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Cedric Terry Brady (Ric)



Sept. 8, 1942- Oct. 20, 2022

It is with sadness that we announce the passing of Cedric Terry Brady (Ric), a 46-year resident of Orinda. Eight weeks ago, he was diagnosed with Glioblastoma, an aggressive brain cancer. We feel blessed that before he passed he was able to celebrate his 80th birthday and reconnect with many friends and relatives.

Ric was born in Palo Alto, Calif., to Mamie DuBose Brady and Clemer Cedric Brady. He attended Palo Alto High School, Yale University, and UC Berkeley School of Public Health. He served five years in the USAF as a KC135 Navigator.

After the Air Force, Ric spent many years as a medical group practice administrator, first in Seattle, Wash., and then in Oakland, Calif. He eventually formed his own niche business in the East Bay, Brady and Associates, which specialized in brokering oral surgery practices. After his retirement, Ric found more time to enjoy skiing, walking at the local high school track, taking Cal extension courses, reading extensively, and spending time with his children and grandchildren. An avid sports fan, Ric also devoted hours to following Olympics events, the Tour de France, assorted track and field meets, local professional sports teams, and the Cal Bears.

At the end of his life Ric spoke often and with pride about his experience on the Palo Alto HS relay team that broke a national record in the four-mile relay. Ric ran his four laps in 4:30.4. The new record for the relay was 17:51.8. The friendships Ric developed through track lasted a lifetime.

Ric is survived by his wife of 56 years, Susan; his son Steven Brady (Katie); his daughter Janice Metzger (Keith); and his four grandchildren, Ashley and Casey Metzger; Declan and Ellison Brady. He is also survived by his sister, Jean Brady (Norm Young).

A celebration of Ric's life will take place at the Piedmont Community Church, 400 Highland Avenue, Piedmont, Calif., at 1 p.m. Nov. 11, with a reception following. Many thanks to the staff at Dysico Care Home and Hospice East Bay for helping Ric in the last several weeks.

Should you wish to donate in Ric's memory, the family suggests Hospice East Bay 3470 Buskirk Avenue Pleasant Hill CA 94523 or Brain Chemistry Labs PO Box 3464, Jackson, WY 83001 (brainchemistrylabs.org)

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