Lamorinda

OUR HOMES

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Simple steps to an orgnaized home

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Digging Deep with Goddess Gardener, Cynthia Brian

Some like it hot!



Photos Cynthia Brian

Bougainvillea thrives in hot weather.

By Cynthia Brian

"What dreadful hot weather we have. It keeps one in a continual state of inelegance." ~ Jane Austen

In July 1808 when Jane Austen was 33, the Central England Temperature series which dates back to 1659, recorded the second hottest month on record with temperatures around the country reaching between 97-105 degrees. Following this oppressive heat wave, a thunderstorm so violent that hail stones were up to a foot long, destroyed structures, and killed

people and livestock.

I normally adore hot weather. In the past, I was one of those people that liked it hot. Then Labor Day weekend 2022 happened! Wow! Throughout the many years that I've lived in Lamorinda, I don't recall a time when temperatures reached 109. Friends in Southern California reported temperatures of 119 degrees. This excessive heat strained the power grids as people attempted to keep cool.

Throughout the United States and the world, horrific environmental tragedies are occurring including floods, fires, droughts, famines, heat waves, disappearing glaciers, and so much more with global warming and climate change accelerating. Scientists at UCLA and elsewhere are predicting a mega-storm in California in the next few decades that will be unlike anything anyone has ever experienced. They are calling it "the other BIG ONE" as it will be as destructive, deadly, and costly as any earthquake dumping over 100 inches of precipitation in non-stop atmospheric rivers throughout the state.

Yet today, suffering from extended heat and water scarcity, viewing our parched gardens, it's hard to imagine a winter super storm. As a lover of nature and Goddess Gardener, I am acutely aware of the crisis we face. It is prudent to prepare.

I am watering twice a week, less than the district water mandate of thrice per week. As I do my best to never waste a drop of H2O, buckets are maintained in showers and sinks, sprinklers have been checked, leaking valves repaired, my garden has been mulched, trigger nozzles are attached to every hose, and the driveway and patio are swept. Despite these earnest efforts, the month has been challenging to keep landscaping alive.

You are not alone if your lawn is brown

and crunchy. Mine is as well. I suggest applying enough water to keep the roots alive. When the rains come this winter (and let's pray we get them without the torrential atmospheric rivers that we experienced last season), and with a bit of fertilizer later in the fall, your lawn will bounce back. It is ugly now, so patience is required. If you are tired of battling growing a beautiful green lawn in a drought, make sure to contact the water district as there are rebates for replacing turf with sustainable, drought-resistant landscaping.

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The deep throat of the naked lady will wither in the heat.