

## Fresh Coat Restoration LLC

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## Digging Deep with Goddess Gardener, Cynthia Brian

### Grateful gobbler



Photos Cynthia Brian

**Hachiya and Fuyu persimmons are perfect holiday fruits.**

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In 2018, according to the U.S. Environmental Protection Agency, over 10.5 million tons of yard trimmings were deposited in landfills, producing copious amounts of greenhouse gas.

Layering leaves in your landscape is also critical for wildlife habitat that benefits the ecosystem of thousands of different species. From earthworms, caterpillars, and pill bugs to toads, lizards and salamanders, leaf litters are alive with promise. Squirrels, birds, and yes, turkeys depend on layers of leaves as a food source during the winter months.

If you have a garden service, deter them from blowing leaves into the street where drains can be clogged and water quality in waterways can be compromised. Encourage these providers to create a pile of this organic material which will naturally break down to be used as free compost in your garden.

Since the downpour of the recent bomb cyclone and atmospheric river, mushrooms of many sorts have sprouted. It's tempting to want to harvest fungi for a delectable holiday recipe but unless one is an expert mycologist, it is wise to purchase mushrooms from a trusted source as many of the 11,000 species that grow in North America are poisonous and deadly.

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