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## Dons Youth Football Camp

Submitted by Jim Malmquist



The Dons Youth Football Academy was held at the Acalanes Football Field in July, for all kids in the Lamorinda community from fourth to eighth grade. This year's academy was exceptional, with over 90 kids registering for the four-day program. The goal of the camp is to teach the fundamentals of football from an offensive and defensive perspective, to develop skills, both football and life. Focus was on things like sportsmanship, teamwork, leadership and to help in the transition from flag football to tackle. This year's camp featured a 7 x 7 Flag Football Tournament, the camper favorite Trench Wars and Combine Stations, and the Agility Obstacle Course.

Photo provided

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