

Digging Deep with Goddess Gardener, Cynthia Brian

Rock solid

... continued from Page OH1

Pathways: For improved accessibility that adds a much-wanted decorative element to the environment, add pathways with stepping stones along creek banks and hillsides.

Habitat: Strategically placed rocks in creeks create habitats and shelters for pollywogs, frogs, turtles, fish, salamanders, and other aquatic species. On hillsides, rocks provide hiding places for terrestrial wildlife.

Before embarking on any erosion plan for your creek or hillside, consult with experts and local authorities to ensure the correct methods for your project. You want the result to be environmentally friendly and ecologically effective. Local regulations and permits may be required, especially when working with bodies of water or hillside landslide areas. Once you've completed the rock work, make sure to add plenty of plants to complete the design and make the area aesthetically pleasing.



Cynthia Brian with her newest children's book, *Family Forever*. Proceeds benefit *Be the Star You Are!*® charity.

For more gardening advice for all seasons, check out Growing with the Goddess Gardener at <https://www.CynthiaBrian.com/books>. Raised in the vineyards of Napa County, Cynthia Brian is a New York Times best-selling author, actor, radio personality, speaker, media and writing coach as well as the Founder and Executive Director of *Be the Star You Are!*® 501 c3. Tune into Cynthia's *StarStyle*® Radio Broadcast at www.StarStyleRadio.com. Her newest children's picture book, *Family Forever*, from the series, *Stella Bella's Barnyard Adventures* is available now at <https://www.CynthiaBrian.com/online-store>. Hire Cynthia for writing projects, garden consults, and inspirational lectures. Cynthia@GoddessGardener.com <https://www.CynthiaBrian.com>

PUMPKIN-APPROVED STORAGE

50% OFF

FOR 2 MONTHS ON SELECT UNITS. WHILE SUPPLIES LAST
FOR THE MONTH OF OCTOBER. OFFER ENDS 10/31/23

Hours of operation
Mon-Sat 9am -6pm
Sunday 10am-4pm

455 Moraga Rd. Ste. F
(925) 643-2026
www.5Aspace.com

RHEEM SHOPPING CENTER

McDonnell Nursery

October Sale!

family owned since 1933

25% off Perennials, Trees and Shrubs
Also find special pricing on
select garden decor.



www.mcdonnellnursery.com

196 Moraga Way • (925) 254-3713 • Open Wednesday - Sunday