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Sweet Thursday Author Series features book about dementia

Submitted by Laurie Miles

Sandeep Jauhar author of "My Father's Brain" will be the featured author on Oct. 19 at 5 p.m. on a Zoom webinar as part of the Sweet Thursday Author Series. Listen to the discussion of his relationship with his father as he succumbs to dementia.

Jauhar sets his father's descent into Alzheimer's alongside his own journey toward understanding his father's disease. He blends humor, compassion, and family drama with expert science writing into an introduction to what has been called the Age of Alzheimer's. A deeply affecting story of the descent into dementia and a revelatory inquiry into why the human brain degenerates with age and what we can do about it. The result is a work of essential insight into dementia, and into how scientists, caregivers, and all of us in an aging society are reckoning with the fallout.

Almost 6 million Americans - about one in every 10 people over the age of 65 - have Alzheimer's disease or a related dementia, and this number is projected to more than double by 2050. What is it like to live with and amid this increasingly prevalent condition, an affliction that some fear more than death? In "My Father's Brain," the distinguished physician and author sets his father's struggle with Alzheimer's beside coping with it, if not curing it.

"My Father's Brain" is Jauhar's most recent book. His first book, "Intern: A Doctor's Initiation," was an international bestseller and was optioned by NBC for a dramatic series. His second book, "Doctored: The Disillusionment of an America Physician," was a NYT bestseller and was named a NY Post Best Book of 2014. A practicing physician, Jauhar writes regularly for the opinion section of The New York Times.

This program is free, but registration is required at tinyurl.com/sweet19oct23. The Sweet Thursday author talks are presented by The Friends of the Lafayette Library.

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