





Narcissus are blooming with wafting fragrance. Photos Cynthia Brian

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Make sure to provide forage for them as you enjoy their symphonic tunes. (See my article, "A Berry, Merry Christmas...Mostly for the Birds" www.lamorindaweekly.com/archive/issue1522/Digging-Deep-with-Goddess-Gardener-Cynthia-Brian-A-berry-merry-Christmas-mostly-for-the-birds.html)

You don't need a large landscape to have a garden. You can buy planter boxes or containers that will fit on your porch, balcony, patio, or even a windowsill. Start planning a mixture of flowers, ornamentals, and edibles. Many flowers are both beautiful and edible including violets, nasturtium, pansies, tulip petals, daylilies, bee balm, calendula, roses, hostas, and herb flowers. By making 2022 the year to embrace organic methods, adding more plants to our dining menus, and composting the leftovers, we can each do our part to reduce our carbon footprint.

As you write your goals and resolutions for 2022, I encourage you to keep a green journal and add gardening to the top of your list. You will be rewarded with a more peaceful mind, a soulful spirit, a kinder heart, and a body that is nourished. Cultivate a theme of green and together we will dig deeper to sustain and nurture our environment for ourselves and future generations.

In winter, enjoy!

Happy Gardening. Happy Growing. Happy Green New Year!