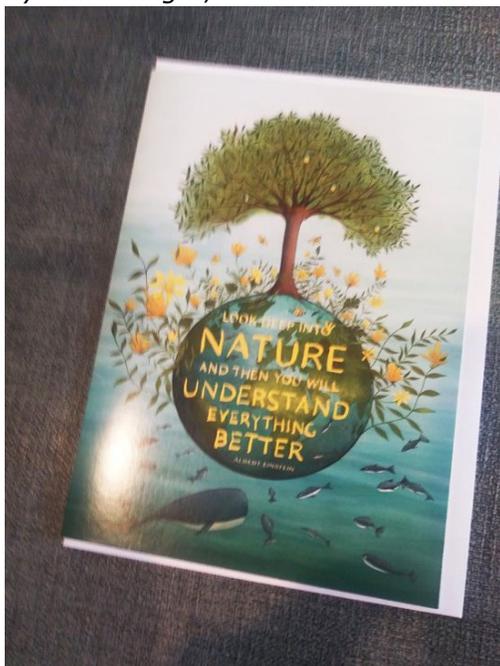


Published March 13th, 2024

## An ODE to Spring

By Toris Jaeger, Naturalist



The first day of Spring takes place on March 19 this year.

It will be great to celebrate the Spring EQUINOX.

We are also celebrating the first day of Summer Solstice on June 20.

In late March, April, May and early June we will witness the NATURE come alive with wildflowers in bloom, Deciduous trees putting on their leaves, the evergreen trees growing more leaves and needles.

Such a wonder to witness!

"Look deep into Nature and then understand everything better " Albert Einstein

We each have our own interpretation of Einstein's quote.

My understanding is to really experience Nature in the mind, heart and soul, one must be in the Nature and be one with Nature.

Visit your favorite site that speaks to you

Take a walk in the Redwoods, the healing trees.

Visit a creek and witness the life giving force that runs through Nature.

The ground is alive with mushrooms, the keepers of the soil and the trees root systems.

Take a trip to the ocean, the time of much reflection.

Our phones and computers with all their apps can provide a view of the Nature but in my humble opinion it is not the same.

I hope you can find the time and the interest in

getting out into the real Nature; you will be immensely rewarded. Toris Jaeger, Naturalist

Reach the reporter at: [info@lamorindaweekly.com](mailto:info@lamorindaweekly.com)

[back](#)

Copyright © Lamorinda Weekly, Moraga CA