

Digging Deep with Goddess Gardener Cynthia Brian

Sheltering with Mother Nature



Paint a pumpkin with glitter and sparkles.

Despite what our current leader says, the coronavirus will not be going away anytime soon. We must continue to only listen to the scientists and heed the warnings of the medical establishment who have the training to understand these dire circumstances. The pandemic does not favor a political party. It recognizes no boundaries. We must be vigilant, diligent, savvy, and continue to wear masks, employ social distancing, and shelter-in-place as much as possible. When the air is clear, spend time outside. Hike, bike, walk, stroll, run, swim and garden.

The leaves are starting to change into their glorious fall wardrobe.



Clear brush and dead limbs to protect against fire danger, but leave habitat for owls.

Autumn is a prime time for planting, but don't risk your health on red-alert or spare-the-air days. There is plenty of time to plant bulbs, trees, and reseed or install lawns as temperatures will be warm into November.

We live in a beautiful area and are indeed too blessed to be stressed. Vote for decency and respect as you shelter with Mother Nature. I wish you peace, tranquility, and good health as we weather these disasters together.

Savor a sunset. Happy growing.