

## Digging Deep with Goddess Gardener, Cynthia Brian

### Endless Summer



A bee savors the lavender blossoms.



Many salvias are California natives.

Photos Cynthia Brian

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Fill these Go-Bags with all the necessities you, your family, and your pets will need for three days, including water, protein bars, a first-aid kit, medications, masks, gloves, extra chargers, blankets, change of clothes, jacket, socks, headlamp, and a flash drive with your important documents, photos, or other digital items that you don't have in the cloud.

When working in your yard, on red-flag days, scorching hot or windy days, refrain from using any equipment that could cause a spark: lawnmower, weed whacker, or chainsaw. Do not ignite a fire pit, cook over an open flame, vape, or smoke outdoors. Be fire-safe.

In September articles, I discussed how to prepare your soil for fall plantings (Prescription to Plant: <https://lamorindaweekly.com/archive/issue1815/Digging-Deep-with-Goddess-Gardener-Cynthia-Brian-Prescription-to-Plant.html>) and also suggested plants that are deer resistant, (Dear Deer! <https://www.lamorindaweekly.com/archive/issue1816/Digging-Deep-with-Goddess-Gardener-Cynthia-Brian-Deer.html>). But how do we move forward in an endless summer of heat and heavy winds?

The answer is to keep your landscape appropriately watered so that established plants and trees don't perish. WAIT to plant anything until the weather cools. The soil will still be warm, but the air temperatures will be lower. In this scenario, with minimal watering, the roots can establish themselves and be less stressed.

If you are considering reseeding your lawn or adding sod, start preparing the soil. Turn the soil six inches, mix in compost, then WAIT for chillier weather. Double-check your irrigation system to make sure that your sprinklers will reach every part of your grass. If you are ordering sod, start now researching the type of grass you want to install and get a quote from a reputable landscaper or grower. In the past few weeks, I had to replace my irrigation controllers. I hired my handyman from Honey-Homes to help me. I also repositioned several sprinkler lines. Thankfully, everything is working perfectly now after several years of pulling hoses. If you need help, this company has qualified service people in Lamorinda and you can get a major discount with my code <https://honeyh.me/eXEn>. As soon as the weather cools, I'll be reseeding and overseeding, knowing that when I turn on a sprinkle, it will work.

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