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## Lafayette girl competes in karate tournament in Romania

*Submitted by Thomas Westernoff*



Amaliya Nalitkina with coach Thomas Westernoff  
Photo provided

Lafayette Karate & Fitness USA team member, 13-year-old Amaliya Nalitkina, competed in the ninth World Karate Championships in Cluj-Napoca, Romania in September representing the AAU/USA National Karate Team along with National Karate Coach Sensei Thomas Westernoff, Chief Instructor at Karate & Fitness USA.

Amaliya participated in the Advanced Black Belt Divisions Kata and Kumite in International Competition taking the Silver Medal in Kata (forms) and, although she fought hard in the Kumite division even scoring the first two points, she fell short losing her match 4-6 against Poland.

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