

## Cynthia Brian's December Garden Guide

**DECK** the halls with boughs of holly, pyracantha, cotoneaster, magnolia cones, rose hips, or any other merry berry!

**FEED** the soil, not the plants. Continue adding organic materials including hay, leaves, and compost to enrich your soil over winter.

**SAVE** birds by going organic. Provide seeds, berries, and safe nesting areas. Add a few native plants to your landscape that native birds already enjoy or stop pruning roses to allow the rosehips to form and feed our flying friends.

**TRIM** low-hanging branches of redwoods, pines, firs, and other evergreens to use in wreaths, garlands, and holiday ornamentation.

**CREATE** a stunning DIY holiday table arrangement using a combination of evergreen branches, narcissi, pinecones, or other greenery from your garden.

**PICK** carrots to leave for Rudolph and bake a different kind of fruitcake with organic fruits from your garden. Apples and persimmons are fresh now, and you may have frozen or canned peaches, apricots, cherries, figs, or pears.

**REST** in winter. The holidays are a time to celebrate with family and friends. No more hoe, hoe, hoe. Take a break from garden chores. You deserve it.

**IGNITE** the night with your glimmering lights.

Happy Gardening. Happy Growing. Happy Hannukah. Merry Christmas!



**Christmas for Cynthia Brian with her daughter, daughter-in-law, and mom.**

Raised in the vineyards of Napa County, Cynthia Brian is a New York Times best-selling author, actor, radio personality, speaker, media and writing coach as well as the Founder and Executive Director of Be the Star You Are!® 501 c3. Tune into Cynthia's StarStyle® Radio Broadcast at [www.StarStyleRadio.com](http://www.StarStyleRadio.com). Her newest children's picture book, No Barnyard Bullies, from the series, Stella Bella's Barnyard Adventures is available now at [www.cynthiabrian.com/online-store](http://www.cynthiabrian.com/online-store) For an invitation to hang out with Cynthia for fun virtual events, activities, conversations, and exclusive experiences, buy StarStyle® NFTs at <https://StarStyleCommunity.com> Hire Cynthia for writing projects, garden consults, and inspirational lectures. [Cynthia@GoddessGardener.com](mailto:Cynthia@GoddessGardener.com) <https://www.GoddessGardener.com>

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