

## Cynthia Brian's March Gardening Guide

- **RESTORE** your mental and physical healthy by planting a beautiful vista outside your windows.
  - **FILTER** your indoor air with houseplants. According to NASA, 87% of volatile organic compounds are removed by live plants naturally. Now that is nothing to sneeze over!
  - **RETHINK** the design of your landscape to coincide with your interior spaces.
  - **PULL** weeds as they sprout.
  - **PERUSE** garden catalogs to plan a 2021 victory garden of healthy vegetables and herbs.
  - **FERTILIZE** lawns.
  - **SCATTER** slug and snail bait.
  - **REACH** horticultural heights with a selection of flowering trees and shrubs.
  - **SUPPORT** the Moraga Garden Club's project, Moraga for Monarchs, by helping to install a Monarch Butterfly Habitat and Education Garden at Rancho Laguna Park. Visit [www.moragagardenclub.com](http://www.moragagardenclub.com).
  - **FORCE** branches of crabapple, quince, forsythia, and red bud by placing your tree prunings in a bucket of water in a dark place until the buds swell. Move the branches to a beautiful vase filled with warm water and enjoy the show. Change the water daily and add a few drops of bleach to ward off bacteria.
  - **TRIM** dead foliage from your ornamental grasses using sharp hedge clippers.
  - **PICK** up camellias blossoms that have fallen to the ground. Decaying blooms harbor petal blight.
  - **AERATE** your lawn. The soil is compacted from winter rains and foot traffic. Leave the plugs to add nutrients back into the grass.
  - **SPRINKLE** poppy seeds as spring advances.
- Happy Gardening. Happy Growing!



**Pink knotweed (persicaria capitata) is a perennial ground cover with non-stop pink pom pom blooms**



**Daffodils at sunset.** Photos Cynthia Brian



**A glorious David Austin rose, Lady Hamilton, that has bloomed all year.**



**A favorite morning view of a plethora of daffodils and flowers.**