

HOME IS MORE IMPORTANT THAN EVER



Thankful now more than ever for our wonderful community. From my family to yours, wishing everyone safe and healthy holidays.

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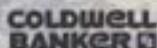
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Feng Shui

Lighting 101 and the Fire Element

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- Fire is generally yang or activating, but fireplaces, candlelight or house lights are examples of Yin or calmer Fire;
- Fire elements direction is south and energetically directed upward;
- Fire element represents the sunny summer season;
- Fire element-infused décor includes red throws, blankets and pillows.
- Candles create atmosphere of warmth, gathering together and sharing, an accessible common sense Fire Element fix for long wintry months.
- All light fixtures should function safely and be replaced when needed;
- Fire element electrical systems correspond to our heart health.

Why would we turn our attention in our homes to the Fame and Reputation Bagua area? If you want to be recognized for your skills or talents, if you are publishing a book, if you lack clarity or passion, if you want to be rewarded as an employee, if you want to improve how others

perceive you, or if you feel inactive or lackluster, then Fame is where we begin.

These characteristics of the Fame and Reputation area apply to both professional and personal arenas. Remember that when we address a specific Bagua area we audit the back center area of our home, master bedroom and garden or yard. Visualize what you want to manifest in great detail, incorporate a vision board or place images of your goals as a way to activate this Bagua area. Placing the color red or triangles or candles in these locations will activate the Fame area as well.

Since the Fire Element is so Yang or strongly activating, exercise caution when using it. A little goes a long way. Fire also has a complicated relationship with a few of the other elements. In these Bagua areas use the Fire Element very purposely, but not in the kitchen where we already have a strong Fire element in the stove.

However you introduce warming Fire Element this year, may it lift your spirits and warm your hearts this holiday season! Peace on Earth!

Michele Duffy, BTB M.F.S. is an Orinda resident who, since 1999, enjoys creating "Space as Medicine" Feng Shui one space at a time, as well as hiking in nature, cooking, and spending time with her family; Canyon Ranch Feng Shui Master, International Feng Shui Guild (IFSG) Red Ribbon Professional. To schedule a professional 2020 Feng Shui Consultation, contact Michele at (520) 647-4887 or send an email to spaceharmony@gmail.com. Visit mandalafengshui.com.

