

# Lamorinda

# OUR HOMES

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Lamorinda Home Sales

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## *Digging Deep with Goddess Gardener, Cynthia Brian*

### Fall out



Still time to seed or reseed lawns.

Photos Cynthia Brian

By Cynthia Brian

*“Fall, leaves, fall; die, flowers, away;  
Lengthen night and shorten day!  
Every leaf speaks bliss to me  
Fluttering from the autumn tree.”~ Emily Brontë*

Without a doubt, autumn is a beautiful time of the year with cooler weather and spectacular, ever-changing foliage. What I can't get used to is the early setting sun and the dark skies at 5 p.m. as we enter December. My circadian rhythm is out of sync. My preference is to work in the garden as late as possible every day and in the summer that means until 9 or 9:30 p.m. In fall and winter, my style is cramped, leaving me with long to-do lists.

This past week the newspaper publishers and I received an email from the editor of a DIY garden authority from New Zealand who has enjoyed reading the Digging Deep columns. She sent a link to their

fall garden information that I am posting here because it includes everything you need to know about planting your fall garden and it is perfect for our location. How honored and thrilled we are to know that Digging Deep is being read in the Southern Hemisphere! Check out their guide to fall gardening.

<https://happydiyhome.com/fall-garden/>

Since the weather is warm and mild, it is still a great time to reseed your lawn, cover bald spots, or seed a new lawn. I reseeded mine a few weeks ago when the atmospheric river and bomb cyclone hit our area with force, and the grass is gloriously green and growing. I have always liked the award-winning seed, Pearl's Premium, available in California only online at [www.PearlsPremium.com](http://www.PearlsPremium.com). The roots grow deeper than most seeds and the lawn doesn't need as much water or mowing.

I wrote to Jackson, the founder of the company whom I met when I was lecturing at the National Garden Communicators Conference, and asked if there was a discount that I could offer my readers. He kindly responded that he offers a 10% discount at checkout with the code BLACKFRIDAY. He was apologetic that he couldn't offer more of a discount at this time, however, due to the wildfires and the drought, two years of his work were decimated resulting in his costs escalating to over 300%.

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Rake gravel paths and remove debris from garden spaces.