

ARRIVING SOON



VANGUARD PROPERTIES

IN LAMORINDA

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Feng Shui

Lighting 101 and the Fire Element



Photos provided

By Michele Duffy

Winter's chilly temps typically drive us indoors as the days grow shorter and the nights longer and colder. Any winter, but especially this year, our collective craving of more light, warmth, illumination, and the promise of a better time ahead are particularly pronounced. Light lights the way and comforts us in ways anew in 2020, but one thing is always present in light and that is an uplifting of any dreariness associated with the winter season and warmth to keep us cozy.

We all have experienced the "atmosphere" candles create around our dining tables or in our homes and this quality of light is also unique. Incorporating the warmth of the Fire Element in winter addresses our human capacity for comfort and will go a long way to balance out the home environment for maximum enjoyment – especially with so many of us spending more time at home in 2020. Without the Fire Element in our

homes, and the expansive energy this element delivers, they can become dull and cold. Remember, that Feng Shui doesn't dictate right or wrong; instead, it invites us to trust our own intuition about what is working or not working in our space and then asks us to have the courage to make changes as they arise. Fire Element of Bagua summary:

- Fire rules the Fame/Reputation Bagua area;
- Fame and Reputation relates to how powerful we are, what we want illuminated or what we want to be known for;
- Fame and Reputation rules our hearts and blood pressure;
- The Fire Element is represented by the very active color red;
- The Fire Element represents passion, anger, spontaneity and movement;
- The Fire Element is represented by the triangle, and also spiky shapes;
- Since Wood creates Fire, layering cacti or "firestick" plants is excellent;

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