## Jamorinda OUR HOMES

Lamorinda Weekly

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Lamorinda Home Sales

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## Digging Deep with Goddess Gardener, Cynthia Brian

## Planting peace



Photos Cynthia Brian A glut of gaga gourds and petite pumpkins.

## By Cynthia Brian

"Landscapes move us in a manner more analogous to the action of music than to anything else. Gradually and silently the charm carries over us: the beauty has entered our souls we know not exactly when and how." ~ Frederick Law Olmstead

It was in the 1860s that America's pioneer landscape architect brought calming, pastoral public areas to urban dwellers with



Pretty Pistache trees light up fall at local parks.

his design of New York's Central Park. Throughout his life, Frederick Law Olmstead, designed 100 public parks and recreation grounds and his successor firm has seen the development of over 1,090 parkway systems over the last 100 years. With all his parks, he planted peace and tranquility for posterity.

With the approach of Thanksgiving, it is finally feeling like autumn with cooler and crisper air, turning leaves, and stressless strolls through bucolic parks. Our climate is changing and as gardeners we struggle to



Harvest red or pomegranates that are splitting to enjoy for the holidays.

keep pace.

November is the best time to begin planting spring-blooming bulbs. I picked my first bouquet of narcissi of the season on Nov. 1 before I had even begun planting any other bulbs. Once the ground chills to about 55 degrees, start the process of planting naturalizing narcissi as well as other bulbs in well-drained sandy loam where they'll receive at least six hours of sunlight daily.

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