

◆ **Not to be missed** ◆ **Not to be missed** ◆

“Defusing Teen Stress: Navigating Tough Times and Finding Healing” will be discussed in a talk at 7:30 p.m., May 4. Free online registration at <https://healing101talks.org/teen/>. Local speakers, Scott Chavez and Graham Wiseman will outline how they provide the suicide hotline and address mental health issues in our

communities. Melanie Wahlberg, a Christian Science Practitioner, will share how spirituality and prayer heals these problems.

Please submit events to: [calendar@lamorindaweekly.com](mailto:calendar@lamorindaweekly.com)

## Saint Mary's College 2020 Commencement postponed



By Vera Kochan

Due to the ongoing health crisis, Saint Mary's College has postponed its May 23 and 24 commencement exercises. In the meantime,

degrees will be awarded at the end of the semester and diplomas will be mailed to all of the May degree recipients. SMC anticipates scheduling a future date for the graduation ceremonies and festivities.

**Please submit:**  
**Events:** [calendar@lamorindaweekly.com](mailto:calendar@lamorindaweekly.com)  
**Stories:** [storydesk@lamorindaweekly.com](mailto:storydesk@lamorindaweekly.com)  
**Letters:** [letters@lamorindaweekly.com](mailto:letters@lamorindaweekly.com)  
**Opinion:** [letters@lamorindaweekly.com](mailto:letters@lamorindaweekly.com)

## Service Clubs Announcements

**Lafayette Rotary Club**  
**Step in on a Thursday and join us for our lunch meeting.**  
 Thursday at noon Oakwood Athletic Club, 4000 Mt. Diablo Blvd., Lafayette.  
**Hang TOUGH Lamorinda**  
**We will come back stronger**  
 Meetings suspended for now  
[www.rotarylafayette.org](http://www.rotarylafayette.org)  
[www.facebook.com/Rotary-Club-of-Lafayette-CA](https://www.facebook.com/Rotary-Club-of-Lafayette-CA)

**Lamorinda Sunrise Rotary**  
**Zoom Meetings on Friday Mornings at 7:00 a.m.**  
<https://us02web.zoom.us/j/82609498205>  
**MAY WEEKLY MEETINGS**  
 1: Dr. Nadine Hachach-Haram, Worldwide Remote Surgery  
 8: Lauren Pufpaf, The Impact of Music on Our Brains and Behaviors  
 15: Nick Wong, Innovative Technology in Elder Care  
 22: Dr. Cat Hobaiter, The Language of Wild Chimpanzees  
[www.lamorindasunrise.com](http://www.lamorindasunrise.com)

## Lamorinda's Religious Services

Worship services are available online to view or stream or they have been canceled for now. Please call or check the individual websites for updated information.

**St. Anselm's Episcopal Church**  
 An Open, Affirming & Loving Community  
**Virtual service at Sun. 9:00 AM** (at least through May 10<sup>th</sup>)  
 If someone would like to be added to our Zoom invitation please call 925-284-7420 or email [cathy.w@stanselms.ws](mailto:cathy.w@stanselms.ws)  
 682 Michael Lane, Lafayette, [www.stanselms.ws](http://www.stanselms.ws)

**ORINDA CHRISTIAN SCIENCE CHURCH**  
**All are welcome to our on-line services**  
 Sunday Service 10 - 11 am  
 Informal Wednesday Meeting 7:30 - 8:30 pm  
 See website and join us through Zoom  
[www.christianscienceorinda.org](http://www.christianscienceorinda.org)

**JOIN US FOR WORSHIP**  
 ALL ARE WELCOME  
**Services online:**  
[mvpctoday.org](http://mvpctoday.org)  
  
 10 Moraga Valley Lane  
[www.mvpctoday.org](http://www.mvpctoday.org)  
 925.376.4800


**Lafayette United Methodist Church**  
 Go to to our YouTube Channel:  
 Love LUMC  
 for small-batch, home-grown, curated worship playlists and more inspiration

**ST. PERPETUA CATHOLIC COMMUNITY**  
 celebrating our faith • enriching our community • sharing our gifts  
**Join us**  
 Masses Saturdays at 5:00 p.m.  
 Sundays at 8:00 a.m., 9:30 a.m., 11:30 a.m.  
 School for TK - 8<sup>th</sup> grade  
 Faith Formation for children and adults  
 3454 Hamlin Road | Lafayette | [stperpetua.org](http://stperpetua.org)  
 925.283.0272 Parish | 925.284.1640 School

**Holy Shepherd Lutheran Church**  
 433 Moraga Way, Orinda, 254-3422  
[www.holyshepherd.org](http://www.holyshepherd.org)  
  
 9:30 a.m. CONGREGATIONAL WORSHIP  
 10:30 a.m. Coffee Fellowship in the Center for Ministry  
 visit <http://www.holyshepherd.org> for more details

**St Stephen's Episcopal Church**  
 66 St. Stephen's Drive, Orinda  
 254-3770. [www.ststephensorinda.org](http://www.ststephensorinda.org)  
 Sunday 8am, 10am  


**ORINDA Community Church**  
 10 Irwin Way, Orinda | 925.254.4906 | [www.orindachurch.org](http://www.orindachurch.org)  
*"No matter who you are, wherever you are on life's journey, you are welcome here!"*  
**Join us Sundays at 10 a.m. | Sunday School 10 a.m**  
**Centering Prayer Group every Tuesday, 9:00 a.m. in the Chapel.**  
 This is a form of prayer that is deeply contemplative and focuses on absorbing the presence of God  
**Weekly Contemplative Worship Services Wednesday Evenings, 7:00 p.m. in the Chapel.**  
 Contemplative worship is a brief service, with plenty of silence and weekly communion.

**OUR SAVIOR'S LUTHERAN CHURCH**  
 TRANSFORMED BY THE PATH WE WALK TOGETHER  
  
**JOIN US FOR OUR SUNDAY SERVICE AT 10:30 AM**  
**CHILDREN AND YOUTH PROGRAMS AT 10:45 AM**

**LOPC**  
 Join us on Livestream each Sunday:  
**livestream.com/lopc**  
 • Sunday Worship 9:00 & 11:00 a.m.  
 • Programs for all ages!  
 49 Knox Drive • Lafayette, CA • (925) 283-8722  
**LOPC.ORG**

**WILLOWSRING community church**  
**Practical biblical teaching, contemporary worship, come as you are.**  
[www.willowspringchurch.com](http://www.willowspringchurch.com)  
 1689 School St. Moraga | 925-376-3550  
**Online Service Only 10:45 AM**

**ST MARK'S CHURCH OF ORINDA & MORAGA**  
**Sunday Service at 10 a.m.**  
 451 Moraga Way, Orinda  
[www.stmarksorinda.org](http://www.stmarksorinda.org) | (925) 254-5965  
**All Are Welcome**  
