



Digging Deep with Cynthia Brian

... read on Page D14

Feng Shui

Front entrance Feng Shui refresh



Plant red fruit or flowers near the front door.

By Michele Duffy

The front door entry area to one's home remains, especially during a pandemic, the "Mouth of Qi" and one of the most powerful places to thoughtfully ignite healthy Feng Shui.

The front door is often called the 'Mouth of Qi' so when the energy here is positive and activated, it will help nourish the entire home, much like when we take food into our mouths our whole body benefits. The front entrance sets the tone for the entire home and should be welcoming, well lit, and tidy.



Photos Michele Duffy

Sturdy front doors are ideal.

Very active or yang front door colors include red, yellow, orange and black, all excellent choices. It's also good to grow red fruit or flowers in the front yard, and especially along the pathway toward the home. This nod to fruitful abundance at the "Mouth of Qi" will transfer to the home especially if the Bagua is also applied to the entire home and property.

The front entrance door should be sparkling clean, in good working condition, function without squeaking or loose hardware, be constructed solidly with minimal glass for stability and safety, and must be visible from the street. If there is fo-

liage overhanging the front path, everything should receive a tidy trimming so the path to the front door is unobstructed. The front path, if meandering and curvy, would be a positive bonus. If the front pathways are straight and direct, consider planting annuals in pots along the path to slow the rushing Qi down.

Leading up to the home one should be aware of the land forms surrounding the home, including streets in front (and maybe also behind the home). For health and longevity, prosperity and harmonious lives, it's best to avoid homes close to power lines, eyesores, waste, refuse or recycling centers, noisy fire or police stations, homes below the road, on dead-end streets, or with steep drop-offs or water behind the home.

General home Feng Shui guidelines include:

- 1) Gently moving water in front, support/mountain in back of home;
- 2) Home has sufficient natural light;
- 3) Home is above the road;
- 4) Road toward home is gently active; and
- 5) Even shaped land for secure home.

If your home is challenged with any of these you can address them with the following universal Feng Shui antidotes:

- 1) Lacking moving water in front, place an upward flow fountain near the front door; and if the backyard is not higher than front door or at least level, create a boundary in back with potted plants, a retaining wall, or hanging lights to stop the Qi from rolling away from house;
- 2) Adjust a dark house with abundant lighting solutions including recessed ceiling lights and adding high wattage but energy-friendly lamps;
- 3) Home below the road needs a fountain in front, add metal wind chimes from eaves of the house to lift Qi, or place a weathervane on the roof, or add flags to lift Qi (traditional and Tibetan prayer flags);

... continued on Page D4