

Digging Deep with Goddess Gardener, Cynthia Brian **Top of the Morning!**



The yellow flowers of the shamrock, also known as oxalis.

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Shamrocks grow in my garden in the colors of pink and yellow. There are over 500 species of Oxalis, known as sorrel or shamrock. Many people consider them a weed because they do multiply. Because I love the Irish lore, I love my spreading shamrocks. They grow from a small bulb and in March sprout mounds of beautiful green clover-shaped leaves with flowers that open

at the top of the morning and close at the end of the day. I started my collection by growing shamrocks indoors in a pot and eventually moved the plants outdoors. When the foliage turns yellow and begins to die, cut the leaves to let the plant sleep. Next season, the shamrocks will burst forth again. The tiny bulbs or tubers can easily be moved or transplanted elsewhere. Be aware that shamrocks can become invasive. If you have a small yard, it may be best to keep them in a container. Or designate one area of your

garden for the shamrocks and don't allow them to escape.

Wear green on March 17 and celebrate St. Patrick's Day with a pot of shamrocks on your table. They may not bring you a pot of gold, but shamrocks are a reminder that once we can travel again, visiting the land of leprechauns is at the end of the rainbow.

Happy St. Patrick's Day. Erin go Bragh!