

Digging Deep with Goddess Gardener, Cynthia Brian

Full house



Pothos is one of the easiest indoor vining plants to grow in any indoor condition.



A parlor palm brings a tropical flair to the library.



This fifteen-foot-tall fiddle leaf fig is over 30 years old and still thriving.

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Research has focused on patients in hospitals, not in homes, but my personal experience demonstrates that transporting nature to the sickbed speeds the healing process.

Before you bring plants into your home, make sure to choose varieties that are safe for children and pets. For a list of toxic plants, connect with the resources of the ASPCA and the National Poison Control Center. Some plants could be toxic if ingested, and others may cause skin reactions.

ASPCA website:

<https://www.aspc.org/pet-care/animal-poison-control/toxic-and-non-toxic-plants/a>

National Poison Control website:

<https://www.poison.org/articles/plant>

This phalaenopsis, the moth orchid reblooms throughout the year in normal house temperatures.



Photos Cynthia Brian