

Digging Deep with Cynthia Brian

2020 Garden Trends, Part 2

Dream green

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Mushrooms are the trendy super-food of 2020. Some species of fungi eat plastic and could help with rapid plastic decomposition. Edible mushrooms can prevent or treat hundreds of conditions. Although you don't want to forage unless you are certain that a mushroom is not poisonous, if you want to grow mushrooms, inoculated logs can be purchased.

Being "woke" is a popular refrain these days. If we are going to dream green, we have to wake up to smell the roses. This is the year that we must conceive unique sustainable ideas so that we achieve a world where we can breathe, live, and enjoy.

Implement the power of RE and dream green.

Happy Gardening. Happy Growing.



Rest and relax by the fire as Cynthia Brian does.

Cynthia Brian, The Goddess Gardener, raised in the vineyards of Napa County, is a New York Times best-selling author, actor, radio personality, speaker, media and writing coach as well as the Founder and Executive Director of Be the Star You Are!® 501 c3.

Tune into Cynthia's StarStyle® Radio Broadcast at www.StarStyleRadio.com.

Buy a copy of her books, Growing with the Goddess Gardener and Be the Star You Are! Millennials to Boomers at www.cynthiabrian.com/online-store.

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