they are so difficult to find at

This recipe can be found on our website:

(925) 377-0977.

Susie can be reached at suziventosch@gmail.com.

recipe with Susie please contact her by email or call our office at

just the perfect ripeness. Recently, I learned a great tip from my niece's husband, Noah Jacob, who owns Comestible Catering, a Bay Area catering company. (He also makes amazing short ribs and rack of lamb ... perhaps a future column.) He includes Asian pears in some of his salads, and they are so easy to use because they're supposed to be served slightly crunchy, which means they are almost always perfectly ripe. You can usually identify them in the produce section because

they are often protected in white cushion mesh netting to prevent bruising.



Butter Lettuce Salad with Asian Pear, Dried Cranberries, Candied Pecans, Avocado, Blue Cheese and Raspberry Vinaigrette (Serves 6-8 as a side salad)

2 heads butter lettuce, washed and torn into pieces

1 Asian pear, cored and cut into bite-sized pieces or thinly sliced (keep skin

½ cup dried cranberries

- 1 avocado, cut into bite-sized pieces
- ½ cup candied pecans or walnuts (recipe below) ½ cup crumbled blue cheese
- 1 recipe raspberry vinaigrette (recipe below)
- Toss all together gently and serve.

Spiced Nuts

(Makes 1 cup)

- 1 cup pecan and/or walnut halves
- 2 tablespoons olive oil
- 2 tablespoons granulated sugar
- ¼ teaspoon cinnamon
- ¼ teaspoon cardamom
- ¼ teaspoon cumin powder

½ teaspoon sea salt

Heat oil over medium-high heat in a large skillet. Add nuts and cook until beginning to brown, tossing all the while to prevent them from burning. (Do not walk away from the stove, or you will burn the nuts! I've done it too many times to count.) Reduce heat and sprinkle sugar over the nuts and toss until sugar is melted. Remove from heat and sprinkle spices and salt evenly over the nuts. Toss with a spoon to ensure distribution. Cool and store in an airtight container until ready to use.

*You may want to double or triple this recipe, as they are wonderful for snacking or sprinkling over cheese spreads to go with crackers for an hors

Raspberry Vinaigrette

(Makes 1 ½ cups)

- 8 large raspberries, smashed with a fork (approximately 3 tablespoons)
 - ¼ cup red wine vinegar
 - ¼ cup rice vinegar 1 cup olive oil
 - ¼ tsp. garlic powder
 - ½ tsp. dried thyme ½ tsp dried oregano
- Salt and pepper to taste

Place all ingredients in a jar with a tight-fitting lid. Shake well. Refrigerate until ready to use.

You can find most of the recipes published in the Lamorinda Weekly on our website. Food tab: www.lamorindaweekly.com/html2/food1.html

CP Cares makes an impact throughout the year



Submitted by Cathy Harrison

As part of CP Cares, Camino Pablo Elementary School students provided a Sunday Lunch Meal Service at St. Mary's Center in Oakland for 40-70 low-income seniors (organized by CP PTA) on Sunday, May 12, Mother's

Other activities throughout the year included making marmalade to preserve the fresh fruit for future shelter meal service projects from donated lemons, processing vegetables for freezing for future shelter meal service projects, participating in the Lafayette Reservoir Cleanup Day, and volunteering to hand out food to low-income residents. Volunteers also packed a "Vet Bag" for injured vets.



Photos provided

Not to be missed



Not to be missed



Not to be missed



ART

Lamorinda Arts Council presents "Arts Affair," the second annual fundraiser from 5 to 8 p.m. on May 29. The event takes place at the Orinda Library Auditorium and surrounding rooms at 28 Orinda Way, Orinda. "Arts Affair" is an extravaganza that showcases a variety of art programs that the Lamorinda Arts Council and their Arts Partners bring to the community. Celebrate with board members past, present and future. The Moraga Art Gallery's new Standard Tickets: \$25. More Info: https://lamorindaarts.org/artsaffair.

The current exhibit at the Art Gallery at the Orinda Library includes Bill Carmel paintings, Arno Kober paintings, Kate Chenok ceramics, Kim Wolfe wood turning, and Ellis Sjoberg wood working through May 31. Hours are Monday to Thursday 10 a.m. to 8 p.m., Friday and Saturday 10 a.m. to 6 p.m., and Sunday 1 p.m. to 5 p.m. at 23 Orinda Way.

Lamorinda Art Alliance announces "A Warm Palette" June 3-

27 at the Lindsay Dirkx Brown Gallery, 12501 Alcosta Blvd., San Ramon. Member artists dazzle with the warm colors of the season: yellows, oranges, reds and pinks. Other colors were always welcome, however; we were looking for the "warmest palette". The reception will be held from 3 to 5 p.m. on Saturday, June 8. Visit with the artists, and enjoy appetizers and beverages while you browse our artwork.

show running June 5 through Aug. 10 will feature the work of Lafayette artist-photographer Lucy Beck, who "paints" floral portraits with light to show the astonishing variety of colors and shapes of small flowers in our gardens, fields and woodlands, and guest artist, Oakland ceramicist Tomoko Jarrell, who specializes in the design and creation simple, comely, Japanese-inspired functional and decorative vases, cups, bowls, and more. The public is invited to an opening reception from 5-7 p.m. Saturday, June 8. Come to meet the artists, sip a glass of wine, and enjoy light

snacks accompanied by live music at 522 Center Street, Rheem Shopping Center, in Moraga. For hours and more information visit www.moragaartgallery.com, call (925)376-5407.

MUSIC

Stanley Middle School presents Jazz Cafe from 6 to 10 p.m. on Friday, May 31 in the Stanley multiuse room. This is a collaborative performance of jazz student musicians from Stanley, Campolindo and Acalanes. Support the fundraising efforts of the Stanley Middle School jazz program and enjoy a memorable evening of music. Food, raffles and silent auction also available. Single tickets: reserved \$20 (all ages); unreserved (at the door; cash only) up to \$15. Donations encouraged. Info: stanleymusic.org/jazz-cafe.

Cantare Con Vivo closes the season with adult and children's choirs on stage, commemorating the 20th Anniversary of our Chorale and the Children's choral programs at 7:30 p.m. Saturday, June 1 at Lafayette-Orinda Presbyterian Church 49 Knox Dr., Lafayette. The concert will include a variety of American music, including contemporary, classical, folk, popular, and show tunes, in addition to spirituals and patriotic selections. Titles include Ol' Man River, You'll Never Walk Alone, Not One Sparrow, Angel Band, Water Night, Please Stay, Seasons of Love, and many others. Tickets: General \$27.50, Senior \$22, \$10 Student. Tickets available at the door or online: https://cantareconvivo.secure.

a0F0B00000J5pLuUAJ Lafayette's Rock the Plaza series, now in its 14th season, takes place from 6:30 to 8:30 p.m. Friday nights in June at Lafayette's Plaza Park at the corner of Mt. Diablo Boulevard and Moraga Road. This

summer, the special artist alley

City Swampers; June 14: Zebop!

will open at 5:30 p.m. June 7: Fog

force.com/ticket#sections_

California Shakespeare Theater presents its summer concert series, Echoes at the Bruns Amphitheater. The first concert will take place at 5:30 p.m. on Satur-

day, June 22 with headliners Thao & the Get Down Stay Down and Sudan Archives. Tickets: \$30 General Admission; calshakes.org/echoes. The show is open to all ages and is ADA accessible.

Java & Jazz series will feature performer, producer, arranger, educator, composer and author Frank Dorritie who will share behind the scenes stories about recording sessions, the evolution of the industry and host a listening party with music from his private collection from 10 a.m. to 12 noon on Saturday June 22 at the Concord Historical Society. Enjoy coffee, pastries and a morning filled with all things jazz. \$5 tickets. See https://concordhistorical.org for details.

Women Sing Summer Ventures Concert at 8 p.m. Wednesday, June 5 at Saint Andrew's Presbyterian Church 1601 Mary Dr, Pleasant Hill. Journey over a musical landscape both playful and serene from the sonority of Arabic chant and Bulgarian folk song through the uplifting rhythms of African American spirituals to the lush settings of traditional poems and sacred texts. Tickets: https://summerventurespleasanthill.brownpapertickets.com. Ages 30 and under \$10; General: \$28; WomenSing Supporter \$40.

Moraga Commons Park Summer Concerts from 6:30 to 8:30 p.m. Thursday evenings in the summer. June 13 features the dance party band Retroactive and June 20 will showcase the classic rock band 3 Day Weekend. Join your neighbors for a relaxing free concert. Bring your picnic blanket or lawn chairs to the grassy hillside in front of the band shell. Enjoy the music while your children enjoy the park. The volunteers of Moraga Park Foundation cook food with the Snack Bar opening at 6 p.m.

THEATER

California Shakespeare Theater opens its 2019 summer season with "A Midsummer Night's Dream" by William Shakespeare, playing through June 16 at the Bruns Amphitheater in Orinda. The season launches with A Pay What You Can performance on Wednesday, May 22. Tickets will be available starting at 10 a.m. on the day of each show through TodayTix (todaytix.com) and the Cal Shakes Box Office (calshakes.org

or 510.548.9666).

Saint Mary's College MFA in Dance Program presents Convergence, premiering thesis concerts at 7 p.m. Thursday, June 13 and Friday, June 14 at Saint Mary's College of California campus, LeFevre Theatre, 1928 St. Mary's Road, Moraga. A 2 p.m. showing will be on Saturday, June 8. Convergence offers a kaleidoscope of perspectives on the human condition expressed in movement, theatre, music, poetry and design. Ticket link and more information: https://www.stmarys-ca.edu/ mfa-in-dance/performance

Lectures

"Making Political Art: Expres**sion** of a Movement" brings together renowned Bay Area artist activists in a panel discussion, moderated by Oakland-based art critic Jeff Kelley from 6 to 8 p.m. Wednesday, June 5 at The Crown: Royal Coffee Lab & Tasting Room, Oakland's Uptown District, 2523 Broadway. In this first speaker event of Oakland Art Murmur's new series, we ask important questions about the confluence of art and politics, such as How do deep divisions in our political scene affect the way we view art today? and Should we perceive political art differently; and if so, through what lens? Limited Tickets: In advance \$15/per person; \$20/per person at the door, subject to availability. Information/ticket purchase https://oaklandartmurmur.org/

speakart/

... continued on next Page

Lamorinda's Religious Services

St. Anselm's Episcopal Church A Loving Community

Sunday Services: 8 and 10 AM

In-church Youth Zone, 10 AM Nursery Childcare 682 Michael Lane, Lafayette, 284-7420, www.stanselms.ws

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www.christianscienceorinda.org

433 Moraga Way, Orinda, 254-3422 www.holyshepherd.org

Holy Shepherd Lutheran Church



9:30 a.m. Congregational Worship 10:30 a.m. Coffee Fellowship in the Center for Ministry visit http://www.holyshepherd.org for more details



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Sunday Service 10:45 am

An iconoclastic romp with Shakespeare: 'A Midsummer Night's Dream'



Photo Kevin Berne

Annie Wordon, Anthony Fusco, Jenny Nelson, Jerrie Johnson, Amber Chardae Robinson, Kevin Kemp, Dean Linnard

By Sophie Braccini

Who says that Shakespeare's plays were elitist and hard to access? Shakespeare wrote for all the classes of the society of his day, with language that included sophisticated poetic stances as well as puns; after all, he needed to fill up a theater that included seats for the commoners. He wrote at a time when language was still fluid and he invented many words (up to 1,700 in all of this plays). It is in this vein of accessibility and contemporary creativity that Tyne Rafaeli led the 2019 production of "A Midsummer Night Dream" in Orinda: true to the spirit of a popular Shakespeare, the dynamic and entertaining production warms the heart and ignites the audience's imagination, in spite of the

the Bruns.

Entering the space of the outdoor amphitheater in the hills, the audience discovers a massive cube about three stories high on stage. Puck comes out of one of the many doors/windows that will open and close during the performance. The mischievous and quick-witted spirit that sets so many events in motion in the play zooms through space with grace and agility and the tone of the play is set: imagination and magic will predominate the unfolding of each scene.

"A Midsummer Night Dream" was written by a young Shakespeare on the heels of "Romeo and Juliet." Here again, young love is confronted to the intransigence of the older generation, but here we are in a comedy, meaning that all will end well. The 17th century

Garden. Contact Libby Eppinga at

leppinga@cancersupport.net or

Alzheimer's Association to host

The Longest Day Event: Sunrise

Stroll to End Alzheimer's Disease

from 8 to 10 a.m. on Friday, June

Longest Day is held annually on

of this sunrise-to-sunset event

symbolizes the challenging jour-

ney that so many living with the

disease and their caregivers are

asked to endure. Walk around

Lafayette Reservoir followed by a

picnic. Water, snacks, and brunch

provided. Recommended \$10 do-

https://tinyurl.com/sunrisestroll

Bauer-Kahan hosts a free Lamor-

7:30 p.m. on June 27 in the Campo

HS multi-purpose room. Receive

updates on the new North Orinda

Fuel Break, learn how to use the

Community Warning System in

case of wildfire or other emergen-

cies, and get tips on preparing for

the upcoming fire season. RSVP:

Assemblymember Rebecca

inda Fire Prevention and Pre-

paredness Workshop from 6 to

nation. Event Page:

the summer solstice; the duration

21 at the Lafayette Reservoir, 3849 Mount Diablo Blvd Lafayette. The

(925) 953-1216 for more

information.

playwright sets his story in Athens, giving the playwright the possibility to add magical characters to the play that will influence the destiny of men at

Two sets of young people escape into the woods in search of love and freedom. There, nature reigns and Athens' socializing rules are gone. Anything can happen, and Shakespeare takes that opportunity to explore the randomness of who one falls in love with, the effect of letting the most basic instinct turn people into animals, and the potentially wild nature of women, who were still considered second class citizens at the time. There are many aspects of feminism in this play that Rafaeli takes great pleasure in highlighting.

The director also manages to insert the issue of skin color

founded the first farm workers

unions with Cesar Chavez in 1965.

'exuberantly inspiring . . . makes

you want to march and dance.'

Cost: Free, no RSVP needed. For

more info see http://www.diversi-

tyfilmseries.org or call (510) 599-

Julie@diversityfilmseries.org.

Not to be missed

9227 or email

in the Shakespearean equation. Marcel Spears, casted as Bottom, is a well-known, quite funny actor (known for his role in the CBS TV comedy "The Neighborhood") who dominates the stage, especially toward the end of the play, with his remarkable comedic qualities. The casting of such a popular actor leads to a bit of unbalance in this production, however. The classic interpretation of the Dream underscores the coarseness of the workmen, but with Bottom as one of them, the light and beautiful world of the fairies is opposed. Rafaeli in this production puts them all into the same weird basket. It makes for more laughs and may be more in tune with our times where being "popular" comes first, but poetry suffers as a result.

Kudos to scenic designer Nina Ball and the invention of the scenic cube. It looks massive and distracting taking most of the stage before the play starts, but the minute actors come in and out of it, appear in windows

on the upper floor, and it gets opened in the middle, the cube adds fluidity and depth to the movements of the play. The costumes by Asta Bennie Hostetter are also very creative and daring, especially for the queen(s) -Hyppolita and Titania – played by Jerrie Johnson, a magnificent actress; and Bottom, who gets transformed into the most loveable donkey. All the actors add significantly to the comedic impact of the play: Robyn Kerr as Puck, Rami Margron as Theseus and Oberon, and Jenny Nelson, who goes from a touching Hermia to a hilarious member of the workers' team, to name a

This very approachable and funny interpretation of the Dream should not be missed. It will be on stage at the Bruns Amphitheater close to the Caldecott Tunnel until June 16. Pack a picnic and have dinner on the wood tables set in the grove before the play to complete the experience. For more information, visit www.calshakes.com.

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Service Clubs Announcements

Lafayette Rotary Club

Step in on a Thursday and join us for our lunch meeting. Thursday at noon Oakwood Athletic Club, 4000 Mt. Diablo Blvd., Lafayette.

June 6:

Wendy Reynolds Attorney Drunk drivers and the need for people to have trusts.

June 13: Vernon Robinson Founder of Wardrobe for Opportunity

www.rotarylafayette.org www.facebook.com/Rotary-Club-of-Lafayette-CA





JUNE WEEKLY MEETINGS 7: Mark Cohen speaks on the Squashdrive

14: Captain Dennis James discusses the Boeing 737 Max situation

21: Dr. Julita Baker on The Beauty of our Microbiome

28: Member Story: Rolf Jourgensen

Breakfast, Friday 7:00 a.m. The Lafayette Park Hotel & Spa, 3287 Mt. Diablo Blvd., Lafayette, CA www.lamorindasunrise.com

SENIORS

HOPE: Homeownership Protec**tion** for Elders with Victoria Snyder and Jessica Neugebauer, Contra Costa Senior Legal Services (CCSLS) from 10:30 a.m. to noon on June 23 in the Sequoia Room, Lafayette Community Center. You will learn about tools and techniques to protect your home and its equity; why it is important to file your homestead declaration; and how you might qualify for a property tax postponement. To reserve your spot contact Lafayette Senior Services: Seniors@Love-Lafayette.org or 284-5050. Members: Free; Non-Members: \$10

GARDEN

The Lafayette Community Garden and Outdoor Learning Center presents Saving Water in Your Landscape by Contra Costa County Master Gardener Roxy Wolosenko from noon to 1:30 p.m. on June 1. CCMG's Roxy Wolosenko will expertly guide the audience through a variety of practices that can help homeowners conserve water in their landscape. Learn about irrigation methods, plant selection and placement, water gardening and rainwater harvesting. Participants will also receive hands-on practice using irrigation components. Register online at www.lafayettecommunitygarden.org. Free.

Lafayette Community Garden and Outdoor Learning Center presents a discussion and brief walknoon to 1:30 p.m. on June 22. To register for the class visit

www.lafayettecommunitygarden.org. Free.

ing tour highlighting Our Wonderful Native Plants, Presented by Susan Agnew and Janet Thomas from

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Not to be missed 🔷 **OTHER**

sometimes very cool weather at

The North Orinda Fire Break is one of the highest priority projects in California. Lamorida Village is sponsoring a presentation at 1 p.m. on May 31 at LOPC. Jerry Kent, former Assistant General Manager of Operations of the Park District, will talk about the history of East Bay Regional Parks and the wildfires that have come through, and Dennis Rein of MOFD will be presenting fire break plans. Local law enforcement will be present to discuss evacuation plans, and our Community Warning System will be represented as well.

Friends Corner Book Shop in Lafayette will be having a bag sale on Saturday, June 1, from 9-12; fill

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our bag for \$10. Located at the corner of First Street and Golden Gate Way. All proceeds benefit the Lafayette Library and Learning Center.

Dogtown Downtown - the dog's **morning** out in Lafayette from 10 a.m. to noon on Saturday June 1. Bring yourself and your downtown-friendly pooch. Businesses and vendors will be open throughout downtown to greet you and perhaps offer treats. Interim City Manager, Niroop Srivatsa will be do a doggie reading at 11 a.m. at Bel and Bunna's Books. Dogs must be social, friendly and on leash at all times. More details: https://lafayettechamber.org/ dogtown/

Community Concern for Cats invites you to meet kittens, kittens,

and kittens at our adoption event from 1 to 4 p.m. Saturday and Sunday, June 1 and 2 at Pet Food Express in Lafayette and Pleasant HIll, and Petco in Walnut Creek. For more information, see com-

offering free public tours of our open space in Lafayette. Drop in between 10 and 11:30 a.m. June 8 to meet CSC staff, walk the site, and hear our plans for building a cancer community center. Location: south side of Mt. Diablo Blvd,

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Lamorinda at the Meet of Champions

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Natalie Arnswald did not qualify for the MOC, but supported her team at the event. Photos Gint Federas

By Jon Kingdon

On May 17-18, 185 schools came together at Diablo Valley College to compete in the 2019 North Coast Section Track and Field Meet of Champions. Once again, the weather was a factor as many of the events were run under a driving rainstorm. Due to safety concerns, the boys pole vault and long jump events were delayed for two days and eventually run at Campolindo High School.

Campolindo head coach Chuck Woolridge, who saw

the girls team finish second and the boys team finish in 25th place, came away feeling very positive about his team's performance at the MOC and prior to the tournament: "We had a great year. It's very satisfying to see how things have unfolded and to have our kids competing in this meet was exciting.

The girls team was led by senior Maddy Doane, who qualified for the state tournament in Clovis, California, by finishing second in the 200meter and 400-meter races. Woolridge relied heavily on

Doane all season: "Maddy is the athlete we tried to build on. It was a young relay team (two freshman, Emily Hatch and Sara Tabibian, and sophomore Terryal Bell) and she carried our relay team." The relay team finished in second and will also be going to the state tournament.

Woolridge also counted on Natalie Arnswald, who was a hurdler and sprinter for the Cougars: "Natalie was the heart of the team. Even though she did not qualify for the meet, she was working here and supporting her



Trevon Sidlaukas, Miramonte

Woolridge was optimistic about how Edward Buckley would do prior to the 3200 meter because "he likes the wet weather." Buckley did not disappoint by finishing in third and qualifying for the state tournament.

Lucas Moore, who finished in 13th, and Matai Bell were the team's key throwers

Declan Bhagwat and An-

ish Visht were the leading sprinters and "were central to the core leadership of the team," said Woolridge. **Miramonte**

Miramonte had a young team, having graduated six of their top seven distance runners last year. Still, the Miramonte girls finished in 15th and the boys in 16th place. Head coach Tristin Tool had a lot of depth on the girls team: "We had a pretty good season with the girls who won the league championship for the second year in a row. We had a good group of sprinters, jumpers and distance run-

Audrey Allen and Cassidy Haskell were both strong factors all season in the 3200 meters, said Tool: "It's the first year I ever had two girls who ran under 11 minutes." Allen finished in sixth and Haskell finished in 13th at the MOC. Haskell, who will be running for California next year, and has run under 5 minutes in the 1600 meters, finished in second, qualifying for the state tournament with a time of 5:01.08.

Masina Mayo, who ran the 100 meters but did not make it to state, will be running for the University of Hawaii next year. The girls' 4x100 meter relay, finishing in fourth, missed going to state by seven hundredths of

a second.

... continued on Page C3



Johnny Choi, Acalanes



Marcus Young, Miramonte

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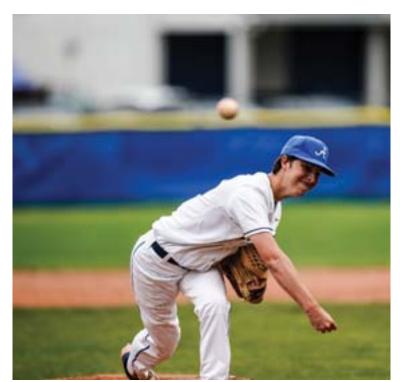
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Acalanes closes season with second round loss to Heritage



Eddie Burns

By Jon Kingdon

As the last team representing a Lamorinda school in any of the spring playoffs, Acalanes brought a 23-2 record (12-0 in league play). The Division III Dons, playing against Division I level teams in the NCS playoffs, defeated Dublin 1-0 in extra innings, but came up short against Heritage (Brentwood) by a score of 5-1. As former major league baseball player, Tug McGraw said about baseball: "Some days you tame the tiger and some days the tiger has you for lunch."

Starting pitcher Logan Hurd battled out of a bases loaded situation in the first and was behind 1-0 when he was relived in the third inning by Eddie Burns, who ald not give up any further runs in the next two and one-third innings. A triple by Cole Murgia brought home Davis Diaz to tie the score in the fifth inning, but Heritage then scored a run in the sixth and three in the seventh inning to close out the scoring.

Little things did not go the Don's way. Diaz led off the game with a walk and was picked off on a move that could have been called a balk and Nick Kresnak hit two bullets that could have scored runs had they not been hit directly at the left fielder and third baseman.

Acalanes head coach Clint Hoover summed it up:

"It was just not right for us at the beginning. We did tie up the game but they took it away from us at the end."

Photos Gint Federas

Still it was a memorable turnaround season for Acalanes in Hoover's first season as the team's head coach. From 2018 to 2019, the team's overall batting average went from .255 to .311, the OPS (on base plus slugging percentage) went from .681 to .820.

Murgia's batting average went from .071 to .368, Nicholas Bamont went from .167 to .324, Tommy Thrasher went from .140 to .319 and Scott Brydon went from .143 to .312. Diaz finished the season with an average of .367 and Kresnak batted .366 after batting .355 and .375 in 2018 respectively.

The pitching staff showed a similar turnaround. In 2018, the team's ERA was 3.02 and this year it was 1.12. Eddie Burns, who had a 4-0 record, saw his ERA drop from 3.77 to 0.97. Logan Hurd led the team with an 8-1 record and Kresnak's record was 6-2.

Hoover saw the potential in the team prior to his arrival: "I had coached a number of the players prior to my arrival. I knew we had talent. I just asked them to expect more of themselves and let them believe that they could play and beat anyone on the field, being confident in themselves. We tried to get better every day,



Logan Hurd

and did not overlook anything."

Kresnak credited Hoover and the maturity of the team for its improvement: "Coach Hoover brought a lot to the table. He is a great hitting coach. He tweaked a lot of stuff in our swings and that helped a lot. We had a lot of young players last year and after we saw varsity pitching for a full year, we just applied the adjustments and became better hitters off that."

Batting coach Joe Bettencourt did not coach the players one way: "We let them be themselves and they bought into that well. We worked with them individually with their specific needs and not as a group. We looked to cut down on their swings as much as possible, making conducive to be more consistent at the plate. They were like sponges and really soaked it up. They have a lot of confidence in themselves and they get all the credit."

Hoover made the players approach batting more mentally: "A lot of the improvement is in their approach to batting – what are they thinking at the plate and what pitch are they looking for in certain situations – the approach with two strikes as opposed to the first pitch at bat. Having that plan when they get to the plate was big for them."

Hoover and Bettencourt

gave much of the credit for the improvement on the mound to pitching coach Rob Ellis, who Bettencourt said "did a wonderful job with our pitchers and made sure that they were structured and they came along very well." Hoover concurred that "Rob did a great job and that Hurd stepped up from playing JV last year and everything just clicked for him and gave us four starters in the rotation."

Acalanes will only be graduating one starter (Scott Brydon) and one pitcher (Burns), so Hoover comes away from the season with a lot of optimism: "It was a great season. I'm really proud of these guys and most of them will be back next year."



Cole Murgia



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Miramonte and Acalanes girls defeated in Division II semifinals



Photos Gint Federas

the half and Miramonte trailing 9-5. The Matadors missed a close-in shot and Piedmont passed the ball down the field and scored with three seconds left to make the score 10-5 at the half.

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In the second half, Piedmont extended their lead to 14-7 after nine minutes. Miramonte battled back to close the score to 16-12 but Piedmont went on to score three of the next four goals, winning by a score of 19-13.

Miramonte head coach Jackie Pelletier saw little difference between the teams: "We were even on draws and possessions. The difference was just putting the ball in the back of the net. We did not convert on our opportunities. We hit the post four times and that made a huge difference for us."

Senior co-captain Taylor Johnson, who will be attending Cal Poly SLO next year, spoke highly of her time with the team: "I honestly could not have asked for a better four years playing lacrosse. I know we ended on a loss but I really have no regrets. I lived in the moment and we had the best team chemistry we ever could have asked for. I'll definitely miss being part of the team. There's nothing like being on your high school sports team. The chemistry, the bond and all



Acalanes senior night

that you go through together is something I won't forget."

Despite the loss, Pelletier saw it as a successful season: "We had the biggest turnover we ever had coming off last season and these kids worked so hard and to be this close tonight, it's huge for them. I'm most proud of the fact that there isn't any team in this division that is better than us. Tonight, it just came down to who had a better day.'

Acalanes had to make the trip to Novato to play the second-seeded San Marin High School. It was a close first half until San Marin scored three late goals to end the period up 6-3.

Acalanes head coach Mary Doyle pulled the team together at halftime. "We did not come out as strong as we wanted to and weren't quite clicking. At halftime, I told the team that three goals is not a lot to make up. We had a good mindset at halftime and we executed well in the second half."

However, with the game tied at 9-9, San Marin scored the deciding goal with 1:30 left to close out the scoring and clinching the victory 10-9, the fourth time this season that Acalanes lost a game by one goal.

Doyle accepted the loss, but wasn't

happy about it: "It was a heartbreaker, but we gave a great effort. We hit the pipe twice in crucial moments but that is part of the game. I'm so proud of the girls. They fought and played hard and won the second half."

Doyle singled out senior Claire Gallagher and junior Lauren Westergren: "Claire was our MVP. She was so consistent and always gave 100 percent. She was a great leader and you always noticed her on the field. Lauren always showed great hustle providing the spark for us and at times was unstoppable."

Doyle took a lot of positives from her first season as the Dons' head coach: "We played really well and had some great breakout games. Even our losses were good learning experiences and the girls grew a lot and got better every game. It was inspiring to see how committed they all were. Everyone bought into our system and we all had the same goals. That meant more to me than winning the championship, knowing that academics came first and how important is was to be a good teammate and to do things the right way. That's what I am most proud of about the team."

Lamorinda at the Meet of Champions

... continued from Page C1

By Jon Kingdon

The Acalanes and Miramonte girls

bon copies of each other. Acalanes

concluded their season with a 16-8

lacrosse teams proved to be near car-

record. Miramonte finished their sea-

son with a 17-8 record. Miramonte de-

feated Acalanes 15-14 in their last reg-

ular season game to go undefeated in

favor by defeating Miramonte in the

Athletic League tournament.

league play and Acalanes returned the

championship game to win the Diablo

II tournament seeded third and Mira-

monte was seeded fourth. Each school

won two games prior to their semifinal

games. Miramonte defeated Urban

(S.F.) 20-2 and Marin Academy 12-7

and Acalanes defeated Livermore 16-1

and Tamalpais (Mill Valley) 10-7. The

similarities continued as each school

lost to the respective No. 1 and No. 2

Miramonte had lost to the No.1 seeded Piedmont earlier in the season

by a score of 13-8 and traveled to Pied-

jumped out to an 8-2 lead after 14 min-

utes in the first half. A key series oc-

curred with only 15 seconds to go in

seeds in their semifinal games.

mont for the rematch. Piedmont

Acalanes entered the NCS Division

On the boy's side, the top performer coming into the MOC was senior pole vaulter Marcus Young, whose event was postponed for two days. The delay did Young no harm as he won the event by an extraordinary one foot, 10 inches and will be jumping again at the state meet.

Junior Trevon Sidlaukas finished in fifth in the discus, but has a great future, says Tool: "Trevon is a rising star. He throws the shot and discus and competes in all three

jumps and runs well. Discus is his strongest event, but he could have a future in the decathlon if he wanted."

Tool had no shortage of leaders on the team: "We had 160 kids that came out for track and I had 12 captains on the team. They were a great group and they all earned the title."

Acalanes co-head coaches David Kohls and Joe Escobar had a lot of success in their first year leading the team. Said Escobar: "We had a great season and team experience. The kids did a good job in transitioning

to the new program and were open minded and coachable across the board. There was a good commitment to the team."

The Dons were 5-0 and the Foothill Division champion. Leading the boys was Johnny Choi who jumped 6'7" at the MOC, finishing in third and qualifying for the state tournament. The boy's 4x400 meter relay team was comprised of all juniors (Irvin Chao, Aiden Mosley, Rayce Walton and Kevin Mlynek) and finished in fifth at the MOC. "The jumps were the strength of our team," said Escobar. "We did not give

up a single point all year and Choi set the school records in the high jump (6'8")."

Also contributing all season were Keaziah Smith in the 100 meters and Chris Rogers in the long jump.

A number of the girls were very competitive at the MOC. Anna Weir was seventh in the discus and 13th in the shot put. Mila Mathias was eighth in the 100-meter hurdles. Nicole Frigon was fourth and Lauren Yee seventh in the 800 meters and Emily Sverak was eighth in the 300-meter hurdles.

Choi, Frigon and Anand

Patel were the key leaders for Acalanes, said Escobar: "They did a great job in getting everyone on the same page and handling the intangibles."

At the state tournament this past weekend, for Miramonte, Cassidy Haskell finished 7th in the 1600-meter race and Marcus Young finished in 13th in the pole vault. For Campolindo, Maddie Doane finished 13th in the 200 meters Edward Buckley finished in 20th in the 3200 meters.

Championships!

End of season tournament highlights teamwork, skills and friendships



4th GRADE GOLD CHAMPIONS -LAGUNA BEACH

(Front Row): Reese Tierney, Kate Beaver, Michela Barbano, Stella Hamilton, Ava Sandberg, Zeva Robinson, Kayla Schaffer, Grace Eppinger. (Back Row): Coach Lauren McSorley, Olivia Britton, Anna Motes, Madden McSorley, Coach Anna Eppinger.



5th GRADE GOLD CHAMPIONS -**MIRAMAR BEACH**

(Front row): Lauren Foster, Meryem Orazova. (Back row): Coach Mona Fox, Fiona McCool, Claire Reidel, Madeline Jaunrubenis, Kyla Rose Fox, Rena Liu, Ava Rogers, Molly Jones, Coach Ning Liu



6th GRADE GOLD CHAMPIONS -**MONUMENT BEACH**

Coach Chris Evans, Cameron, Zoe, Campbell, Emma, Elaine, Reiney, Mia, Molly, Kaylee, Taylor, Addison, Coach Brian Mikalis.



7th/8th GRADE GOLD CHAMPIONS -**KENTUCKY**

Coach Diane Joyce, Nikita Vayner #8, Katherine Yokomizo #11, Sara Parrish #6, Sophia Alvarado #5, Mya Dunne #12, Golnaz Ahmadieh #1, Samya Johnson #3, Alana Brinkman #2 Natalia Kalas #4, Coach Linda Joyce. (Missing Team member): Katie Feldman.

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Page: C4 LAMORINDA WEEKLY 925-377-0977 www.lamorindaweekly.com Wednesday, May 29, 2019

Three added to Campolindo Hall of Fame



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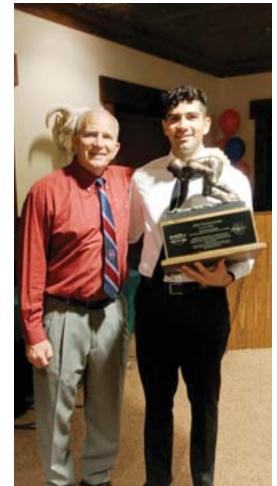
Submitted by Valerie Durantini

The 12th annual Campolindo Football Hall of Fame Dinner took place on May 11 in the banquet room of Back Forty Barbecue in Pleasant Hill

Two hundred and sixty were in attendance to honor the current team's 2018 season and to induct three exemplary alumni into the Campolindo Football Hall of Fame for their leadership and contributions on and off the field. Graduating seniors presented the awards to Michael Vandenberg class of 2005, Joe Durantini class of 2009 and Justin Bonetto class of 2002.

The theme of the evening was clear. Through thoughtful inspiration and mentoring of these young men in his football program, coach Kevin Macy has created a legacy that will live on in the lives of those who were lucky enough to be a part of something greater than themselves.

Congratulations to coach Macy for 23 years of building character in our boys that goes on long after high school.



Coach Kevin Macy and Joe Durantini

Orinda resident plays against U.S. Women's National Team on road to World Cup



Photo Todd Aiken

Submitted by Mary Pat McMahon

Orinda resident Ryan Aiken and his U15 SJ Earthquakes Academy team played the U.S. Women's National Team on May 8 at San Jose State University, CEFCU Stadium in a friendly game as the defending World Cup champions prepare for World Cup play in France next month. Aiken, in goal against the USWNT starting lineup (including Alex Morgan, Megan Rapinoe), made multiple challenging saves in a game that will be a highlight of the boys academy year. Aiken, shown here with Carli Lloyd, is in his third season as goalkeeper for the SJ Earthquakes Academy and is finishing his freshman year at De La Salle High School.

Bay Area Blitz 3rd Grade Boys



Back row, from left: Chase Nickens, Rhys Robinson, Lane Dalton, Zubin Krishnan, Aiden Wong; bottom row: Blake Frechman, Julian Arrigotti, Miles Cooper, Hudson Luengo, and Michael Fugundes.

Submitted by John Luengo

Lafayette-based AAU program Bay Area Blitz 2028 (third grade) won the Fourth Grade Division of MVP Flight's Spring League. The boys went undefeated throughout the league beating the East Bay Bulldogs in the championship game. The boys now continue their AAU season with tournaments where they have yet to lose to another third-grade team.

Back to back: Lamorinda Volleyballers repeat as Northern California Champs, headed to Nationals

Submitted by Baldwin Lee

The NorCal Volleyball Club 16-1s team finished first at the NCVA regional championships in Reno on May 11-12, and secured a National bid to the USA Volleyball Junior Nationals. The team includes four girls from the Lamorinda area-Brianna Lee (Libero), Erin Meade (Opposite Hitter), Molly Mitchell (Outside Hitter), and

Annika Olson (Middle Blocker). This was the second year in a row that they won both the regional championship tournament and finished No. 1 in the overall season standings, of the 113 teams in Northern California. The team will head to nationals in Indianapolis in July.

The team is led by coaches Ernie Rodriguez and Shari Rodriguez, who also were the coaches at Acalanes High School this past year.



Front row: Brianna Lee (third); back row: Molly Mitchell (first from left), Erin Meade (second from left), Annika Olson (fifth from left)

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Lamorinda

OUR HOMES

Lamorinda Weekly Volume 13 Issue 7 Wednesday, May 29, 2019



Feng Shui: The importance of elemental layers ... read on Page D6

Digging Deep with Cynthia Brian

Growing wisdom



A path leads to lavender, roses and succulents.

Photo Cynthia Brian

By Cynthia Brian

"Never does nature say one thing and wisdom another."— Juvenal

Excited about the glorious weather at the beginning of May, I spent two days getting out the patio furniture from storage, washing it thoroughly, and adding fresh, comfy pads to the chaises and chairs. My husband power-

washed the patio on Mother's Day as I hung the double hammocks and finished the outdoor decorating in preparation for family barbecues and garden gatherings. My entire landscape had exploded with magnificent blooms of roses, azaleas, rhododendrons, bearded iris, peonies, pelargoniums, sedums and African daisies. The horse chestnut and locust trees were laden with cascades of

white flowers while lavender and jasmine scented the air with the fragrance of heaven.

My weather app reported sprinkles on the horizon but Mother Nature had torrential rains planned. As the gray skies opened and the downpours continued, I scrambled to store the furniture, pads and hammocks under our awnings and in the shed, but not before everything, including me, was drenched. Another lesson learned ... we can't stop the rain ... nor do we want to.

Actually, I am always happy when it rains as my garden gets a big drink of life-giving liquid. In those weeks of warm sunshine, the ground had quickly dried out, making it difficult to weed, to plant, and to dig out my rocks that had been buried in the winter mud. This wet weather provided another opportunity to get my chores done more easily, albeit wearing a semi-waterproof hat and jacket.

The seeds scattered in April never sprouted. I'm not sure if they drowned or were washed away with the copious amounts of rain or if the birds dined on them.

... continued on Page D15



Princess of Monaco rose.

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Lamorinda home sales recorded

City	Last reported	Lowest amount	Highest amount
LAFAYETTE	4	\$1.043.000	•
MORAGA	6	\$1,043,000	\$2,210,000
	6	\$489,000	\$2,200,000
ORINDA	5	\$1,106,500	\$2,605,000

Home sales are compiled by Cal REsource, an Oakland real estate information company. Sale prices are computed from the county transfer tax information shown on the deeds that record at close of escrow and are published five to eight weeks after such recording. This information is obtained from public county records and is provided to us by California REsource. Neither Cal REsource nor this publication are liable for errors or omissions

LAFAYETTE

960 2nd Street, \$1,043,000, 2 Bdrms, 1272 SqFt, 1954 YrBlt, 04-18-19, Previous Sale: \$150,000, 07-15-13

3393 Angelo Street, \$1,540,000, 3 Bdrms, 1698 SqFt, 1952 YrBlt, 04-08-19, Previous Sale: \$130,000, 08-01-78

3314 Stage Coach Drive, \$1,950,000, 4 Bdrms, 3594 SqFt, 1984 YrBlt, 04-08-19 3094 Sweetbrier Circle, \$2,210,000, 4 Bdrms, 2371 SqFt, 1962 YrBlt, 04-18-19,

MORAGA

2075 Ascot Drive #221, \$489,000, 2 Bdrms, 1213 SqFt, 1971 YrBlt, 04-15-19, Previous Sale: \$450,000, 06-27-05

4 Brandt Drive, \$1,925,000, 4 Bdrms, 3124 SqFt, 1984 YrBlt, 04-18-19, Previous Sale: \$1,066,000, 06-19-02

Previous Sale: \$205,000, 07-01-85

1861 Joseph Drive, \$1,525,000, 4 Bdrms, 2603 SqFt, 1970 YrBlt, 04-17-19, Previous Sale: \$825,000, 06-25-02

118 La Quinta Street, \$1,575,000, 3 Bdrms, 3424 SqFt, 1981 YrBlt, 04-18-19, Previous Sale: \$1,095,000, 06-07-12

30 Miramonte Drive, \$665,000, 2 Bdrms, 1152 SqFt, 1964 YrBlt, 04-15-19, Previous Sale: \$519,000, 02-26-16

3 Willow Springs Court, \$2,200,000, 4 Bdrms, 2980 SqFt, 1988 YrBlt, 04-17-19, Previous Sale: \$1,308,000, 07-11-03

ORINDA

85 Camino Encinas, \$1,106,500, 4 Bdrms, 2903 SqFt, 1939 YrBlt, 04-15-19 30 Las Palomas, \$1,350,000, 3 Bdrms, 2530 SqFt, 1964 YrBlt, 04-17-19, Previous Sale: \$1,200,000, 06-17-15

4 Risa Court, \$1,360,000, 3 Bdrms, 2025 SqFt, 1957 YrBlt, 04-16-19 202 Stein Way, \$1,884,000, 4 Bdrms, 3706 SqFt, 1997 YrBlt, 04-15-19, Previous Sale: \$810,000, 12-14-98

119 Via Floreado, \$2,605,000, 4 Bdrms, 3362 SqFt, 2003 YrBlt, 04-16-19, Previous Sale: \$2,150,000, 05-27-14



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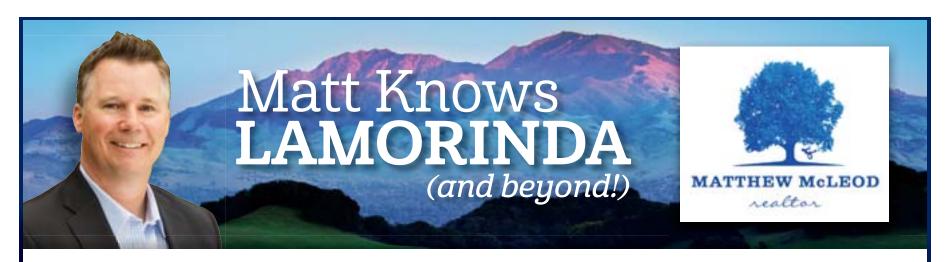


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COMPASS

Page: D6 LAMORINDA WEEKLY

OUR HOMES

Wednesday, May 29, 2019

Feng Shui

The importance of elemental layers



Photo provided

Layering and creating an active yang front entrance might include arching dancing lights, custom gates, and lots of fragrant flowers. A welcoming secret garden always creates the magic reflected in thoughtful design.

By Michele Duffy

Perhaps you've noticed, even with the rain, that the early summer season has begun and we are happily awash in a complete symphony of seasonal layers – mating rituals of birds dancing about, bunnies peering from tall grasses, or massive flowers bobbing gently in the sunlight. These seasonally rich layers remind us that nature is powerfully abundant and is aligned perfectly with the age-old timing cycles. Layers reveal depth and create happiness, as well as harmonious and sumptuous feng shui.

The layers of feng shui are as varied and complex as a moody Napa cabernet, but it is important to properly layer fung shui elements in the appropriate Bagua areas. Understanding how the Bagua areas optimally work together can create a holistic, restorative and sustainable environment to manifest the life you want now. If attracting a new relationship is inviting your curiosity,

keep the Bagua area opposite Relationships – wisdom/self-knowledge/skills – in mind and pay more mindful attention to auditing this area as well. The close relationships of all Bagua areas to one another is often overlooked, and it is important to address this for greater success.

The Five Elements help to activate the Bagua areas in your home using the actual element, color or shape. To represent the water element, we might add a water feature such as a fountain, or an Orchid to bring in the wood element.

Other layering aspects of feng shui are designed to create greater harmony and Qi flow including furniture placement, lighting and fragrance. Understanding how to apply all of these elements is not complicated, however, it is why many people choose to work with a professional to avoid overspending and to methodically prioritize to create the results you want most.

... continued on Page D8

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Feng Shui

The importance of elemental layers

... continued from Page D6

A professional can also be helpful during remodels to choose cost-effective solutions that do not negatively affect the feng shui.

Here's a helpful step-by-step guide to add feng shui layers to your home:

- 1) Start with intention. Ancient Bon Tibetan Buddhist and wisdom Daoist traditions all draw upon the Qi of the person, and it begins with inner reflection and choosing an intention to benefit others and self, with great care given to exact details of your wishes.
- 2) Honor lineages. Depending on what school of feng shui you choose to work with, pick one and stick with it to avoid confusion around Bagua orientation.
- 3) Use the Bagua map (see diagram, Page D14). Overlaying the Bagua map correctly over your home or office and correctly do an energetic audit.

- 4) Include the Five Elements. Bagua areas are each ruled by one of the Five Elements water, wood, fire, earth and metal, as well as colors and shapes.
- 5) Start small. Pick one key area of the Bagua map and go from there.
- 6) Assess. Physically inspect each Bagua area of the home, yard and master bedroom
- 7) Add layers as needed. Add, subtract, move, or repurpose elemental layers as required and add subliminal layers to activate your wishes.
- 8) Take stock. Allow yourself time to experience the changes you make, notice what shows up, and if you can feel your environment creating the results you want now.

In this modern world of stress, anxiety, worry or fear, as individuals we needn't be swept along in a tribal way toward burnout. ... continued on Page D14



Extra bamboo chimes are hung to lift the Qi of the home.





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91 Rheem Boulevard, Orinda 3 Bed 2 Bath 1,492 Sq Ft \$1,125,000

Sold



903 Oak Street, Lafayette 3 Bed 2 Bath 1,512 Sq Ft \$1,225,000



30 Las Plaomas, Orinda 5 Bed 3 Bath 2,532 Sq Ft \$1,350,000



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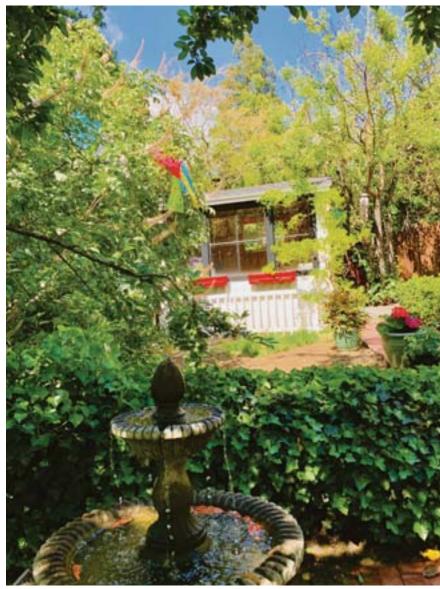
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Page: D14 LAMORINDA WEEKLY OUR HOMES www.lamorindaweekly.com 925-377-0977 Wednesday, May 29, 2019

Feng Shui

The importance of elemental layers



Abundance is located on the far right of the Bagua map and is also ruled by the wood element. Include prayer flags, bamboo chimes, gold fish in flowing clean fountains, planted herbs, red geraniums, and Nandina or 'Lucky' Bamboo in green pots to activate this area.

... continued from Page D8

Feng shui allows us to have significant control over our environments and create the shifts that we want to experience much more than we might realize. Feng shui creates ease, possibilities, openness, and spaciousness. Keeping that in mind, the layers of feng shui will abundantly allow a return to the canvas of home to create layers, to tweak and improve.

Experience the initial changes before adding new layers, and try to be mindful of the broader perspective regarding the needs of the

entire family. What truly makes a home a home are the people who live there; the layers of sound feng shui should mirror and support what those people are dreaming about. If you want your home to provide the same nurturing sense of healing as experienced in nature, try to slowly invite a few of the layers I've shared and allow your home to help manifest the life you want now and be the retreat it is meant to be!

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ZHEN	TALJI	DUI
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East	Center	West
Green	Orange, Yellow	White
Spring	Brown	Autumn
KNOWLEDGE &	CAREER &	HELPFUL PEOPLE &
SELFCULTIVATION	OPPORTUNITIES KAN	TRAVEL
GEN	Water	QIAN
Earth	North	Metal
Northeast	Black & Dark Blue	Northeast
Blue	Winter	Grey

Michele Duffy, BTB M.F.S. is an Orinda resident who, since 1999, enjoys creating "Space as Medicine" Feng Shui one space at a time, as well as hiking in nature, cooking, and spending time with her family; Canyon Ranch Feng Shui Master, International Feng Shui Guild (IFSG) Red Ribbon Professional. To schedule a professional 2019 Feng Shui Consultation, contact Michele at

(520) 647-4887 or send an email to spaceharmony@gmail.com.







Wednesday, May 29, 2019 925-377-0977 www.lamorindaweekly.com OUR HOMES LAMORINDA WEEKLY Page: D15

Digging Deep with Cynthia Brian

Growing wisdom



Crocosmia, the firecracker plant, combines well with baby roses and snapdragons.



An elegant purple bearded iris.



Pink Bonica shrub roses flanked by cornflags.

Photos Cynthia Brian

... continued from Page D1

I decided to buy seedlings of tomatoes, peppers, zucchini and cucumbers and try once again to sow seeds of beets, carrots, arugula, lettuce and beans. Several gallons of boxwoods were also purchased to replace the dead ones in my hedge. It's hard to resist buying truckloads of plants when everything is so enticing. As I grow wiser, my rule is to only buy what I can personally plant within my time limits. It's a good rule for anyone to follow.

As you start planning your spring and summer planting, remember the garden design guide of planting in odd numbers: groupings of three, five, seven (or more) plants help to create a more natural and aesthetically pleasing look to the human eye. To achieve this, plant the same variety of flowers in each odd grouping, or create color blocks with several similar varieties.

For fragrance, pollinators and beauty, add lavender to your garden in full sun and well-drained soil. Lavender doesn't like soggy soil so plant slightly above the soil surface so the water drains away. Lavender makes an excellent companion plant to roses, controlling the nasty pests and attracting the beneficial insects. When planting your roses, give them breathing room because when roses are crowded they become susceptible to powdery mildew. Roses also need well-drained soil, compost, and natural fertilizers. As blossoms fade, deadhead the stems to ensure continued blooms through winter. Together roses and lavender make a sweeping sight.

... continued on Page D16



Purple and white African daisies.



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Digging Deep with Cynthia Brian **Growing wisdom**

... continued from Page D15

My favorite old-fashioned peonies are blooming and available to purchase and plant in full sun. Peonies offer gorgeous flowers in a multitude of colors and shades and their foliage will add structure to your garden until they die back in winter. Peonies are perennial and will probably outlive all of us.

It's time to plant summer blooming bulbs: gladiolus, crocosmia, dahlias, begonias and lilies. Crocosmia, also known as firecracker plant, blooms all summer in fiery shades of red, orange and yellow. It requires little care and combines well with other ornamentals to create a beautiful scene in your yard. Crocosmia is also a magnet for hummingbirds and provides a vivid splash of color to containers. I like to gather them for my indoor arrangements as they are long lasting as cut flowers. You'll find a wide selection of summer bulbs at your favorite nursery and garden center.

Succulents are always a wise choice for drought areas. Sedum dendroideum is a shrub-like perennial plant with yellow blooms that attract bees. It thrives in warm weather, doesn't need much water, and continues to expand in size. You can cut off pieces and plant in other areas to create a succulent hedge. The deer will eat its fleshy stems so it is not a good specimen in areas where the animals roam.

Every day I learn something new in the garden, usually by the mistakes I unwittingly make. I'm excited about the forthcoming summer, yet I am reveling in this spring season that has included plenty of rain. The more I rake, dig, weed, plant, sweep, and mulch, the more I grow wisdom.





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Cynthia Brian's Gardening Guide for June

CUT back daffodils, tulips, hyacinths, bluebells, freesias, and other bulbs once the leaves have turned crispy yellow.

ADD companion plantings of Oriental poppies, alliums, delphiniums, daylilies, salvias and peonies.

RESCUE newly hatched nestlings without feathers that have fallen out prematurely by putting them back in the nest, if reachable. If you find baby birds with feathers on the ground, leave them alone. The parents of these fledglings are probably nearby bringing them food before they learn to fly.

PLANT summer blooming bulbs including gladiolus, crocosmia, dahlias, begonias and lilies. Plant the bulb pointy side up, but if you are not sure, plant your bulbs sideways and they'll find their way to the surface.

ADD risers to sprinkler heads in boxwood hedges that are too short to eliminate death by drowning. Boxwoods don't like too much water.

FILL bird feeders with fresh seed.

CLEAN patio furniture (maybe again) in preparation for warm weather.

SHARPEN lawn mower blades.

WEED, weed, weed. With the ground still moist, this is an opportune time to do round three of weeding so that the plants you love will get more water and nutrients to survive the summer.

READ the Guide to Wildfire Preparedness and Evacuation. It is essential that every family create an emergency plan. For information on what you can do in your landscape to help protect your home from wildfires, read Firescaping: https://www.lamorindaweekly.com/a

https://www.lamorindaweekly.com/archive/issue1305/Digging-Deep-with-Cynthia-Brian-for-May-FireScaping.html

Happy Gardening. Happy Growing!



Photos Cynthia Briar

Bright yellow flowers on a hedge of sedum dendroideum.



Fluorescent crimson rhododendron glistens in the rain.



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Old-fashioned yet imminently fashionable, baby pink peonies.



Cynthia Brian under the pistache tree.

Cynthia Brian, The Goddess Gardener, raised in the vineyards of Napa County, is a New York Times best-selling author, actor, radio personality, speaker, media and writing coach as well as the Founder and Executive Director of Be the Star You Are1® 501 c3. Tune into Cynthia's Radio show and order her books at www.StarStyleRadio.com.

Buy a copy of her new books, Growing with the Goddess Gardener and Be the Star You Are! Millennials to Boomers at www.cynthiabrian.com/online-store. Hire Cynthia for projects, consults, and lectures. Cynthia@GoddessGardener.com www.GoddessGardener.com



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