

- **BEE** friendly by planting three or four types of native wildflowers to attract the honey gatherers as well as pest-resistant varieties of flowers, shrubs, trees and vegetables, thus eliminating pesticides. I've sown California poppies, lupines, bee balm, and morning glories.
- **WATCH** the blossoms in the breeze float to the ground like snowflakes.
- **PREPARE** your garden patches to sow seeds of potatoes, tomatoes, peppers and eggplant by rotating these crops. For best production, do not plant these in the same place every year.
- **ENJOY** a peaceful Passover and Easter without an in-person gathering.
- **STAY** informed about Covid-19 depending only on reliable information. Visit Centers for Disease Control and Prevention at <https://www.cdc.gov>; The World Health Organization at <https://www.who.int>; State Department: <https://travel.state.gov/content/travel/en/traveladvisories/ea/covid-19-information.html>;

Contra Costa County Health Department at <https://www.coronavirus.cchealth.org>;

Contra Costa County Office at <https://www.contracosta.ca.gov/>

- **STAY POSITIVE!**
- **STAY SAFE!**
- **STAY HEALTHY!**
- **STAY HOME!**

Happy Gardening. Happy Growing.



Cut a branch from a Western Red Bud tree to brighten your kitchen.



Cynthia Brian outdoors on a cooler February day.

Raised in the vineyards of Napa County, Cynthia Brian is a New York Times best-selling author, actor, radio personality, speaker, media and writing coach as well as the Founder and Executive Director of Be the Star You Are!® 501 c3. Tune into Cynthia's upbeat StarStyle® Radio Broadcast at www.StarStyleRadio.com. Buy copies of her best-selling books, including, Chicken Soup for the Gardener's Soul, Growing with the Goddess Gardener, and Be the Star You Are! Millennials to Boomers at www.cynthiabrian.com/online-store. Hire Cynthia for writing projects and virtual garden consults or lectures. Cynthia@GoddessGardener.com www.GoddessGardener.com

STORAGE FOR HOME & BUSINESS

WE'LL ALL GET THROUGH THIS CRISIS TOGETHER! WE APPRECIATE YOUR PATIENCE AND ENCOURAGE YOU TO CALL FOR OUR LIMITED ACCESS HOURS. OUR FAMILY AT 5A HOPES YOU & YOUR FAMILIES STAY SAFE!

Stay in touch with us 24/7 You may access your unit by appointment. Call us for times.

455 Moraga Rd. Ste. F
(925) 643-2026
www.5Aspace.com

PHOENIX SHOPPING CENTER
Phoenix Blvd.